Wirral Intelligence Service Bulletin….. More to consider…. August 2018

More information

Transforming mental health services for children who have been abused: July 2018

The NSPCC has published findings from an analysis of Local Transformation Plans (LTPs) to assess the extent to which the NHS Clinical Commissioning Groups (CCGs) in England recognise the vulnerability of groups of children and young people (including those who have been abused) to mental health problems. Findings from analysis of LTPs for 2017/18 show that: 75% of the 195 CCGs had some recognition of the increased vulnerability of groups of children and young people to mental health problems, an increase from 62% in 2016-17; and that 12% had used available data to assess local need and inform service provision.

Workless households for regions across the UK: 2017

Annual information at a local level about households and the adults and children living in them, by their economic activity status. Differences within UK nations and regions are highlighted.

Review of Tools for Measuring Exposure to Adversity in Children and Adolescents

This Journal of Pediatric Health Care article suggests that exposure to childhood adversity can result in negative behavioral and physical health outcomes due to potential long-term embedding into regulatory biological processes. Screening for exposure to adversity is a critical first step in identifying children at risk for developing a toxic stress response. Read more

The 'lived experience' of palliative care patients in one acute hospital setting – a qualitative study

There is limited understanding of the 'lived experience' of palliative care patient within the acute care setting. Failing to engage with and understand the views of patients and those close to them, has fundamental consequences for future health delivery. This study suggests that understanding 'patient experience' can enable care providers to ensure services are responsive and adaptive to individual patient need.

Stretching traditional partnerships (STPs) – the Cheshire and Merseyside approach

Cheshire and Merseyside Health and Care Partnership, along with NHS Confederation and two regional local enterprise partnerships (LEPs) recently hosted an event to explore the economic and social value of the local NHS pound.

Michael Wood, the NHS local growth adviser at NHS Confederation discussed how connecting the dots between local health and care partnerships and local industrial strategies can help both make people better and better off.

Government Response to the Consultation on Transforming Children and Young People's Mental Health Provision: a Green Paper and Next Steps

The Department of Health & Social Care and the Department for Education held a public consultation on 'Transforming children and young people's mental health provision: a green paper'. The consultation period lasted 13 weeks from December 2017 to March 2018 and received over 2,700 responses. The government's response to the consultation is published here

Latest edition of Health matters

This edition of Health matters focuses on local authorities, NHS commissioners and healthcare providers making better evidence-based commissioning decisions, and getting the most from their budget using easy to use health economic tools, resources and core principles.

Making Every Contact Count (MECC): practical resources

[These documents](#) support the local implementation and evaluation of MECC activity and the development of training resources.

Public health approaches to reducing violence

Addressing violence is not a single agency issue as it is the culmination of many different issues. It is only by pursuing a strategic, coordinated approach involving a range of agencies, including partnerships between statutory and voluntary organisations, that violent crime can be effectively addressed. [Read more](#)

Alcohol and drug misuse prevention and treatment guidance

[Information and other resources](#) to support commissioners, service providers and others providing alcohol and drug interventions.

Special educational needs in England: January 2018

[Information from the school census](#) on pupils with special educational needs (SEN), and SEN provision in schools.

Prison health: health and justice annual report

Public Health England (PHE) [annual report](#) on health trends in prisons and other prescribed places of detention (PPDs).

Beyond barriers: how older people move between health and care in England

[This report by the CQC](#) looks at how services are working together to support and care for people aged 65 and over.

For Better or for Worse? A Systematic Review of the Evidence on Social Media Use and Depression Among Lesbian, Gay, and Bisexual Minorities

[This review](#) supports the need for research on the role of social media use on depression outcomes among LGB persons. Using social media may be both a protective and a risk factor for depression among LGB persons. Support gained via social media may buffer the impact of geographic isolation and loneliness. Negative experiences such as cyberbullying and other patterns of use may be associated with depression.

Nine in ten heart patients live with other long-term conditions, increasing their risk of dying

Nine in ten people with coronary heart disease in the UK are living with at least one other long-term condition, such as stroke, dementia and high blood pressure, [according to new figures released by British Heart Foundation](#).

Mental Health Policy Commission: Investing in a Resilient Generation

Looking beyond treatment to promoting mental health and well-being, [the Commission has examined evidence](#) from people with experience of mental distress, families, practitioners, communities, academics, and policy makers to form ground-breaking recommendations that will support a truly different approach and provide a strategic framework for mental health for the 21st Century.

In Good Health A Report following the All Party Pharmacy Group's 2018 Inquiry into Long Term Conditions

[This All Party Pharmacy Group report](#) highlights the opportunities for community pharmacies to deliver and improve care for patients with long-term conditions. It outlines four key actions that would enable long-term conditions to be managed in a community setting and argues that these should be implemented by 2020.

Loneliness: how do you know your council is actively tackling loneliness?

The Jo Cox Commission report makes recommendations for local action, and indicates that local leaders in councils, the wider public sector and business have a critical role in tackling loneliness.

Supporting start-ups and local business

Start-ups are crucial to the growth of the UK economy, with nearly 600,000 companies established last year – they need support to sustain local businesses beyond the start-up phase. Read more

Prevention of Falls - Interventions in the Home Visits to the Elderly: Scoping Review

The prevalence of falls in the elderly population is high, causing mortality, morbidity, and loss of functionality, contributing to an increase in the elderly's dependence, loss of quality of life and decrease in the average life expectancy. This study aimed to identify the interventions performed during the home visit that may have an impact on the reduction of risk, on the prevention of falls, on their recurrence and / or on secondary injuries.

Music-based therapeutic interventions for people with dementia Cochrane Reviews

This review finds providing people with dementia who are in institutional care with at least five sessions of a music-based therapeutic intervention probably reduces depressive symptoms and improves overall behavioural problems at the end of treatment. It may also improve emotional well-being and quality of life and reduce anxiety, but may have little or no effect on agitation or aggression or on cognition.

Moving Forward: Physiotherapy for Musculoskeletal Health and Wellbeing

An overview of research focusing on physiotherapy and the role of physical activity in treating musculoskeletal problems and maintaining musculoskeletal health and wellbeing.

The public health burden of alcohol: evidence review

This review looks at the impact of alcohol on the public health and the effectiveness of alcohol control policies.

Trends in children's body mass index between 2006 to 2007 and 2016 to 2017: presentation

The presentation shows that the proportion of children in Year 6 (aged 10-11 years) with severe obesity has reached the highest point since records began and that stark health inequalities continue to widen. It also shows an upward trend of excess weight, obesity and severe obesity in Year 6 children, a downward trend of excess weight, overweight, obesity and severe obesity in Reception age boys and a downward trend of underweight in Reception age boys and girls, and Year 6 girls.

Children's Social Care: what LAs think

In May 2018 the DfE published its Children's Services Wave 3 research report. (PDF document) The report sets out findings from the third wave of the DfE Children's Services Omnibus Survey.

Air pollution increases risk of heart disease

Research carried out by scientists at Queen Mary University has found that even low levels of air pollution can contribute to increased risk of heart disease. The study found "significant changes in the heart even at relatively low levels of air pollution exposure," and Dr. Nay Aung, who led the analysis, urged doctors and the public to "be aware of exposure when they think about their heart health, just like they think about their blood pressure, their cholesterol and their weight."

The Troubled Families programme (England)

This House of Commons Library briefing looks at the design, policy debate, outcomes and results of the Troubled Families programme in England, a targeted family intervention programme run by local authorities.

Liverpool City Region Combined Authority to commit £6m to virtual reality complex and business park redevelopment

The Digital Innovation Factory at the University of Liverpool and Project Olympus at Atlantic Park Business Park could bring roughly 600 jobs to the area. Read more

New report takes significant step forward in measuring the impact of gambling-related harms

A ground-breaking approach to understanding the full range of harms gambling can have on society has been published – see our local 2018 Public Health on Gambling

Kaia app for low back pain

The Kaia app, developed by Kaia Health in conjunction with physiotherapists, pain management physicians, orthopedic surgeons and clinical psychologists, allows users to self-manage their non-specific back pain which is all cases of back pain that do not require specific treatment - up to 90% of all cases of back pain. A recent study suggested that it significantly reduced the pain intensity of LBP by 40%.

Making the case for integrating physical and mental health services in England

This analysis suggests that investing in evidence based interventions could reduce spend on acute care by up to £65m on activity in Emergency Departments and by up to £1.45bn for emergency inpatient admissions. Reports for individual STP areas are available on request.

Is end-of-life care a priority for policymakers?

Qualitative documentary analysis of LA Health and Wellbeing Strategies found that while half mention End-of-life care, few prioritise it and none cite evidence for effective interventions.

Ethnic minority retailers boost deprived neighbourhoods

Migrant entrepreneurs provide vital economic and social assets in deprived urban areas, says a study of four multi-ethnic high streets in deprived and culturally diverse parts of Birmingham, Bristol, Leicester and Manchester.

Migrant Health

This website (currently prototype) is an online tool for people working in primary care who want to learn about and discuss how to provide high quality care for migrant patients, particularly those who might be in more vulnerable circumstances. Launched in July 2018 the site was developed jointly by Doctors of the World and the University of Sheffield.

Community pharmacies: promoting health and wellbeing: NICE guideline [NG102]

This guideline aims to encourage more people to use community pharmacies by integrating them within existing health and care pathways and ensuring they offer standard services and a consistent approach. It requires a collaborative approach from individual pharmacies and their representatives, local authorities and other commissioners. It includes recommendations on health and wellbeing hubs, and referrals and signposting.

If you have any local information, research or reports you think useful to share then get in touch…or if the bulletin has been passed onto you and you would like to subscribe please complete this form
Thanks,
John