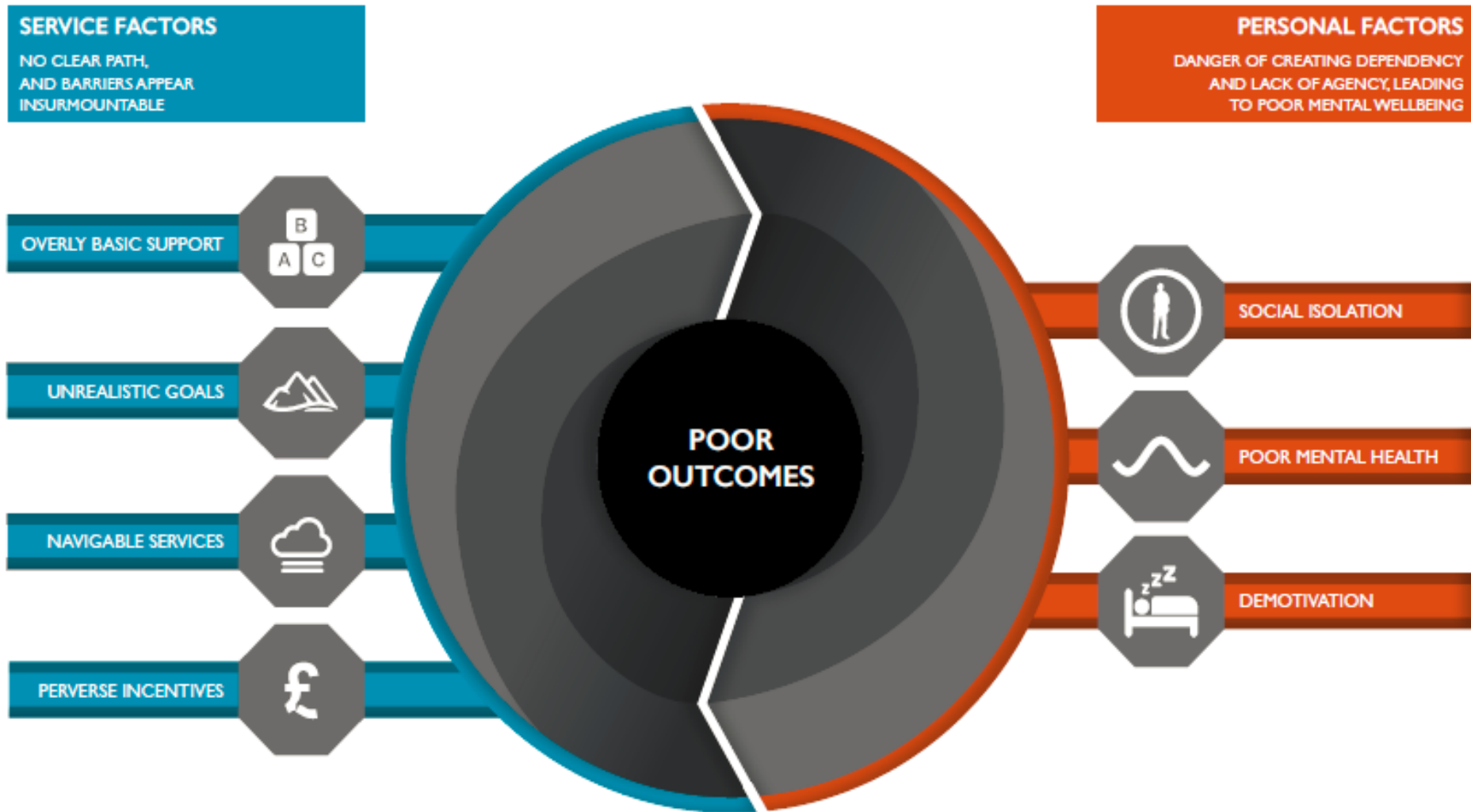


# BARRIERS TO PROGRESSION



# WHEEL OF HOPE

## OPPORTUNITIES FOR PROGRESSION

**SERVICE FACTORS**  
Progress is seen as positive and achievable, and service provision is relevant and clear

PROVISION AIMED AT DIFFERENT ABILITIES

STEADY PROGRESSION

NAVIGABLE SERVICES

INCENTIVISING HEALTH & HEALTHY BEHAVIOURS

**PERSONAL FACTORS**  
Individuals have the opportunity and motivation to try new things and take responsibility for their own health and worklessness outcomes.

CONNECTION WITH OTHERS

POSITIVE OUTLOOK AND WELLBEING

SENSE OF RESPONSIBILITY AND MOTIVATION



## 9 IDEAS TO INVESTIGATE FURTHER

-  SUPPORTING NON-MENTAL HEALTH EXPERTS TO DELIVER MENTAL HEALTH SUPPORT
-  FINDING WAYS TO PROMOTE SOCIAL MIXING AND ENABLE THE DEVELOPMENT OF SOCIAL CAPITAL
-  PROFESSIONAL NOURISHMENT – HELPING THE FRONTLINE TO STAY HOPEFUL
-  ENSURING SUPPORT IS TAILORED & FUTURE FOCUSED, AMBITIOUS & INTEGRATED (MULTI-SERVICE USER JOURNEYS/TRAJECTORIES?)
-  LOBBYING CENTRAL GOVERNMENT AND POLITICIANS, WHERE CENTRAL GOVERNMENT IS IN THE WAY
-  PROFESSIONAL FRIENDSHIP MAKERS & PASSION FUELLERS (FOR EXAMPLE COMMUNITY ORGANISERS)
-  ENSURING HEALTH AND FITNESS IS BUILT INTO OTHER SERVICE PROVISION
-  MAKING USE OF 'CHILDREN' AS EFFECTIVE AGENTS OF CHANGE
-  CREATING A MECHANISM WITHIN THE COMMISSIONING PROCESS TO HELP ACKNOWLEDGE THE SCALE & EXTENT OF PROBLEMS (AS OPPOSED TO PROFESSIONAL DEFENSIVENESS)