



Merseyside Sport Partnership

APS 9 Local authority overview



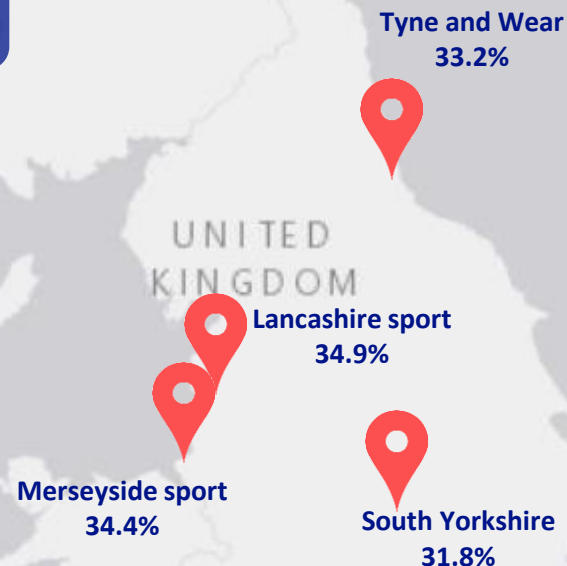
Working together to improve the quality of life for the people of Merseyside through sport and physical activity

Merseyside Sport Partnership

Nearest neighbour CSPs

1x30

	2005/06 (AP51)	Ranking 2005/06	2014/15 (AP59)	Ranking 2014/15
Lancashire	34.0%	1 st	34.9%	1 st
Merseyside	33.8%	2nd	34.4%	2nd
Tyne and Wear	33.5%	3 rd	33.2%	3 rd
South Yorkshire	30.9%	4 th	31.8%	4 th



Percentage of population (16+) that participate in sport at least once per week for a period of 30 minutes or more (4+ sessions of sport, for at least 30 minutes of at least moderate intensity, in the previous 28 days).

(Sport England (2016) Active people interactive)

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779

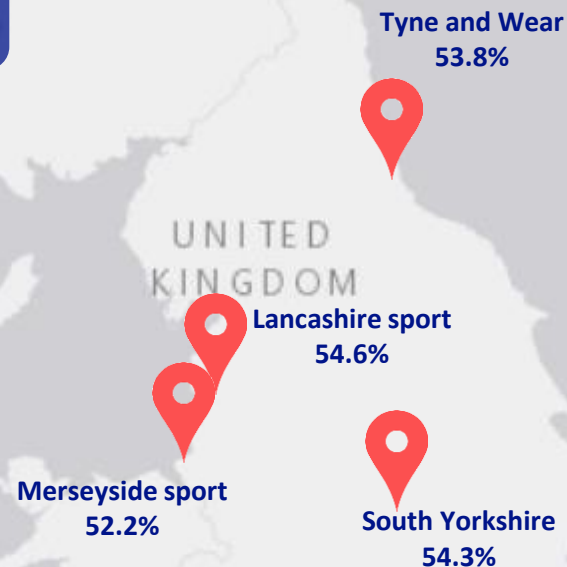


Merseyside Sport Partnership

Nearest neighbour CSPs

Active - 150 mins per week

	2012/13	Ranking 2012/13	2014/15	Ranking 2014/15
Lancashire	51.9%	2 nd	54.6%	1 st
Merseyside	51.4%	3rd	52.2%	4th
Tyne and Wear	51.1%	4 th	53.8%	3 rd
South Yorkshire	52.1%	1 st	54.3%	2 nd



Percentage of population (16+) that participate in physical activity for at least 150 minutes per week at a moderate or vigorous intensity

(Public Health England (2015) *Physical activity data sources*)

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779



Merseyside

Overview

The number of 16-19 year olds 1x30 has fell by 13% from APS 1 to APS 9. This is due to a 16% decrease in female 16-19 participation.

Children does not seem to be a barrier to participation. 1x30 participation is higher in those who have children compared to those that do not.

The number of those having received coaching or tuition is in decline

Females are 15% more likely to do 'No sport' compared to males in Merseyside

The unemployed, those without children, those in lower SEC groups (5-8), BME groups and older age ranges still much more likely to participate in no sport

(Sport England (2016) *Active people interactive*)

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779



Merseyside

Overview

Those in lower socio economic groups are more likely to be physically inactive (less than 30 minutes per week) and participate in No Sport:

Socio economic groups 1-4 have an inactivity rate of 28% with participation of No Sport at 50%

Socio economic groups 5-8 have an inactivity rate of 40% with participation of No Sport at 66%

Females in lower socio economic groups (SEC 5-8) have significantly lower levels of participation in sport and physical activity than the general population:

46% are inactive compared with 32% of the general population in Merseyside

Inactivity of females in SEC 5-8 was as high as 53% in Liverpool*

77% participate in No Sport compared with 56% of the general population in Merseyside

No Sport of females in SEC 5-8 was as high as 83% in Liverpool*

Participation in 1x30 is just 17% compared with 34% of the general population

(Sport England (2016) *Active people interactive*)

(*Liverpool data selected as this is the highest figure in Merseyside)

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779

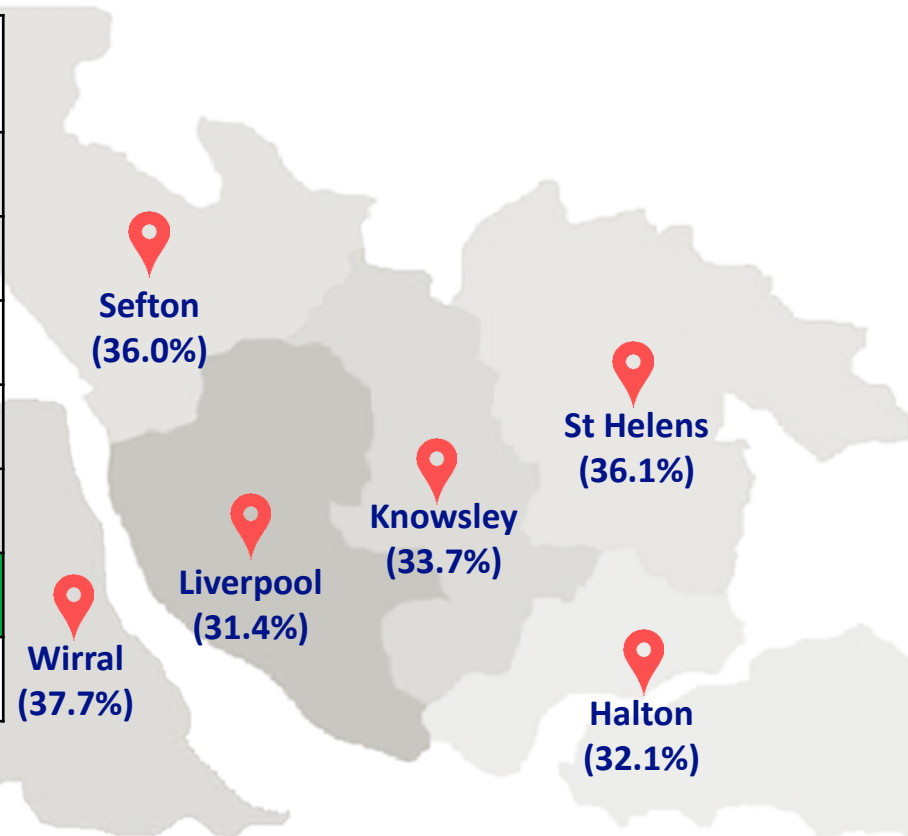


Wirral

Merseyside Sport Partnership

LAs in Merseyside (1x30)

	2005/06 (AP51)	Ranking 2005/06	2014/15 (AP59)	Ranking 2014/15
Halton	33.3%	2 nd	32.1%	5 th
Knowsley	33.1%	4 th	33.7%	4 th
Liverpool	33.0%	5 th	31.4%	6 th
Sefton	37.0%	1 st	36.0%	3 rd
St Helens	33.2%	3 rd	36.1%	2 nd
Wirral	32.8%	6th	37.7%	1st
Merseyside	33.8%		34.4%	



Sport England (2016) Active people interactive

Percentage of population (16+) that participate in sport at least once per week for a period of 30 minutes or more (4+ sessions of sport, for at least 30 minutes of at least moderate intensity, in the previous 28 days) .

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

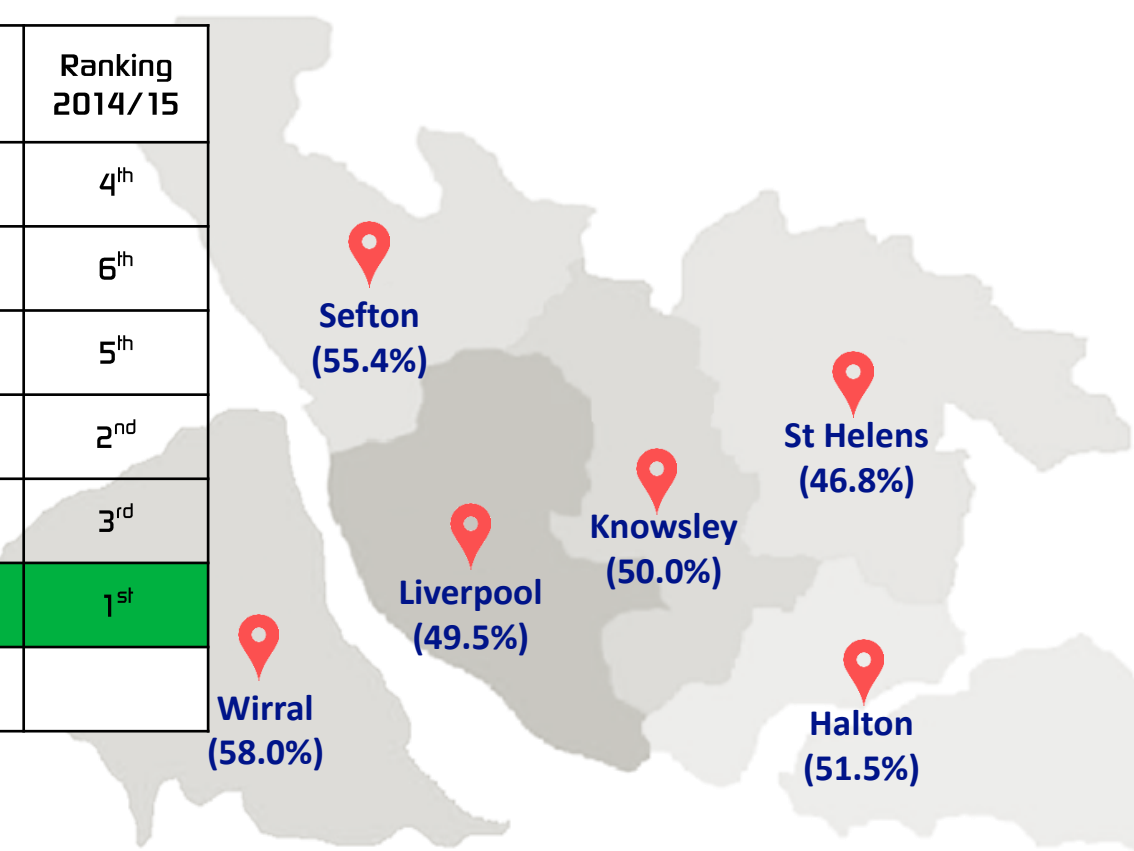
T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779



Merseyside Sport Partnership

LAs in Merseyside (150 minutes)

	2012/13	Ranking 2012/13	2014/15	Ranking 2014/15
Halton	49.5%	6 th	48.4%	4 th
Knowsley	50.5%	4 th	45.7%	6 th
Liverpool	49.7%	5 th	47.6%	5 th
Sefton	51.4%	3 rd	56.9%	2 nd
St Helens	56.4%	1 st	52.8%	3 rd
Wirral	54.1%	2nd	59.4%	1st
Merseyside	51.4%		52.2%	



Public Health England (2015) *Physical activity data sources*

Percentage of population (16+) that participate in physical activity for at least 150 minutes per week at a moderate or vigorous intensity

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779

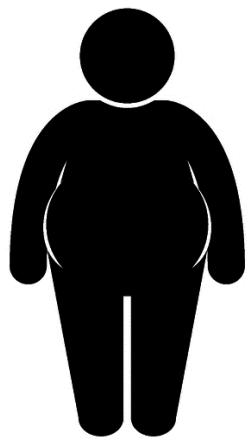


Children and young people

'91% of children aged 2-4 years do not meet the Chief Medical Officers' physical activity guidelines for their age group of three hours per day. 84% participate in less than 1 hour per day'

Health survey for England (2012)²

5,728¹ children aged 2-4 failing to meet physical activity guidelines in Wirral



22% or 1,686¹ (22% Nationally)

Reception children aged 4 to 5 in Wirral were recorded as overweight or obese in 2014-15³

34% or 2,345¹ (33% Nationally)

Year 6 children aged 10 to 11 in Wirral were recorded as overweight or obese in 2014-15³

42%

Of young adults aged 20-24 in the UK are overweight or obese. This equated to **4,405¹** 20-24 year olds in Wirral that were either overweight or obese in 2013⁴

Children and young people

Obesity of school children in Wirral

	Overweight				Obese				Overweight and Obese			
	Reception (4-5 year olds)		Year 6 (10-11 year olds)		Reception (4-5 year olds)		Year 6 (10-11 year olds)		Reception (4-5 year olds)		Year 6 (10-11 year olds)	
	Prevalence	Total	Prevalence	Total	Prevalence	Total	Prevalence	Total	Prevalence	Total	Prevalence	Total
Halton	13.7%	453	16.0%	442	11.0%	364	20.7%	572	24.7%	816	36.6%	1,011
Knowsley	14.0%	509	15.9%	508	11.2%	407	22.5%	719	25.2%	916	38.4%	1,227
Liverpool	14.5%	1,503	15.4%	1,339	11.8%	1,223	23.0%	2,000	26.2%	2,716	38.4%	3,339
Sefton	15.1%	883	15.3%	852	10.0%	585	18.0%	1,002	25.1%	1,468	33.3%	1,854
St. Helens	14.7%	615	15.5%	561	10.7%	447	18.5%	669	25.5%	1,066	34.0%	1,229
Wirral	13.1%	986	14.0%	977	9.3%	700	19.6%	1,368	22.4%	1,686	33.6%	2,345

National Child Measurement Programme - England, 2014-15

Prevalence of underweight, healthy weight, overweight and obese children, by region and local authority (based on the postcode of the child)
(Published 26th November 2015)(<http://www.hscic.gov.uk/catalogue/PUB1910>)

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779



Wirral

Sport

2014/15

16+



52% (135,864¹) of people aged 16+ in Wirral participate in no sport at all (4% decrease from 2005/06)

38% (99,285¹) of people aged 16+ in Wirral participate in at least one session of sport per week (5% increase from 2005/06)

1 x 30

3 x 30

17% (44,417¹) of people aged 16+ in Wirral participate in sport three or more times per week (2% increase from 2005/06)

Female

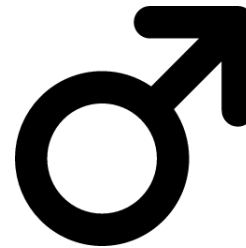


59% (4% decrease on 2005/06)
Of females in Wirral do no sport

33% (5% increase on 2005/06)
Of females in Wirral do 1 x 30

13% (1% increase on 2005/06)
Of females in Wirral do 3 x 30

Male



44% (3% decrease on 2005/06)
Of males in Wirral do no sport

43% (4% increase on 2005/06)
Of males in Wirral do 1 x 30

21% (2% increase on 2005/06)
Of males in Wirral do 3 x 30

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779

Wirral

2014

Physical activity

16+



25% Of people aged 16 and over in Wirral are inactive
(6% decrease on 2012) **(65,319 people)**

Of people aged 16 and over in Wirral are insufficiently active **(41,804 people)** **16%**
(1% increase on 2012)



59% Of people aged 16 and over in Wirral are active
(5% increase on 2012) **(154,153 people)**

Female

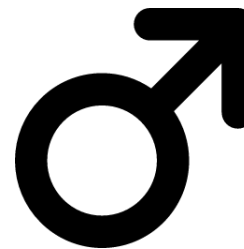


19% (5% decrease on 2012)
Of females in Wirral are inactive

17% (3% increase on 2012)
Of females in Wirral are insufficiently active

65% (2% increase on 2012)
Of females in Wirral are active

Male



19% (4% decrease on 2012)
Of males in Wirral are inactive

16% (2% increase on 2012)
Of males in Wirral are insufficiently active

65% (2% increase on 2012)
Of males in Wirral are active

Limiting illness and disabled

Physical activity (2014)

49%

Estimated **35,380**¹ adults with limiting illnesses or disabilities in Wirral participating in less than 30 minutes of physical activity a week⁵



Of adults with limiting illnesses or disabilities in Wirral participate in no sport. This is equal to 57,041 people.

Inactive

Insufficiently active

16%

Estimated **11,553**¹ adults with limiting illnesses or disabilities in Wirral participating in between 30 and 149 minutes of physical activity a week⁵

35%

Estimated **25,271**¹ adults with limiting illnesses or disabilities in Wirral participating in 150 minutes or more of physical activity a week⁵

Active



Inactive

Inactivity decreased by 16% compared with 2012



Insufficiently active

No data from 2012



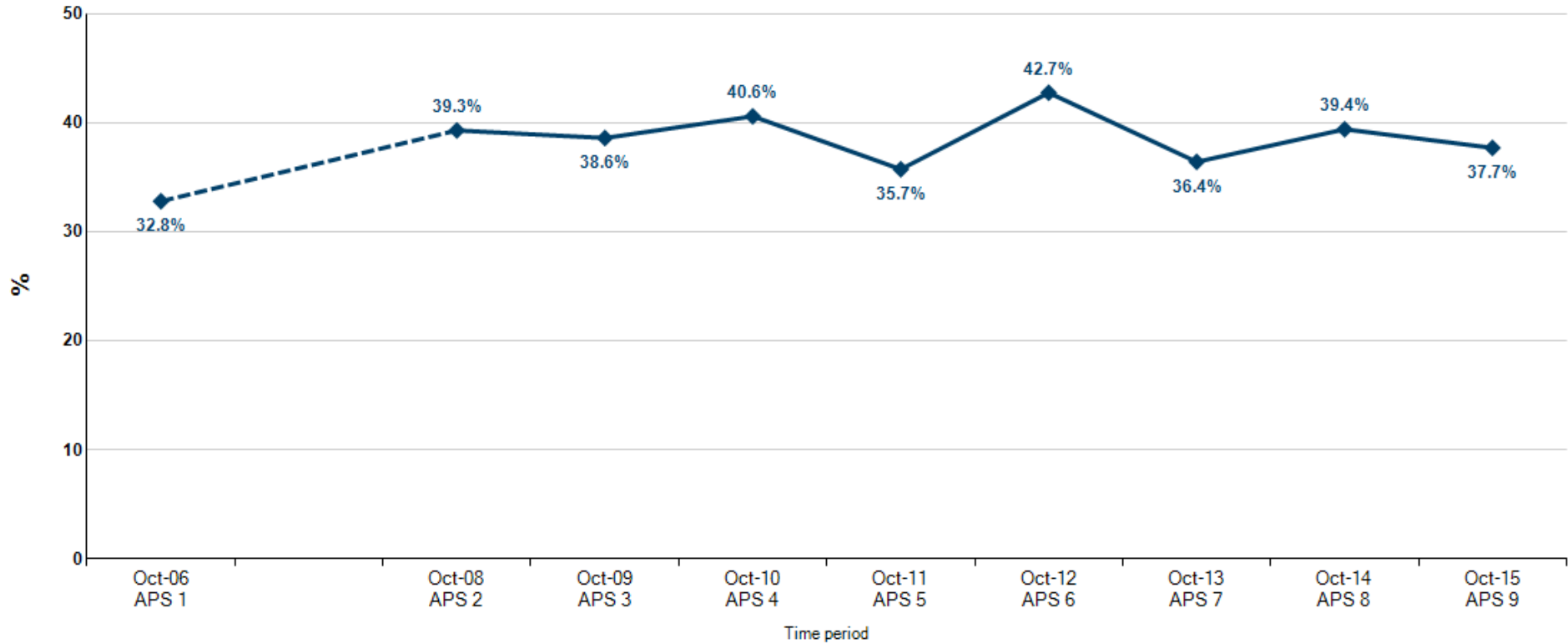
Active

No data from 2012

Working together to improve the quality of life for the people of Merseyside through sport and physical activity

T: 0151 427 3889 | E: admin@merseysidesport.com | F: 0151 427 3779

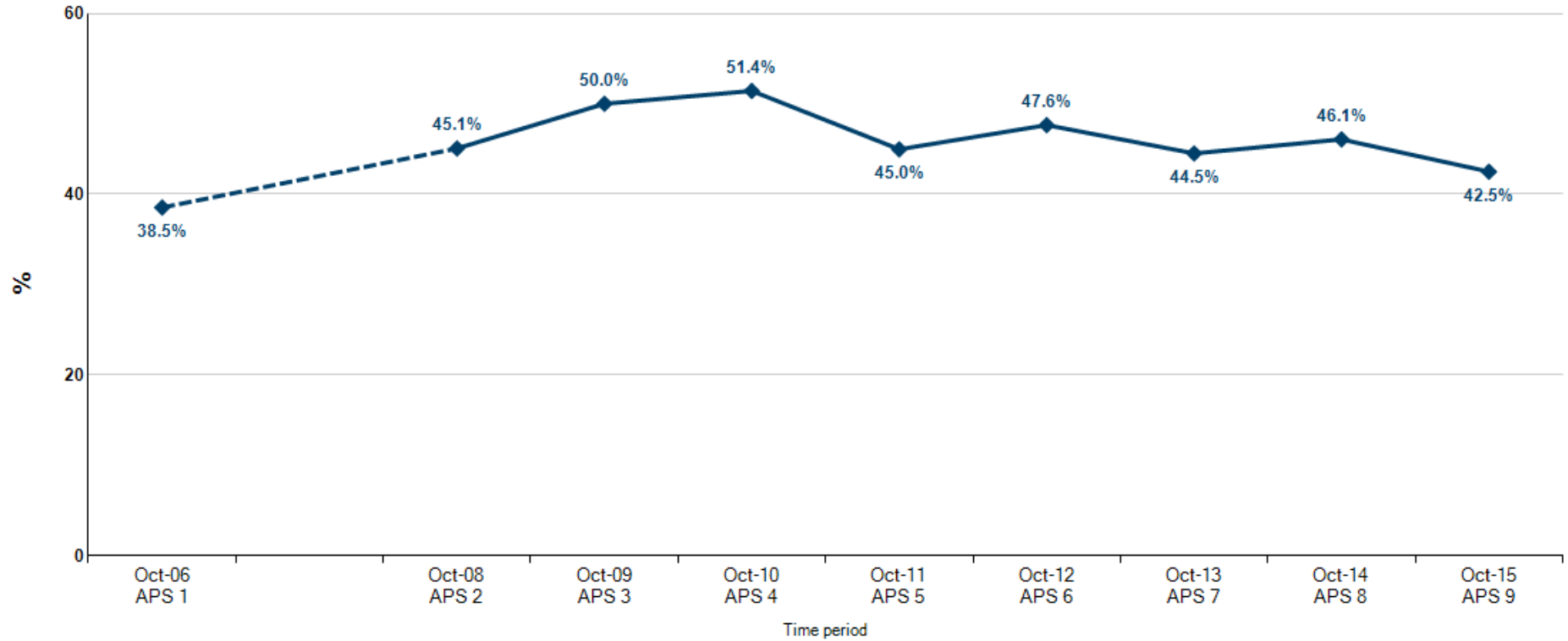
Wirral 1x30



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Sports participation - At least once a week	32.8%	39.3%	38.6%	40.6%	35.7%	42.7%	36.4%	39.4%	37.7%

Wirral 1x30

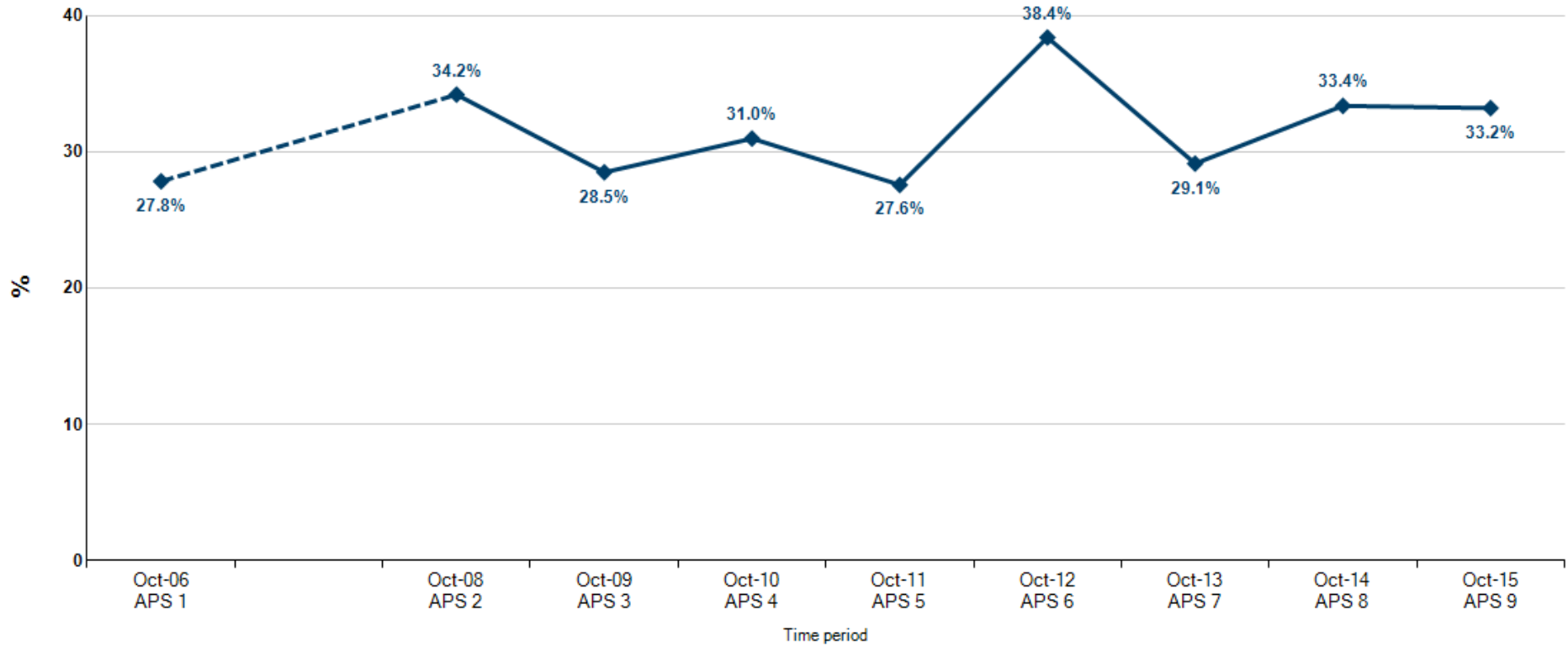
Male (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Male	38.5%	45.1%	50.0%	51.4%	45.0%	47.6%	44.5%	46.1%	42.5%

Wirral 1x30

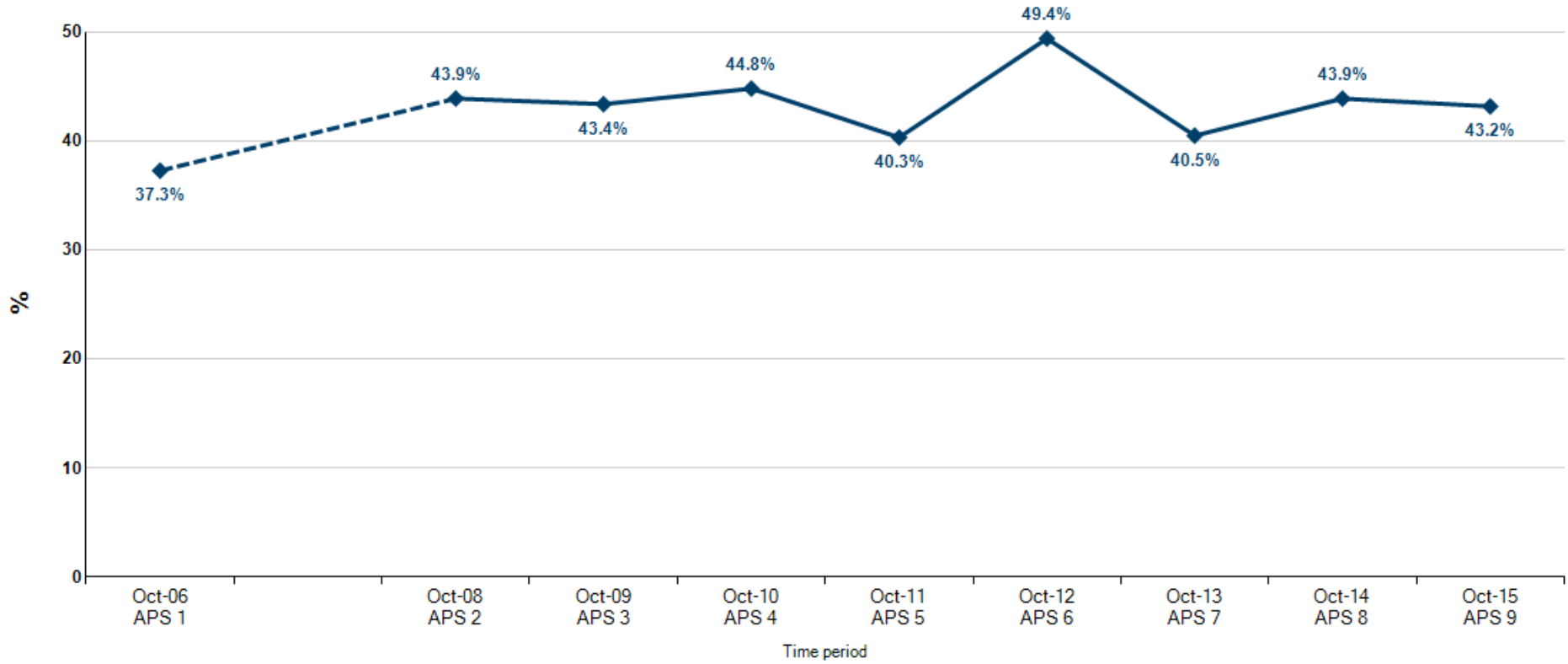
Female (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Female	27.8%	34.2%	28.5%	31.0%	27.6%	38.4%	29.1%	33.4%	33.2%

Wirral 1x30

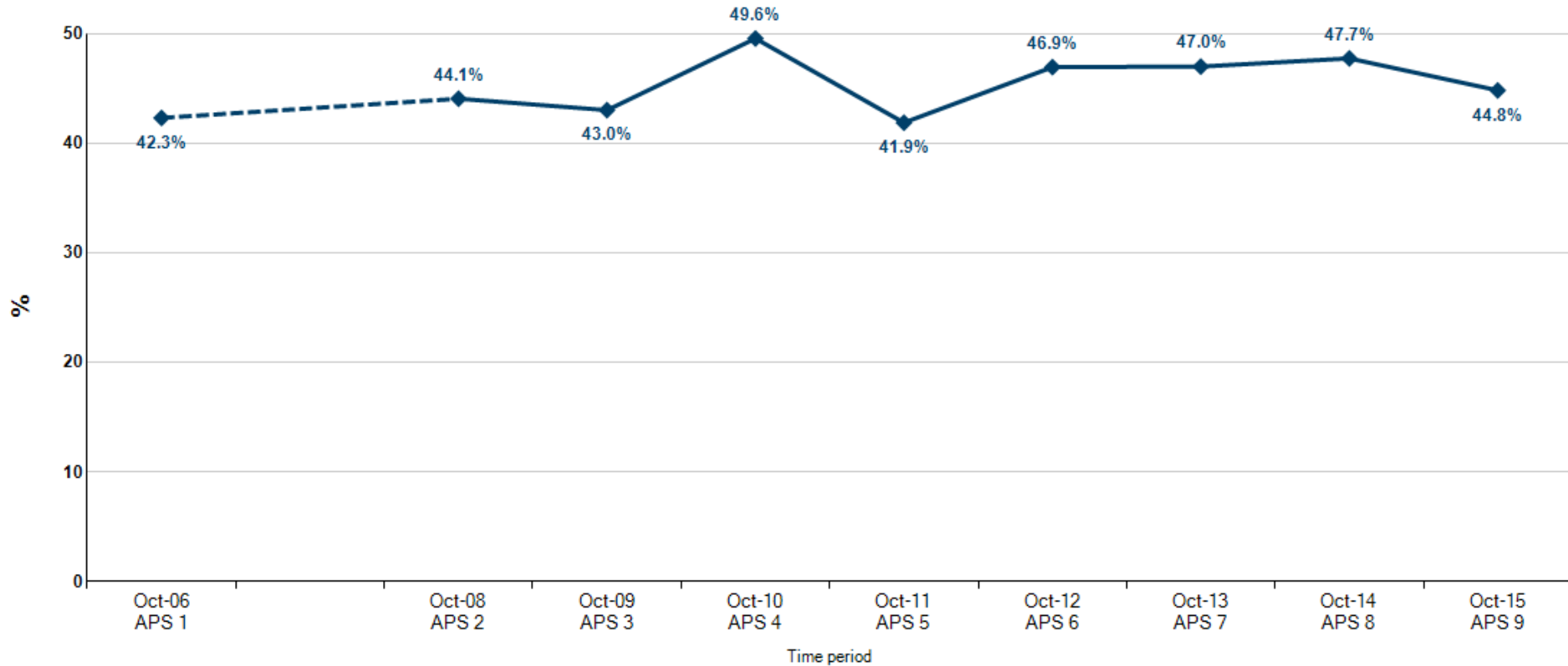
Non Disabled (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Disability	No limiting illness or disability	37.3%	43.9%	43.4%	44.8%	40.3%	49.4%	40.5%	43.9%	43.2%

Wirral 1x30

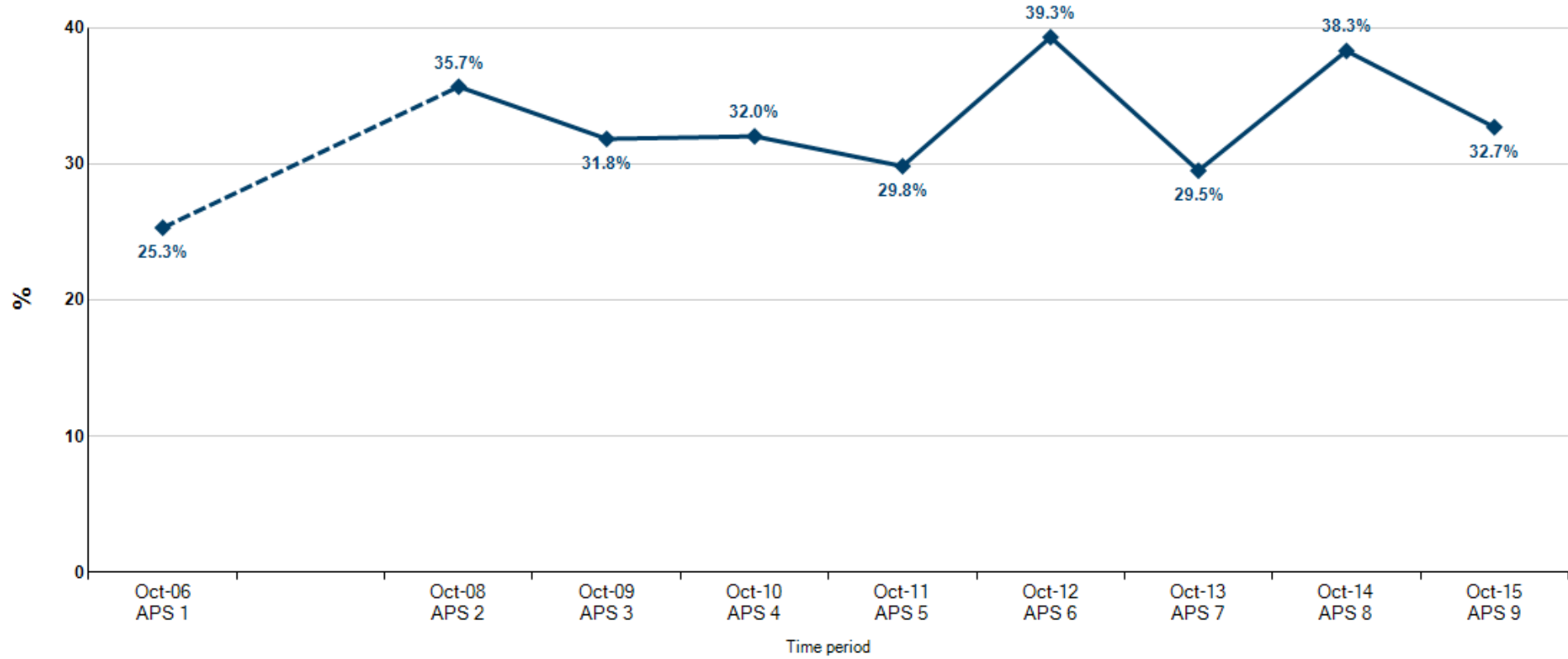
Full Time Work Status (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Work Status	Full time	42.3%	44.1%	43.0%	49.6%	41.9%	46.9%	47.0%	47.7%	44.8%

Wirral 1x30

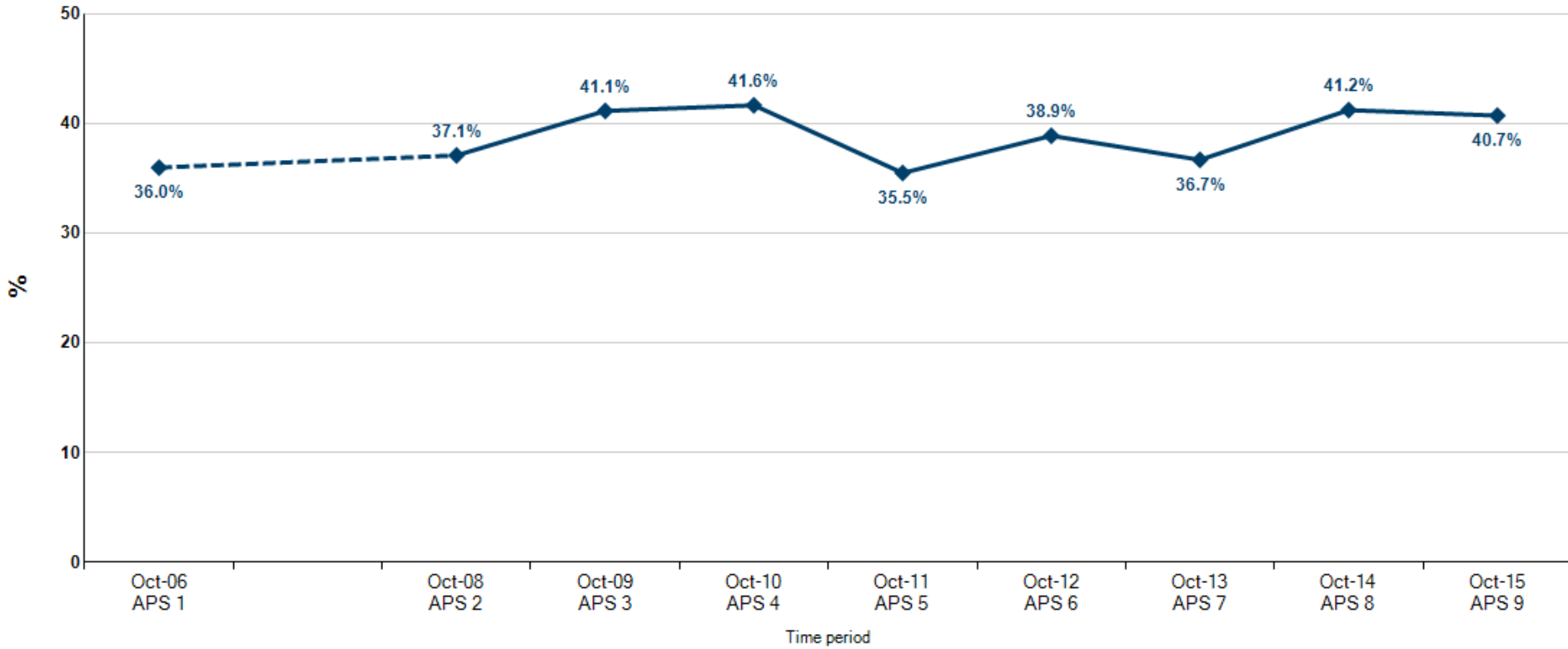
Other Work Status (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Work Status	Other	25.3%	35.7%	31.8%	32.0%	29.8%	39.3%	29.5%	38.3%	32.7%

Wirral 1x30

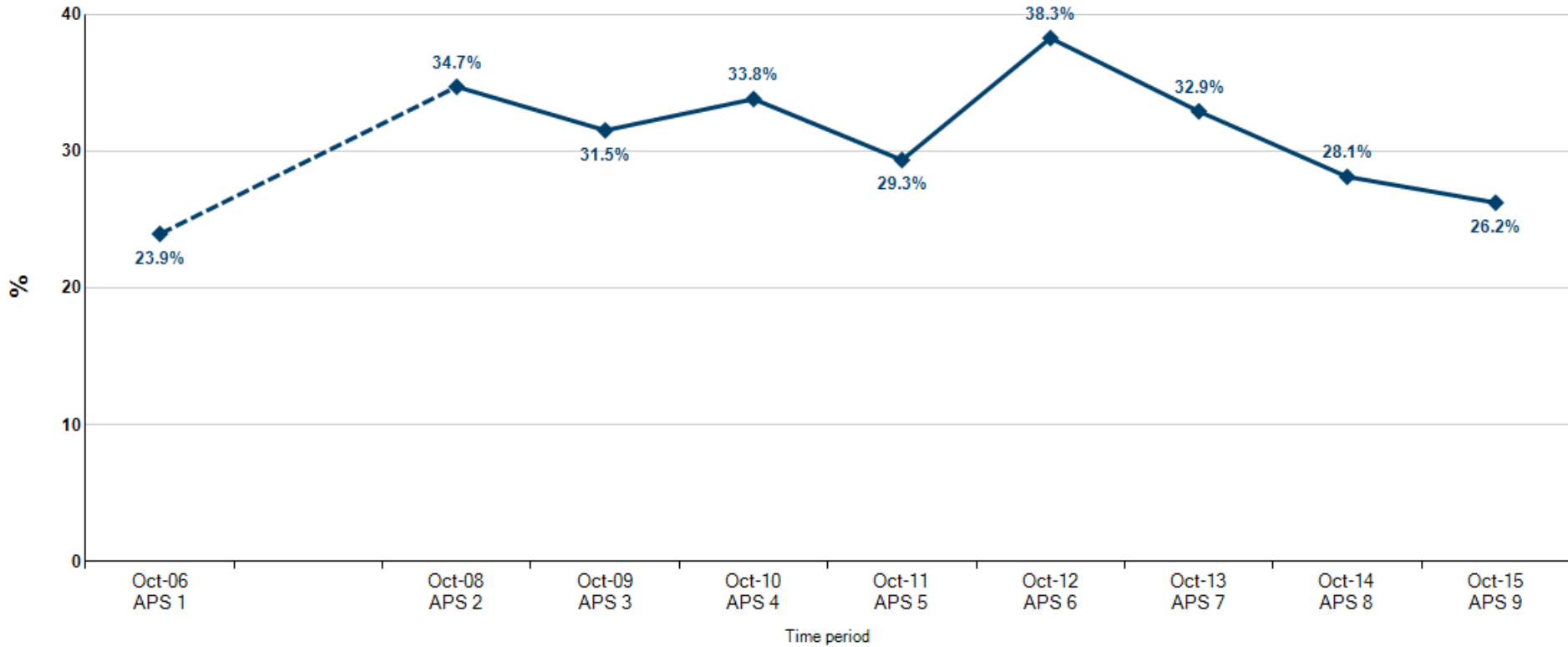
Social Grade 1-4(16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 1-4	36.0%	37.1%	41.1%	41.6%	35.5%	38.9%	36.7%	41.2%	40.7%

Wirral 1x30

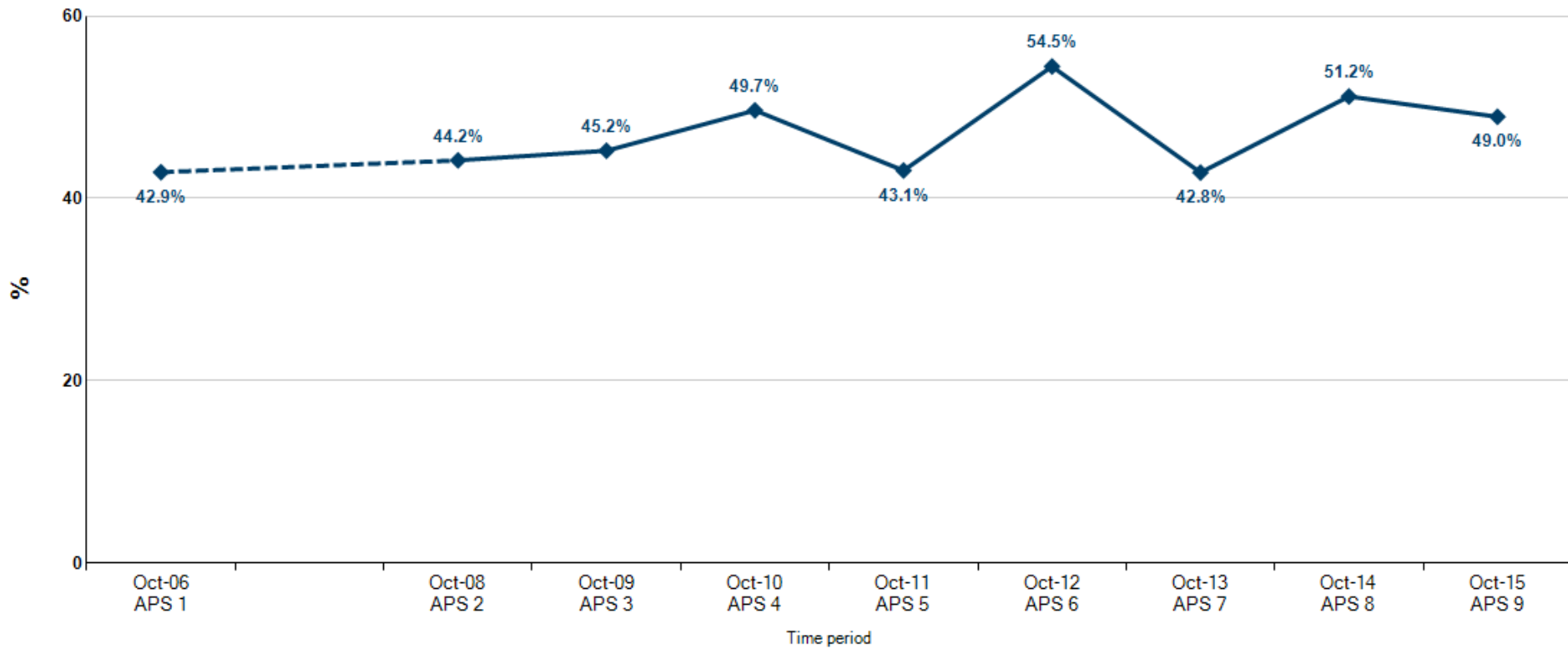
Social Grade 5-8 (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 5-8	23.9%	34.7%	31.5%	33.8%	29.3%	38.3%	32.9%	28.1%	26.2%

Wirral 1x30

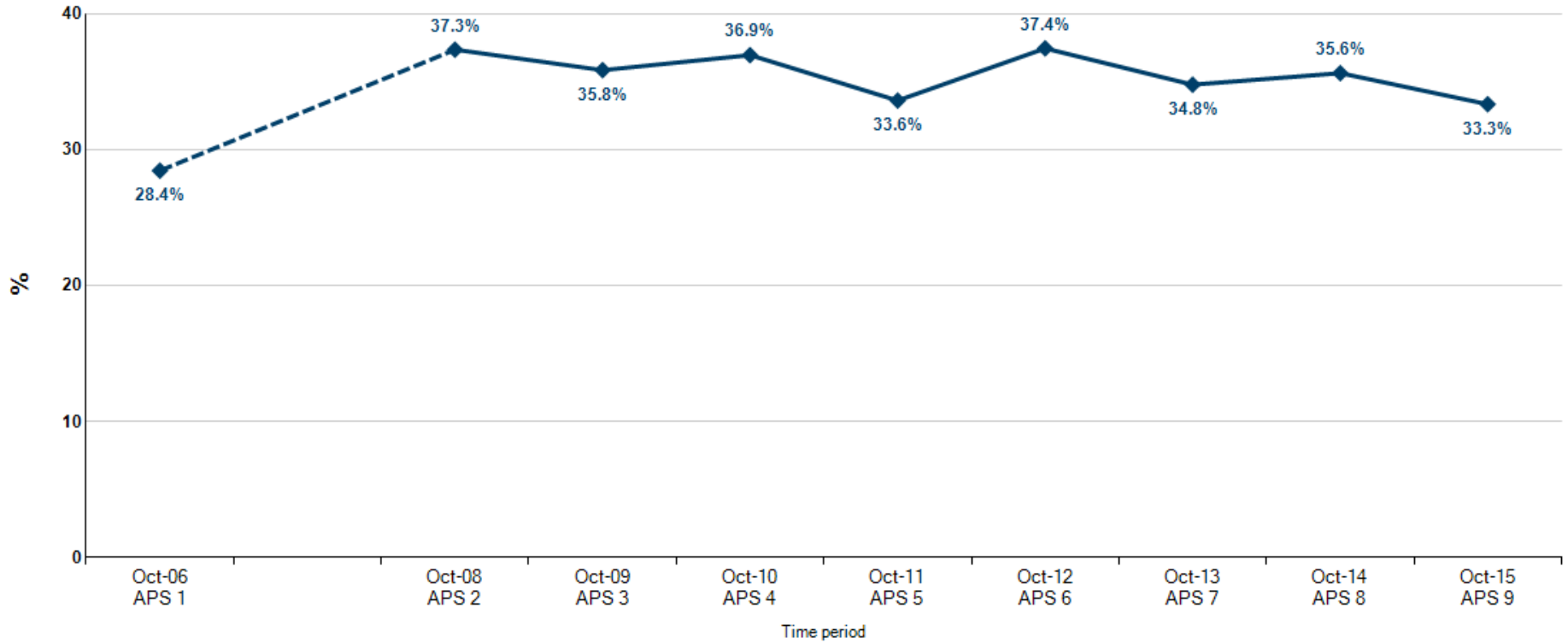
Have Children (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Children	Yes	42.9%	44.2%	45.2%	49.7%	43.1%	54.5%	42.8%	51.2%	49.0%

Wirral 1x30

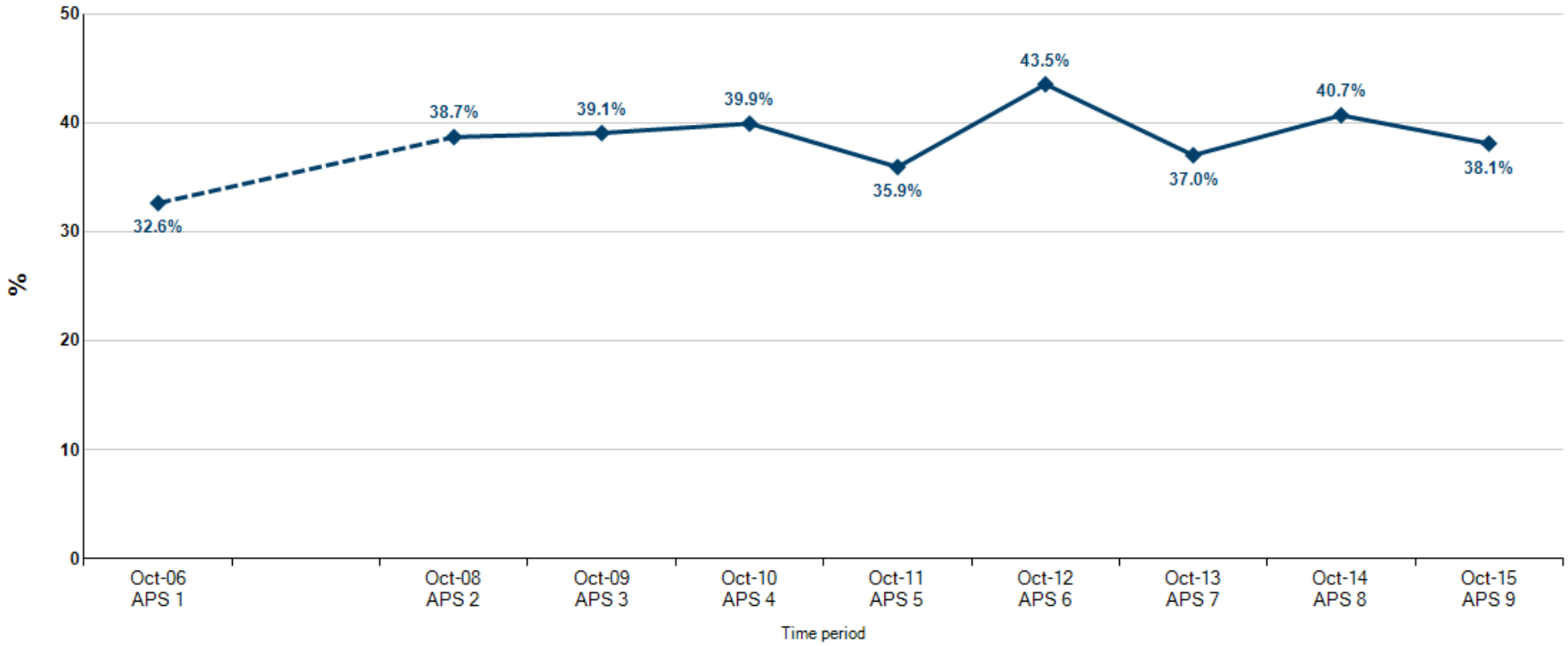
Don't Have Children (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Children	No	28.4%	37.3%	35.8%	36.9%	33.6%	37.4%	34.8%	35.6%	33.3%

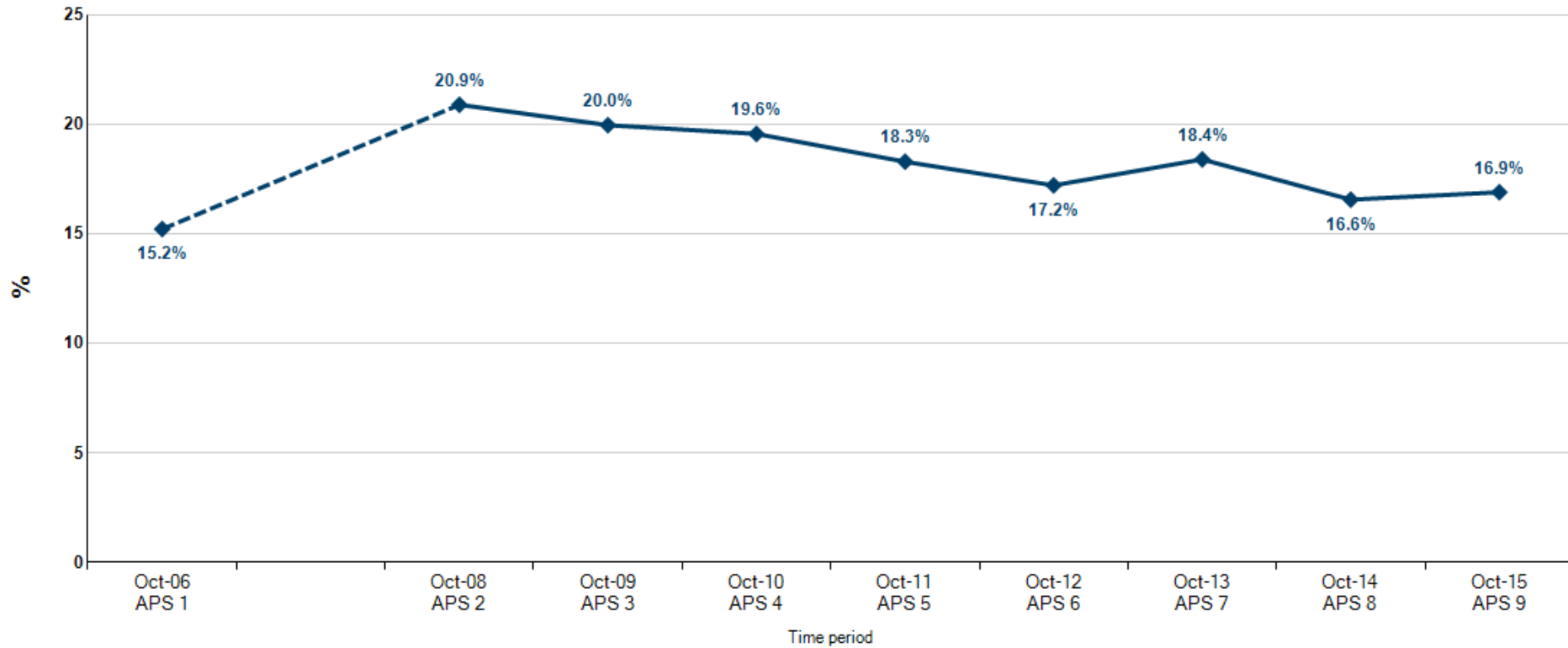
Wirral 1x30

Ethnicity – White (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Ethnicity	White British	32.6%	38.7%	39.1%	39.9%	35.9%	43.5%	37.0%	40.7%	38.1%

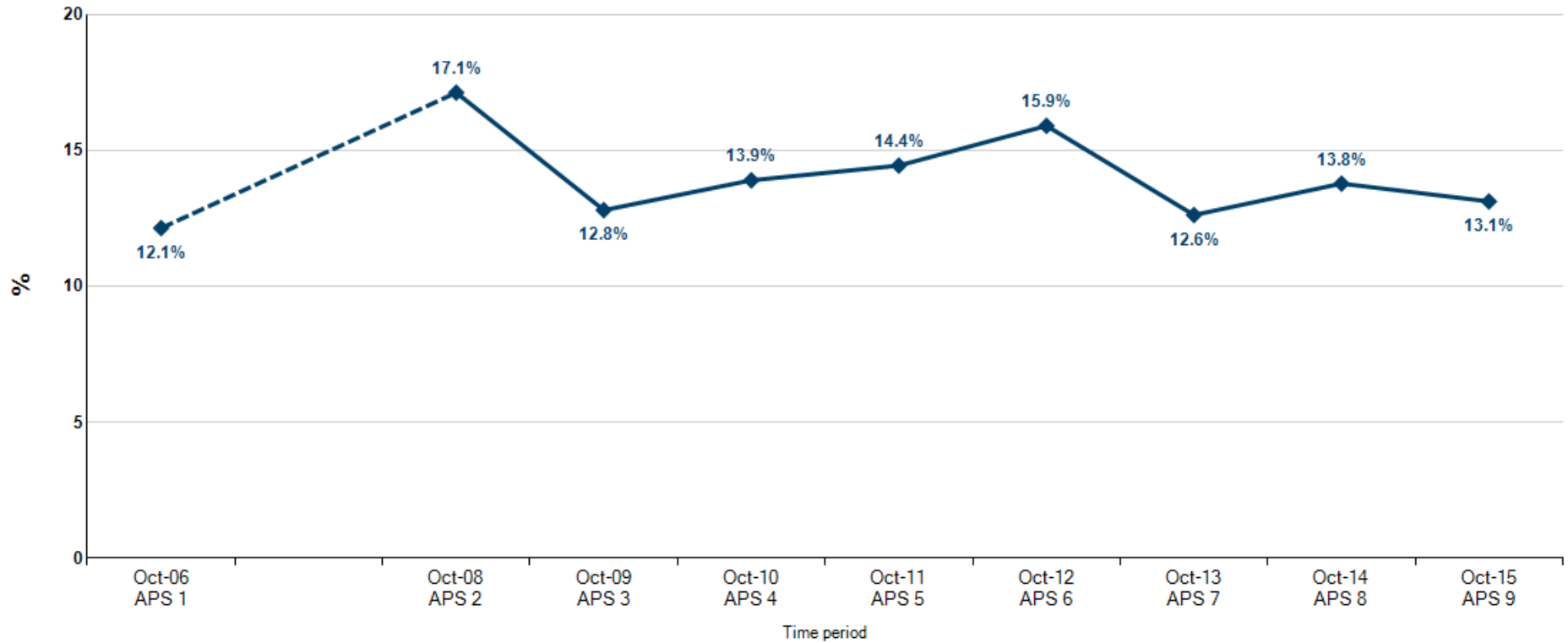
Wirral 3x30



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Sports participation - Three (or more) times a week	15.2%	20.9%	20.0%	19.6%	18.3%	17.2%	18.4%	16.6%	16.9%

Wirral 3x30

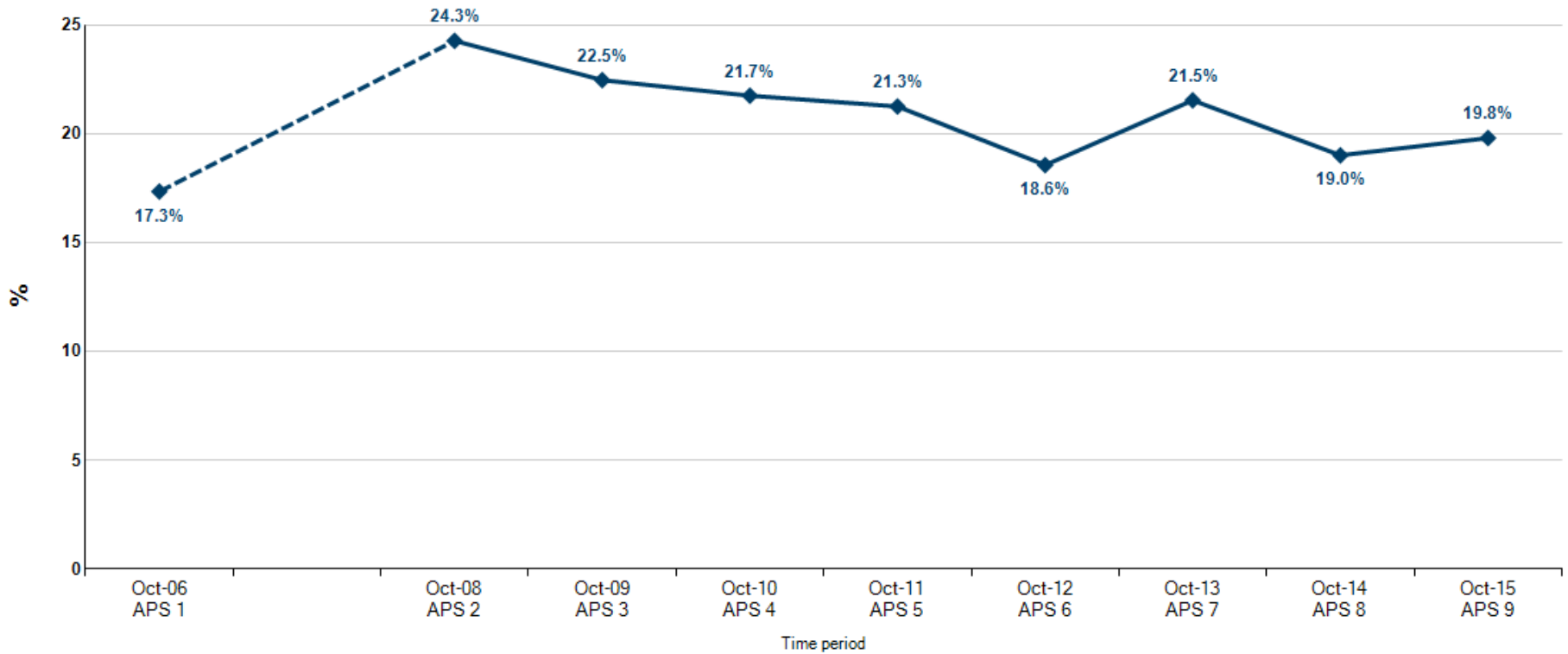
Female (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Female	12.1%	17.1%	12.8%	13.9%	14.4%	15.9%	12.6%	13.8%	13.1%

Wirral 3x30

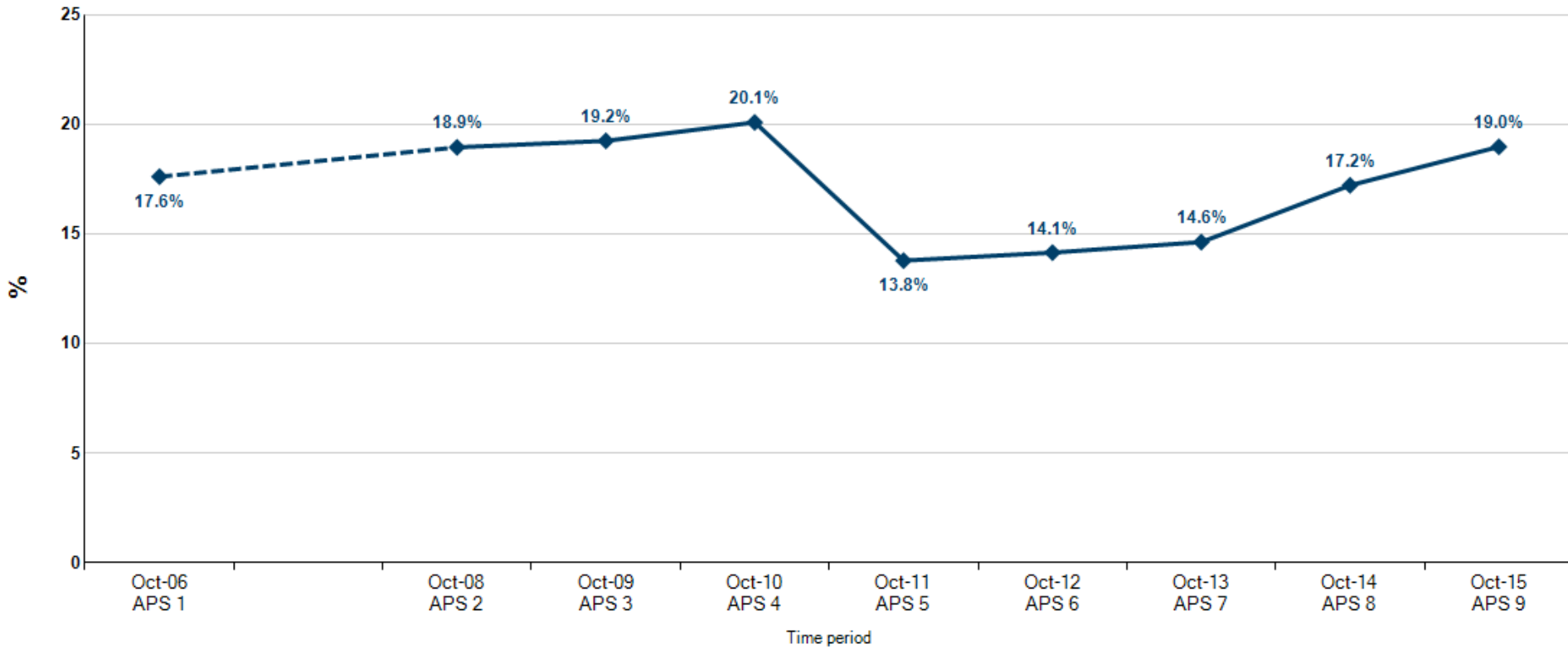
Non Disabled (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Disability	No limiting illness or disability	17.3%	24.3%	22.5%	21.7%	21.3%	18.6%	21.5%	19.0%	19.8%

Wirral 3x30

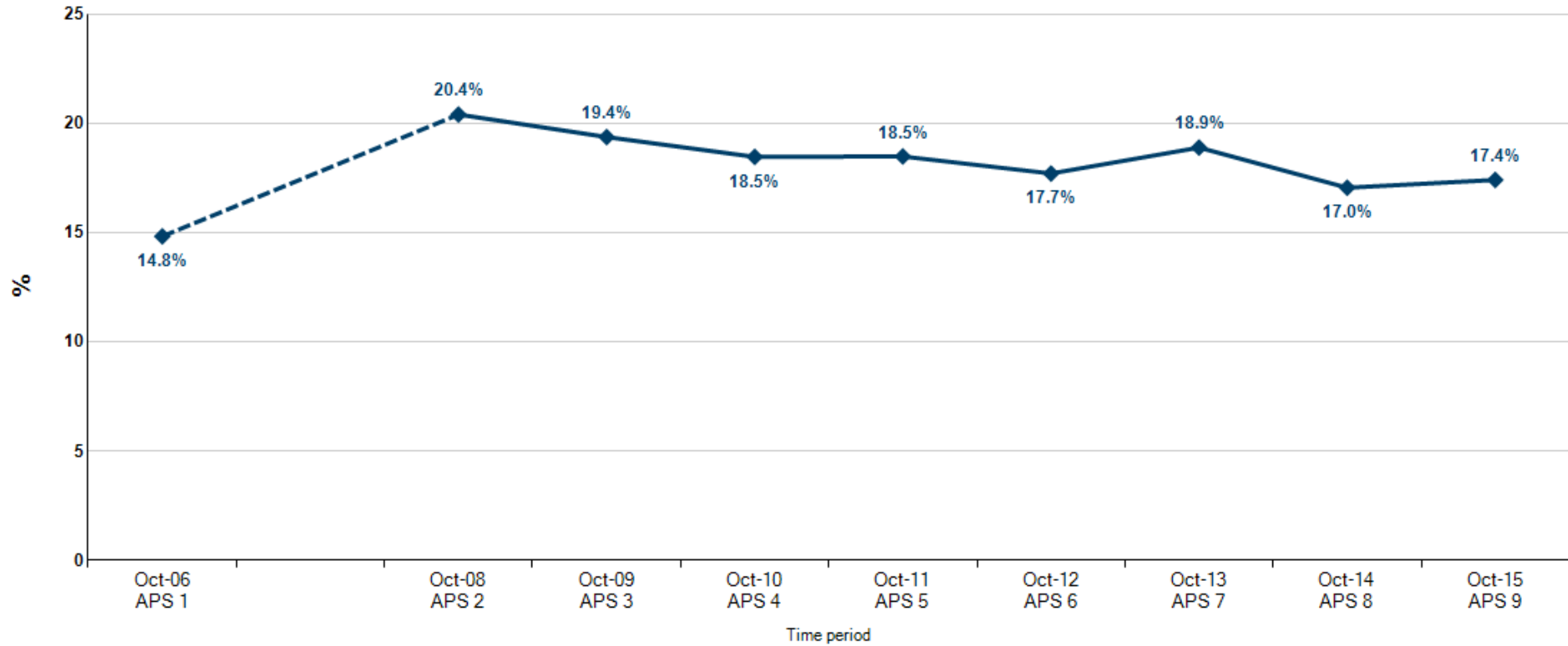
Social Grade 1-4(16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 1-4	17.6%	18.9%	19.2%	20.1%	13.8%	14.1%	14.6%	17.2%	19.0%

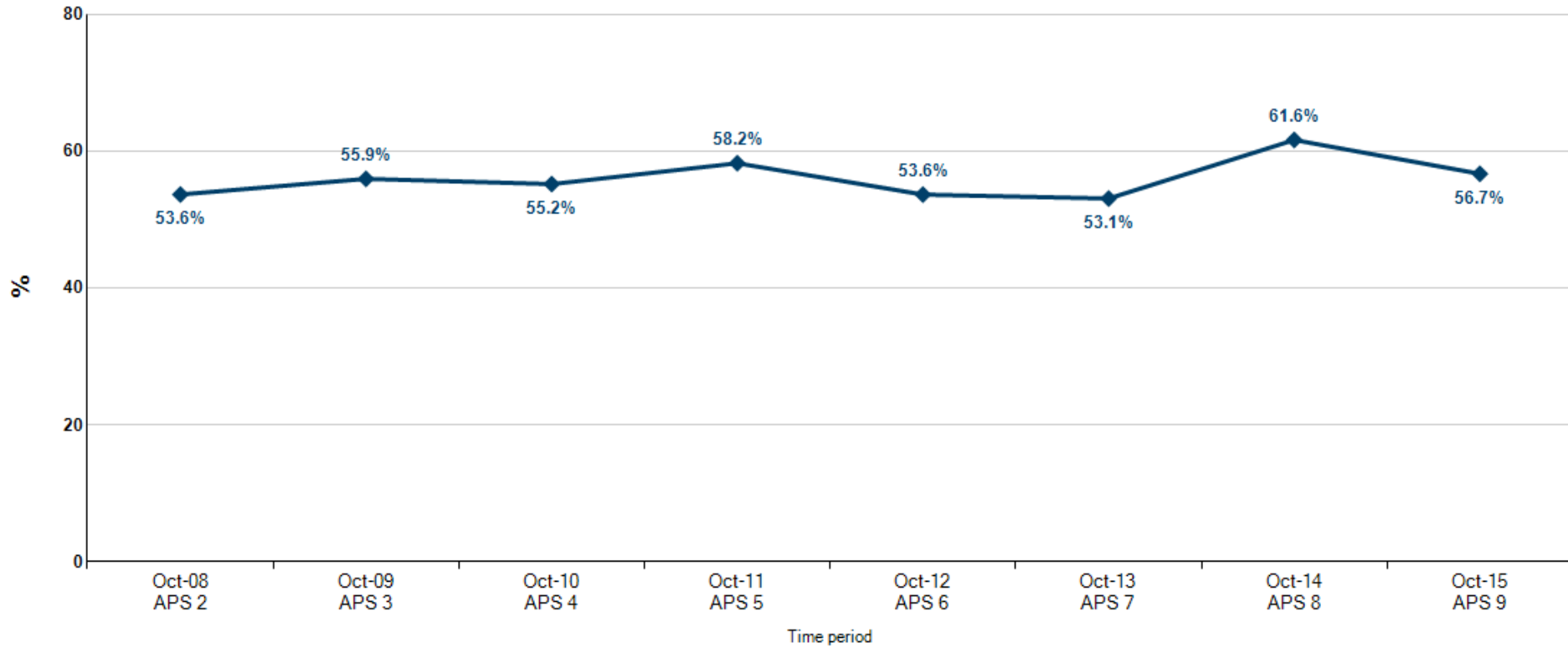
Wirral 3x30

Ethnicity – White (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Ethnicity	White British	14.8%	20.4%	19.4%	18.5%	18.5%	17.7%	18.9%	17.0%	17.4%

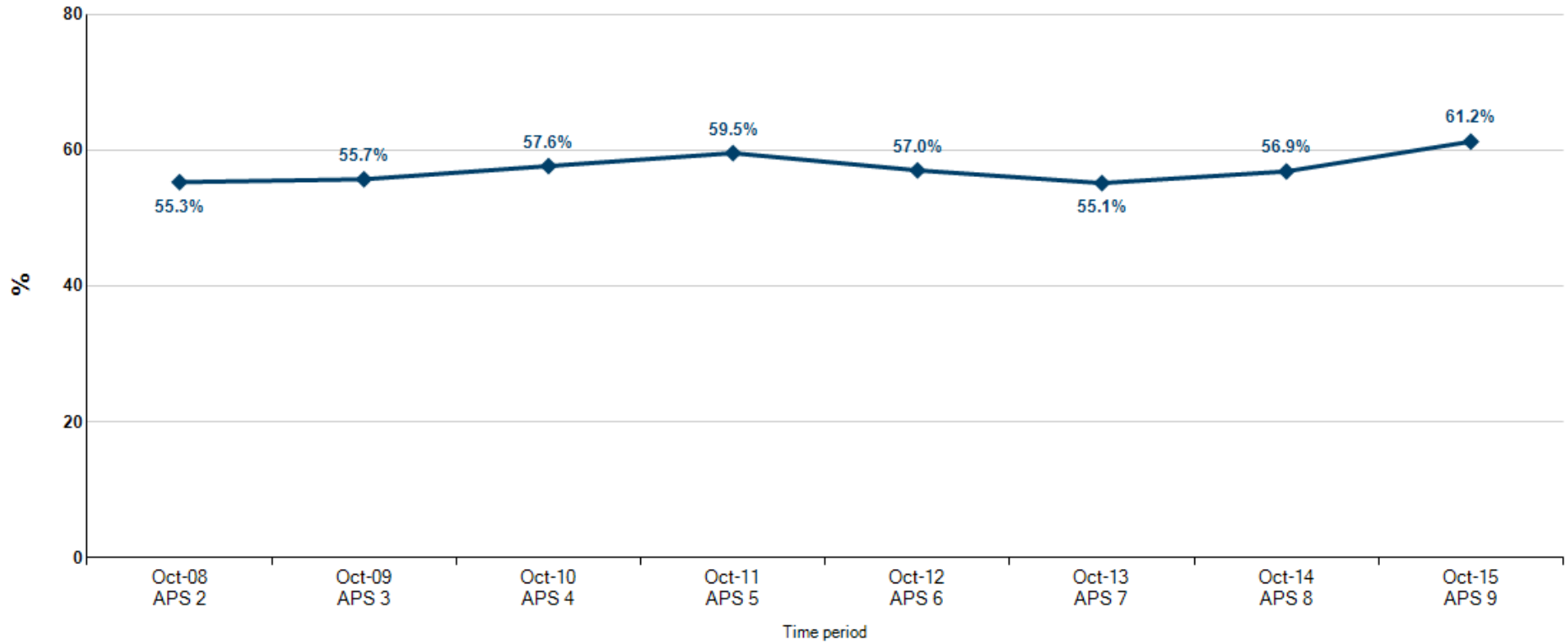
Wirral Latent Demand



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Would like to do more sport - Overall latent demand	*	53.6%	55.9%	55.2%	58.2%	53.6%	53.1%	61.6%	56.7%

Wirral Latent Demand

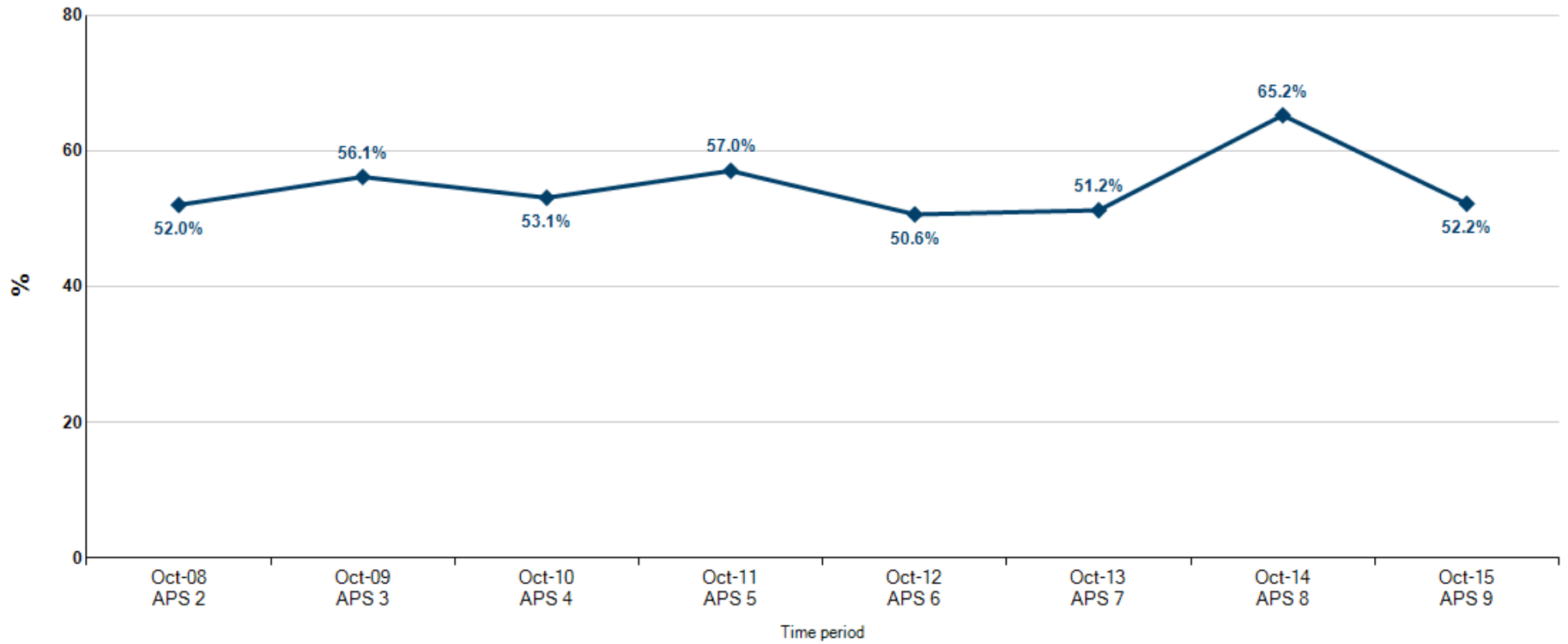
Male (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Male	*	55.3%	55.7%	57.6%	59.5%	57.0%	55.1%	56.9%	61.2%

Wirral Latent Demand

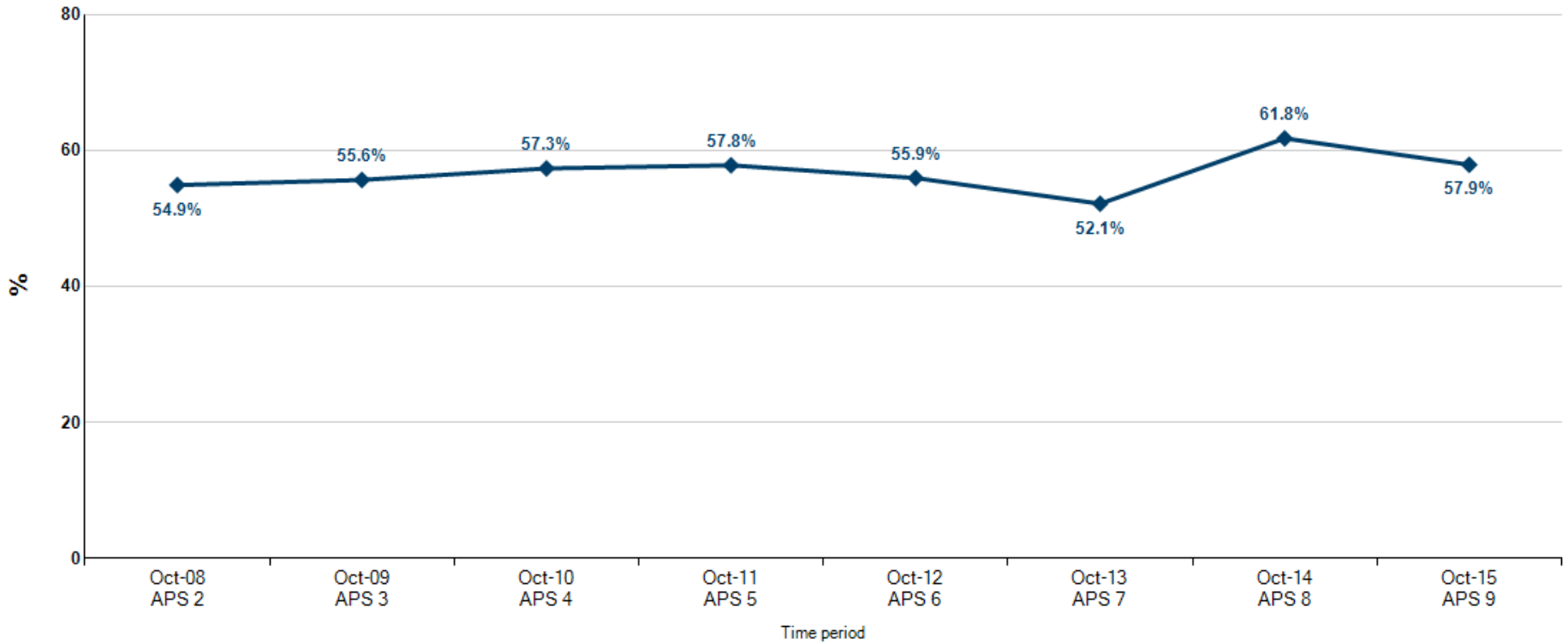
Female (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Female	*	52.0%	56.1%	53.1%	57.0%	50.6%	51.2%	65.2%	52.2%

Wirral Latent Demand

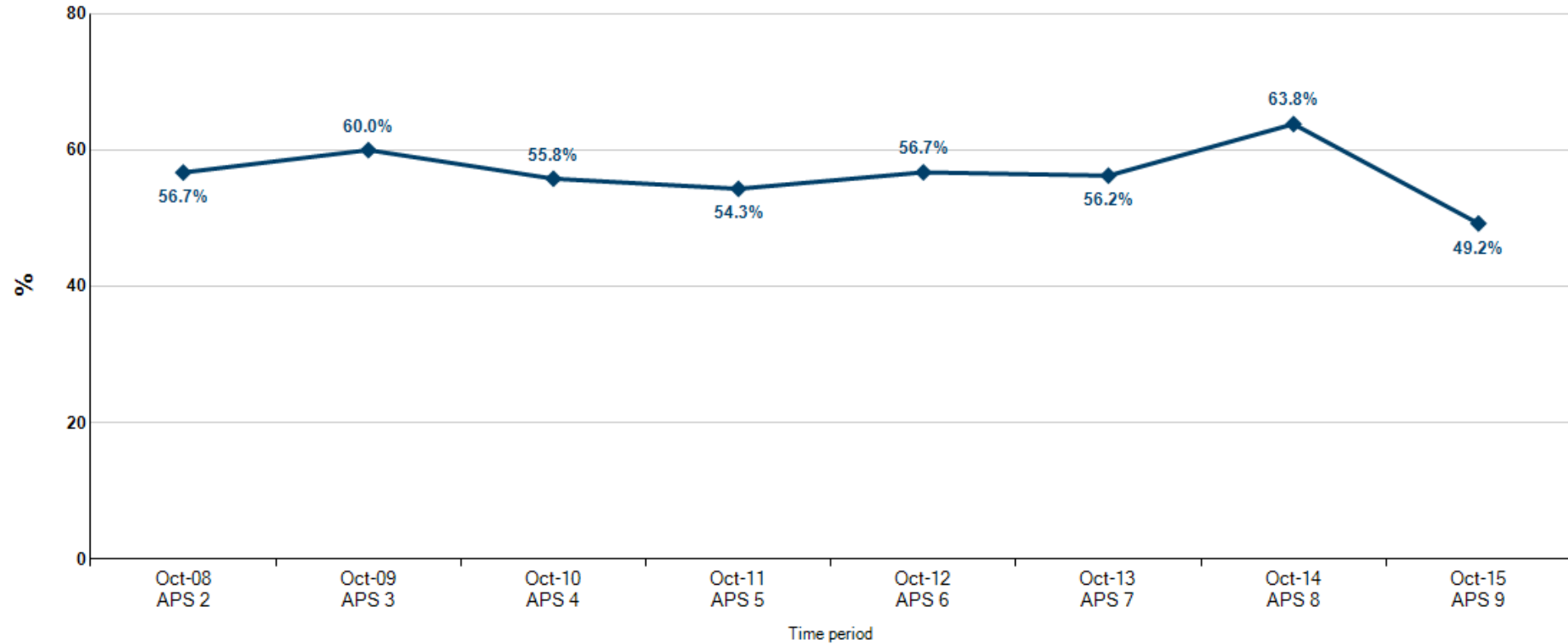
Non Disabled (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Disability	No limiting illness or disability	*	54.9%	55.6%	57.3%	57.8%	55.9%	52.1%	61.8%	57.9%

Wirral Latent Demand

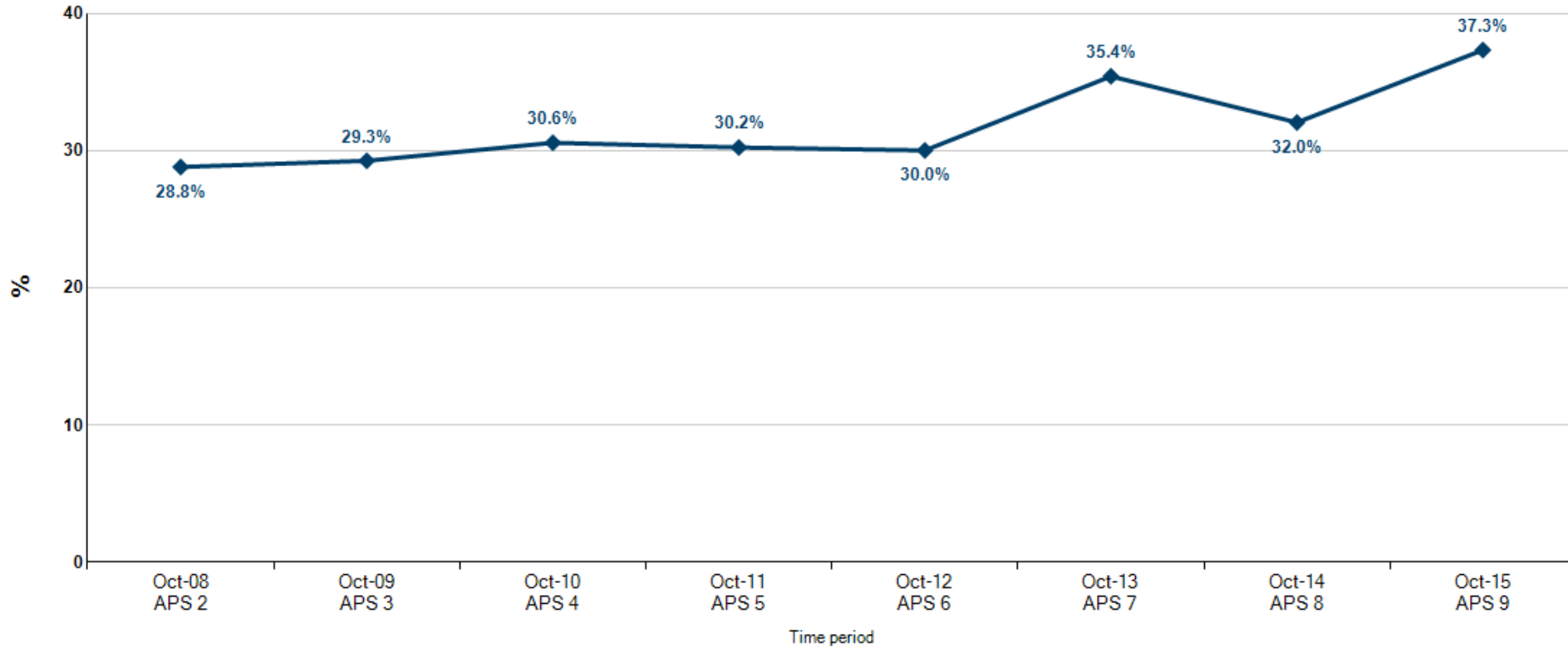
Social Grade 1-4(16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 1-4	*	56.7%	60.0%	55.8%	54.3%	56.7%	56.2%	63.8%	49.2%

Wirral Latent Demand

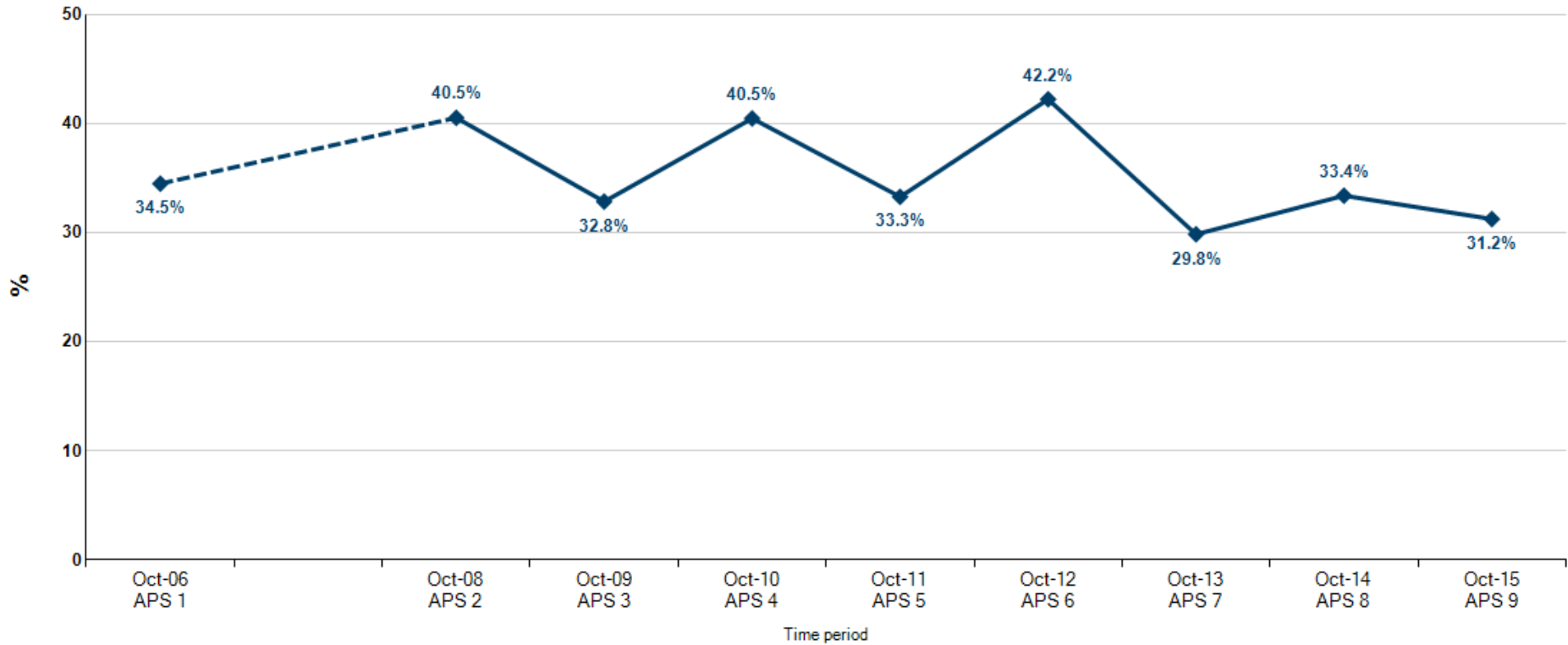
Currently Active (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Would like to do more sport - Currently active	*	28.8%	29.3%	30.6%	30.2%	30.0%	35.4%	32.0%	37.3%

Wirral Latent Demand

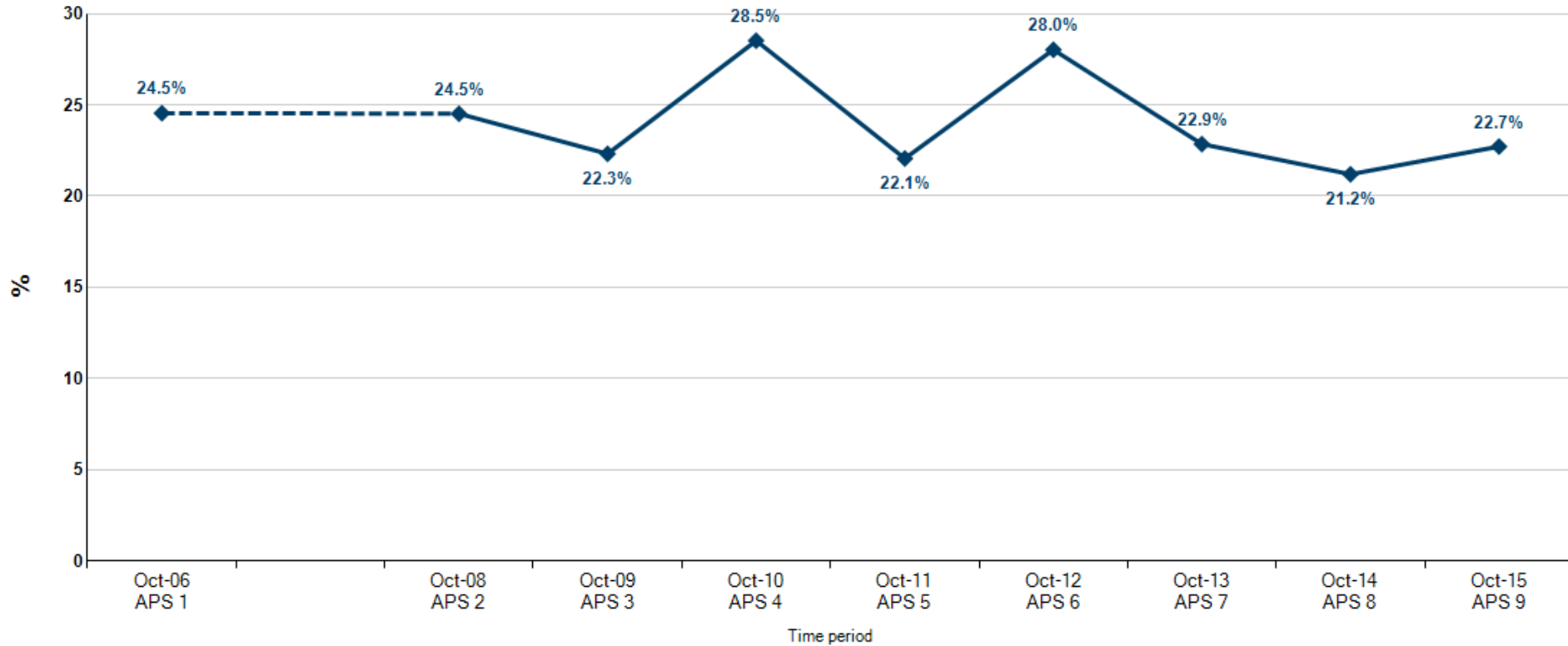
Participation in organised sport (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Participation in organised sport - Any organised sport	34.5%	40.5%	32.8%	40.5%	33.3%	42.2%	29.8%	33.4%	31.2%

Wirral Latent Demand

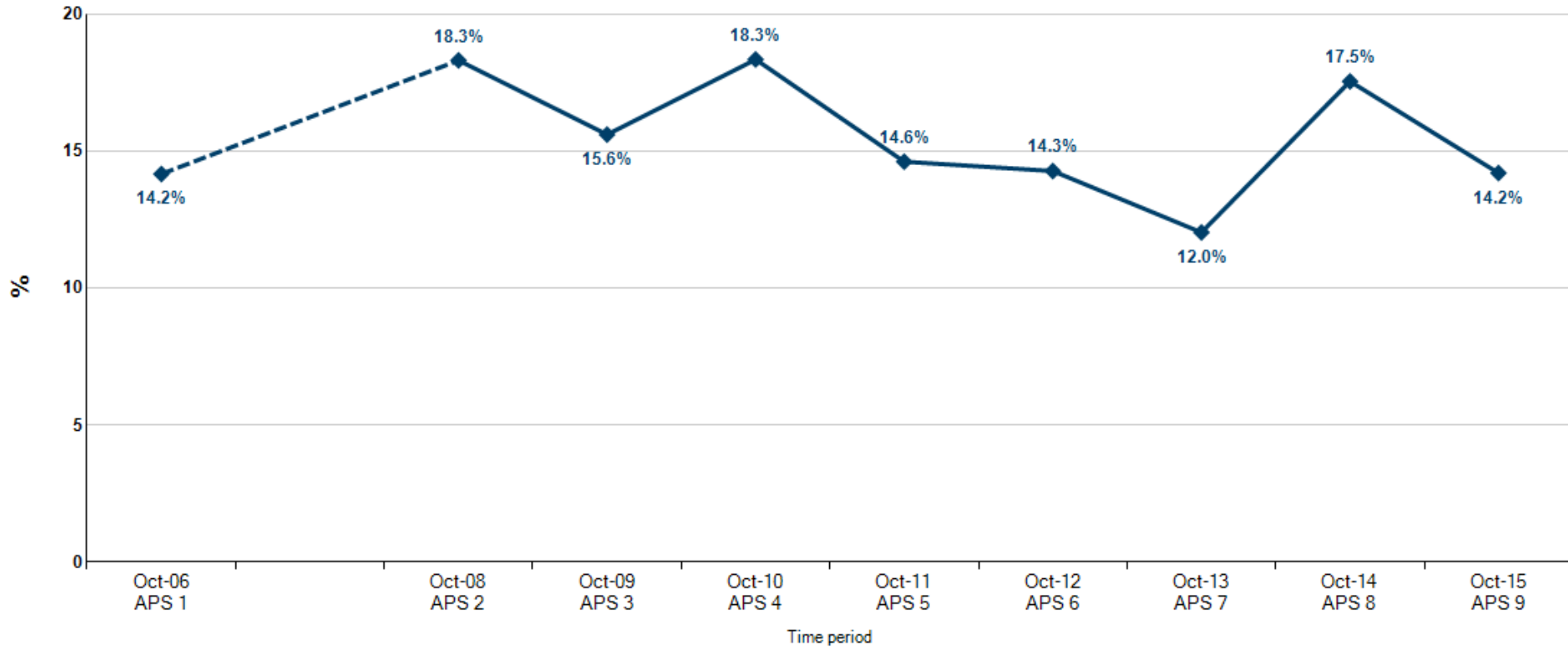
Club Membership (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Participation in organised sport - Club membership	24.5%	24.5%	22.3%	28.5%	22.1%	28.0%	22.9%	21.2%	22.7%

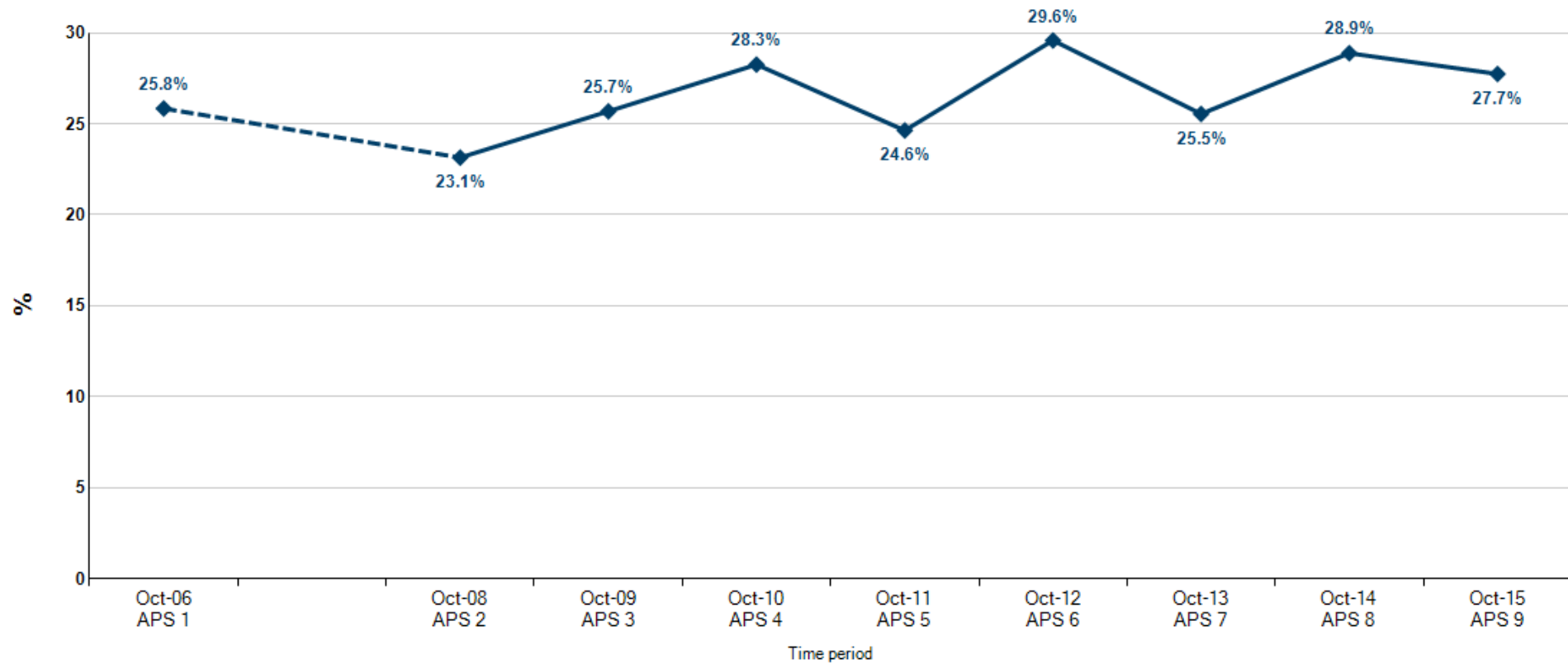
Wirral Latent Demand

Coaching (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Participation in organised sport - Coaching or tuition	14.2%	18.3%	15.6%	18.3%	14.6%	14.3%	12.0%	17.5%	14.2%

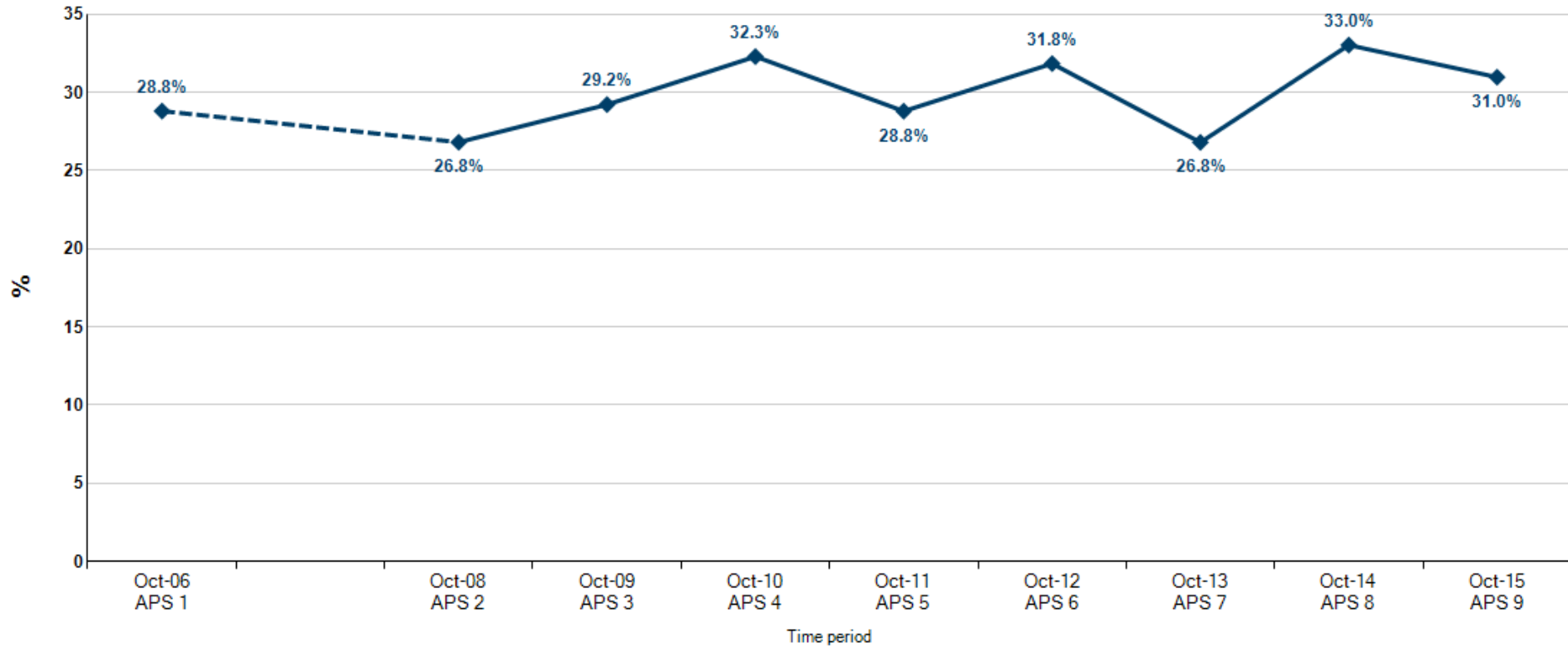
Wirral Some or Less



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Sports participation - Some, but less than three times a week	25.8%	23.1%	25.7%	28.3%	24.6%	29.6%	25.5%	28.9%	27.7%

Wirral Some or Less

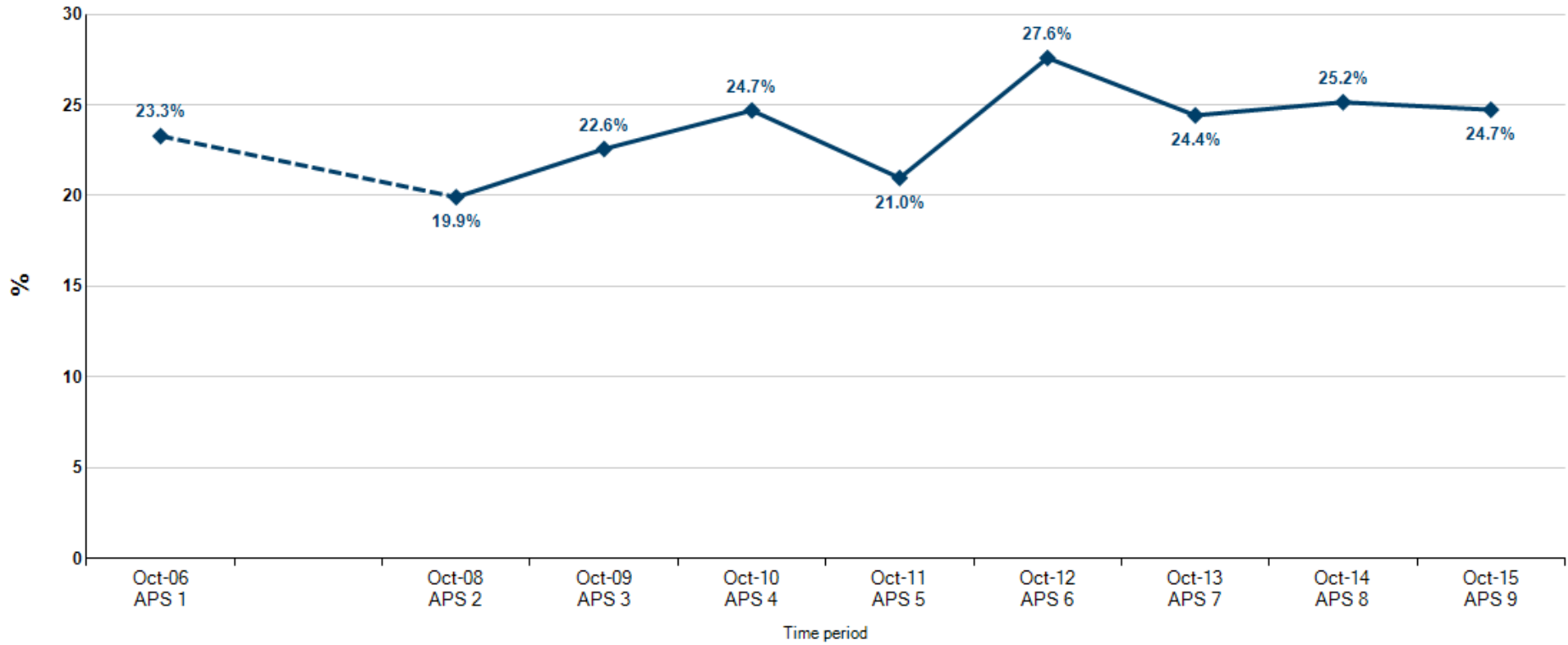
Male (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Male	28.8%	26.8%	29.2%	32.3%	28.8%	31.8%	26.8%	33.0%	31.0%

Wirral Some or Less

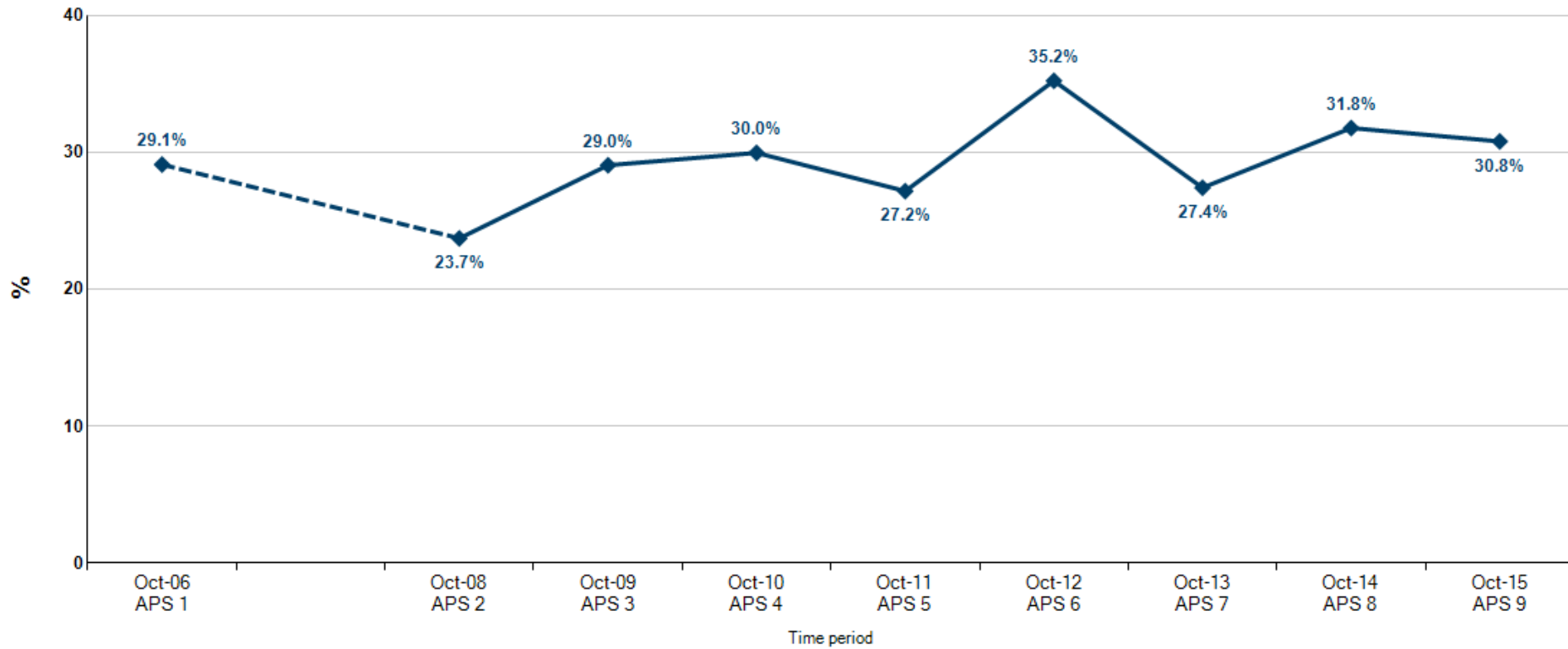
Female (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Female	23.3%	19.9%	22.6%	24.7%	21.0%	27.6%	24.4%	25.2%	24.7%

Wirral Some or Less

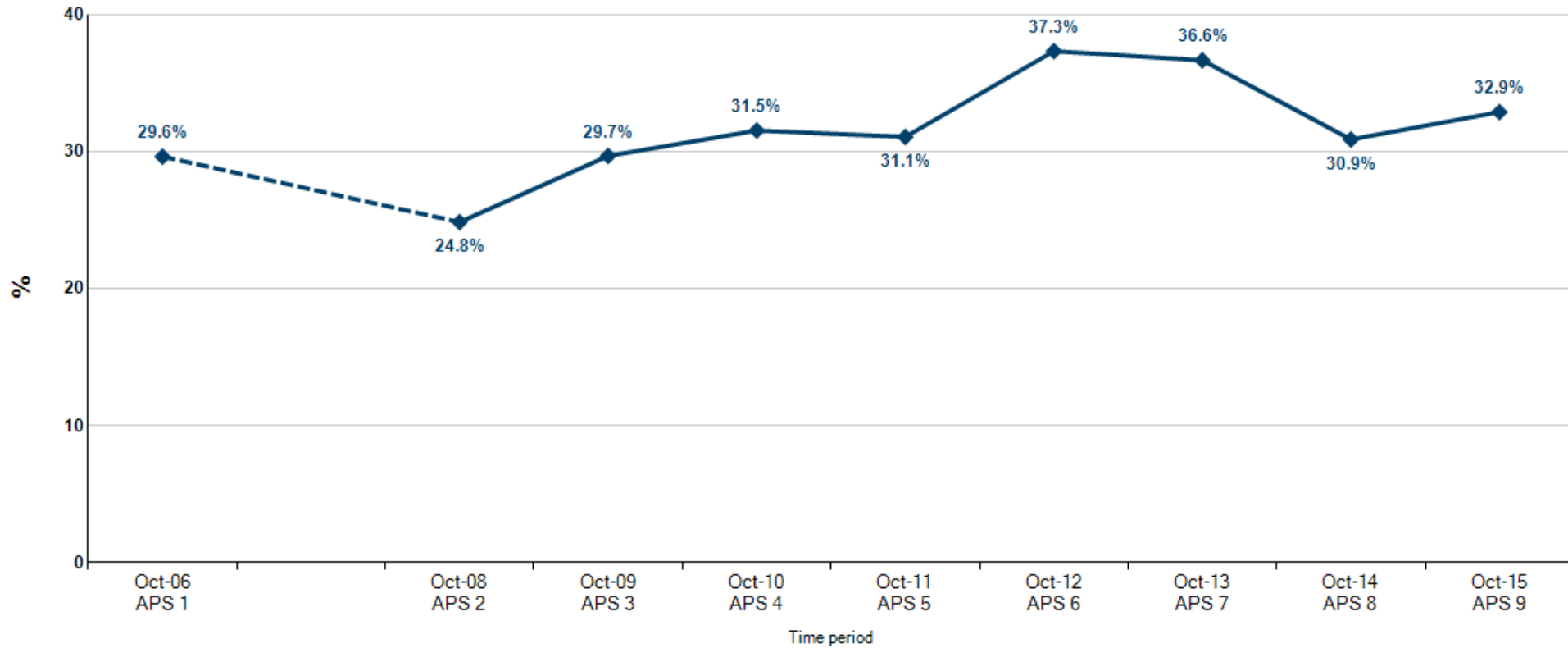
Non Disabled (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Disability	No limiting illness or disability	29.1%	23.7%	29.0%	30.0%	27.2%	35.2%	27.4%	31.8%	30.8%

Wirral Some or Less

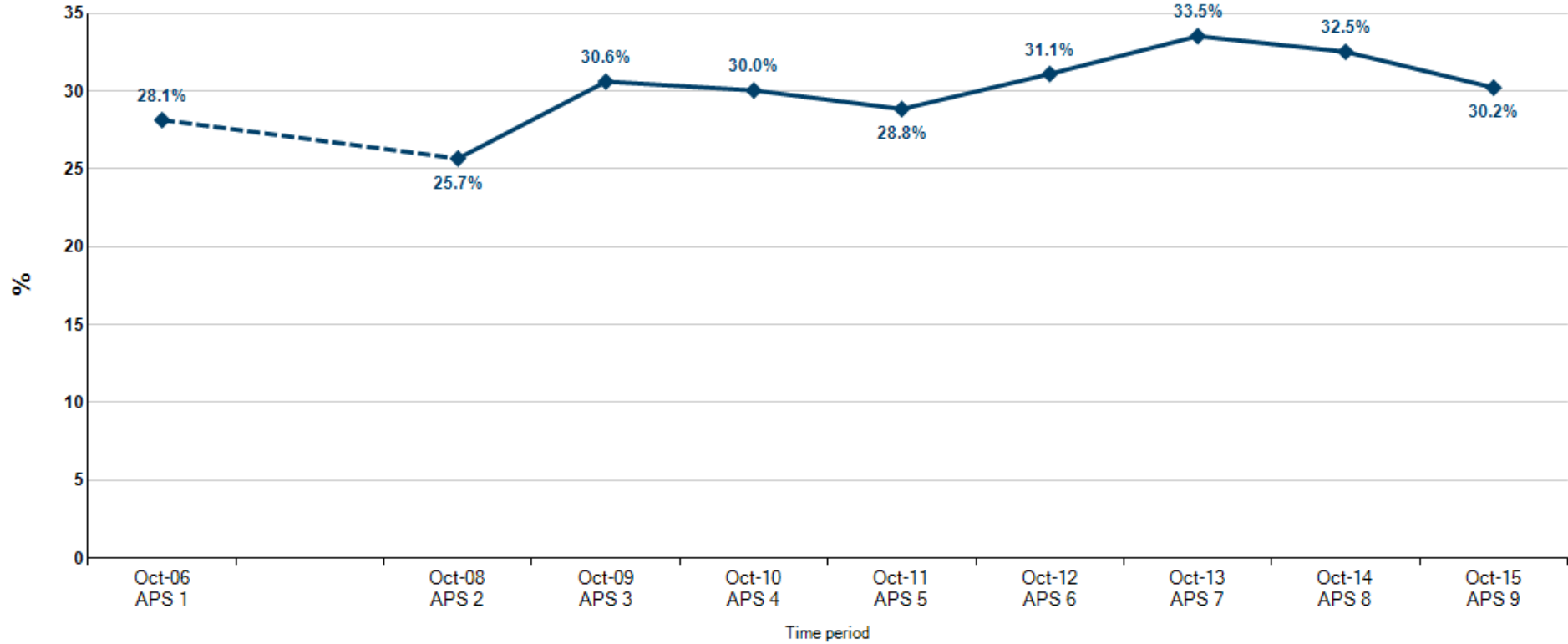
Full Time Work Status (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Work Status	Full time	29.6%	24.8%	29.7%	31.5%	31.1%	37.3%	36.6%	30.9%	32.9%

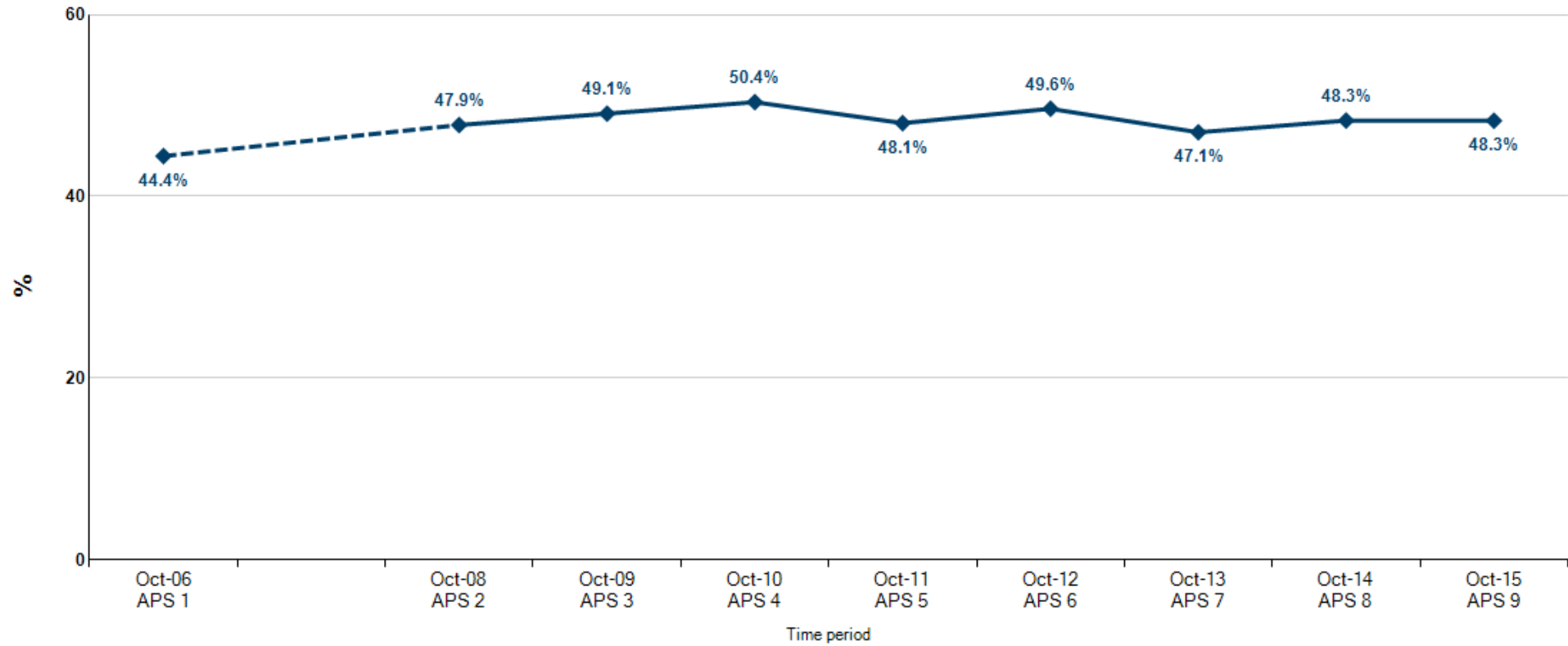
Wirral Some or Less

Social Grade 1-4(16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 1-4	28.1%	25.7%	30.6%	30.0%	28.8%	31.1%	33.5%	32.5%	30.2%

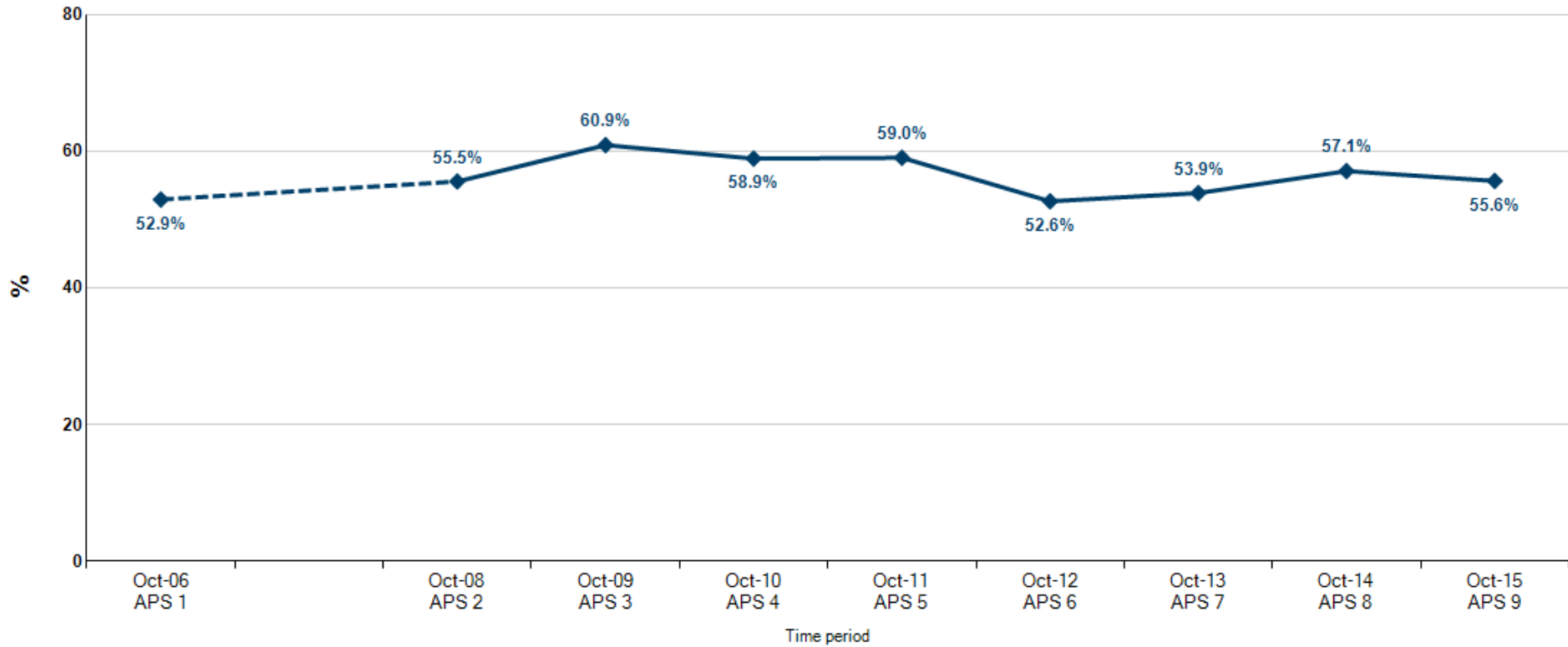
Wirral Any Sport



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Sports participation - Any sport	44.4%	47.9%	49.1%	50.4%	48.1%	49.6%	47.1%	48.3%	48.3%

Wirral Any Sport

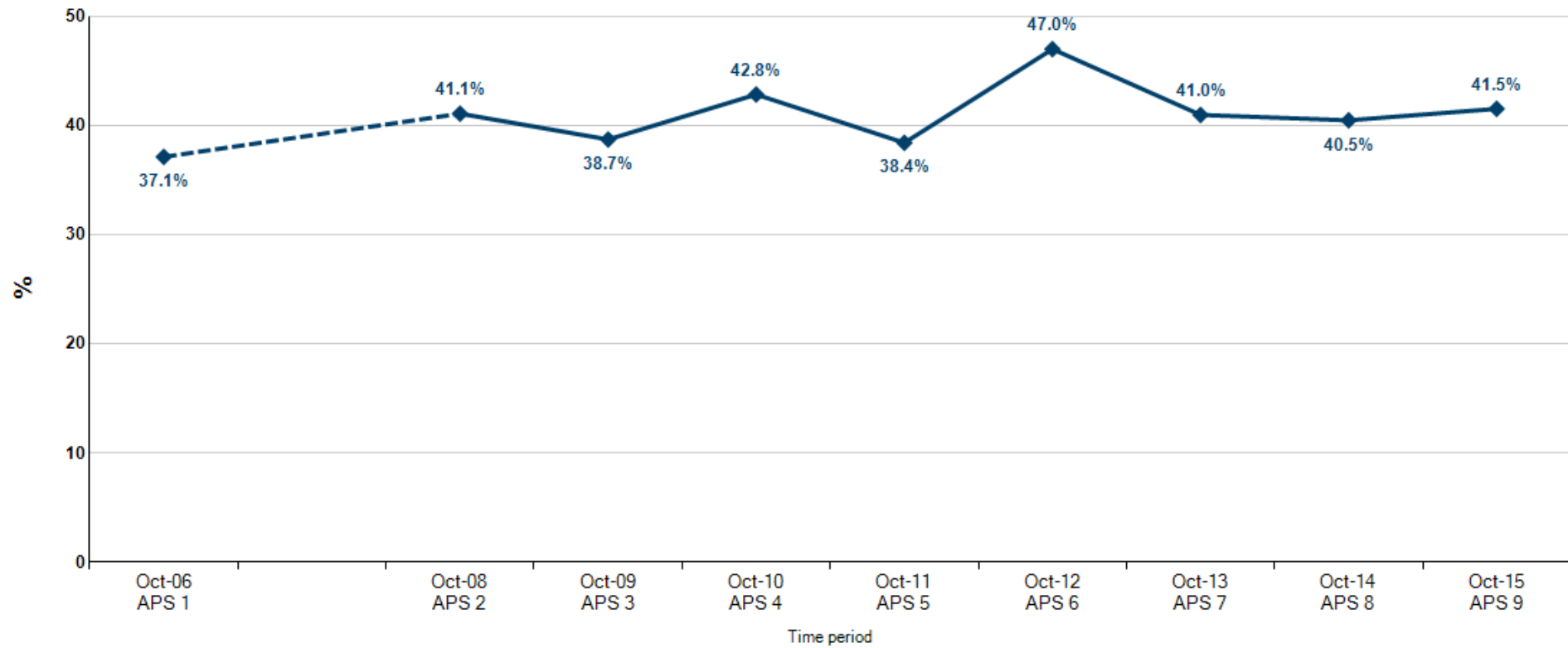
Male (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Male	52.9%	55.5%	60.9%	58.9%	59.0%	52.6%	53.9%	57.1%	55.6%

Wirral Any Sport

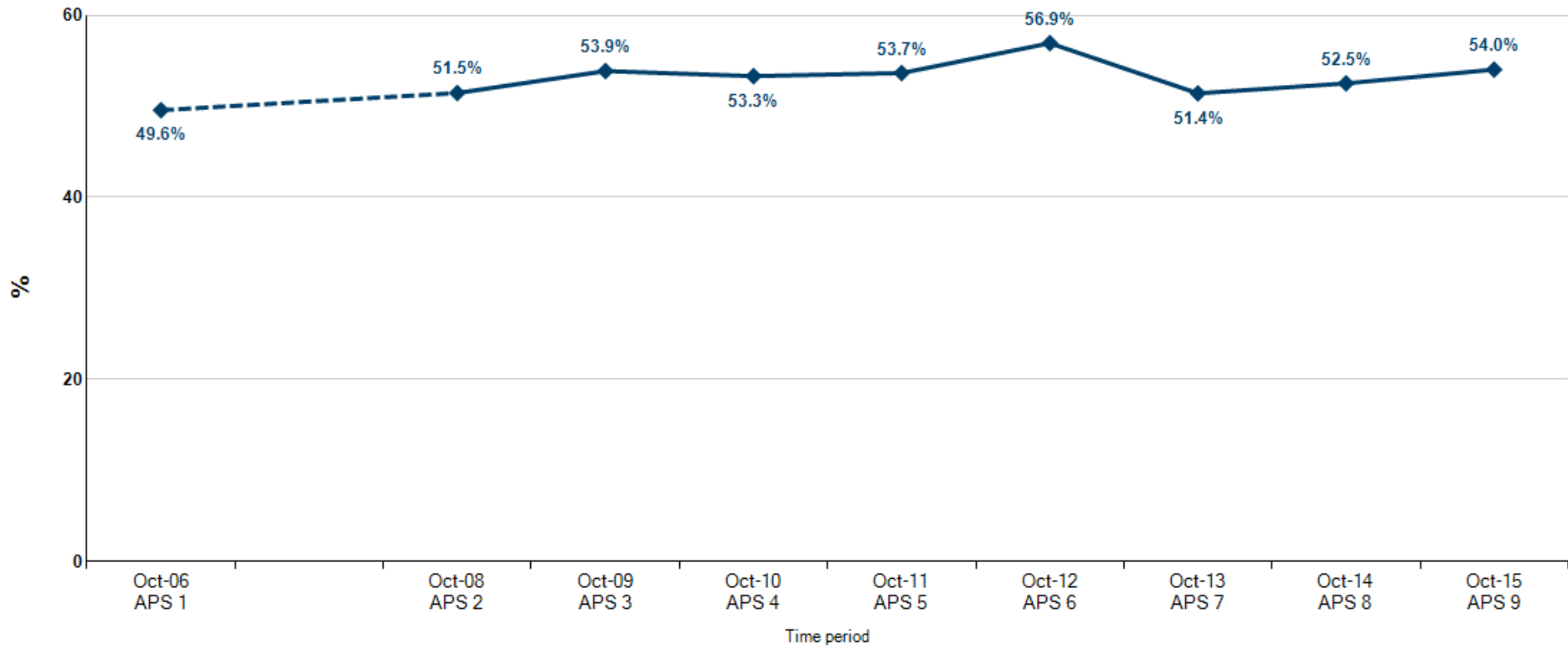
Female (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Female	37.1%	41.1%	38.7%	42.8%	38.4%	47.0%	41.0%	40.5%	41.5%

Wirral Any Sport

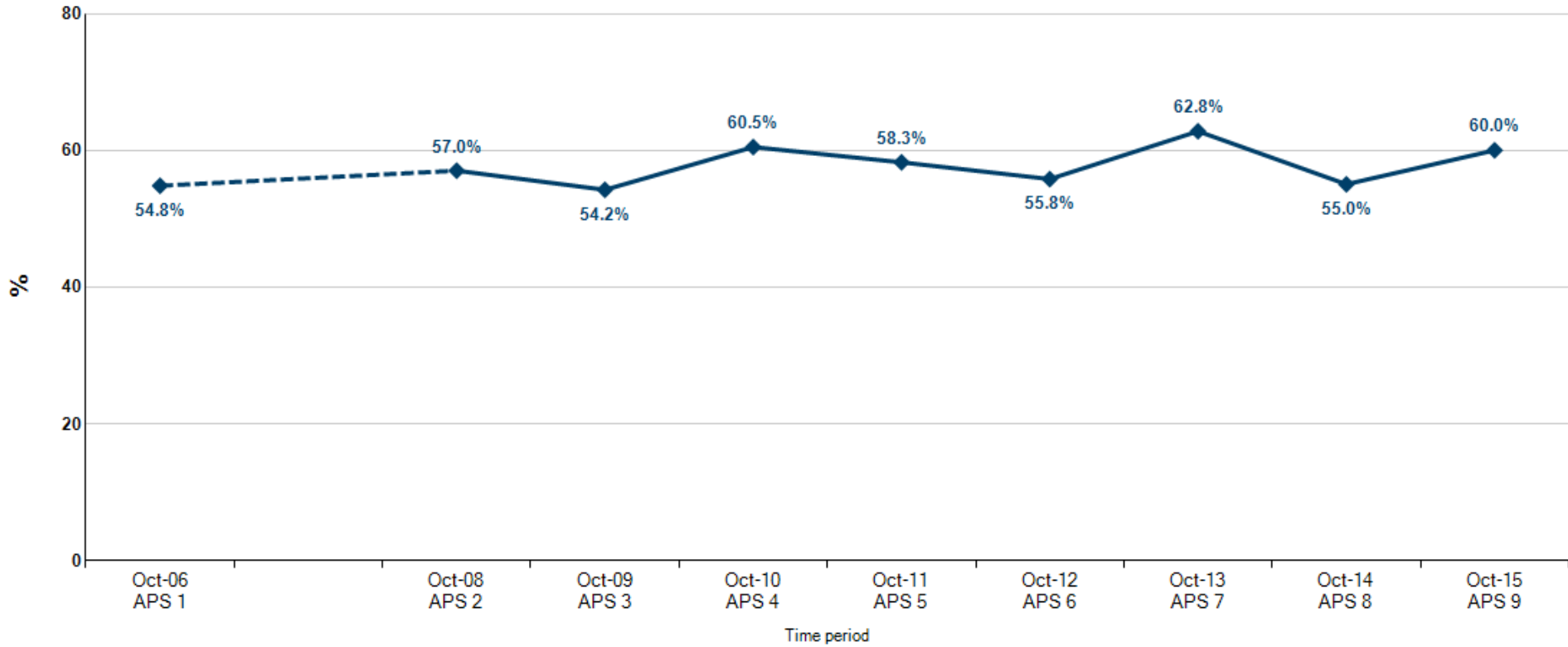
Non Disabled (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Disability	No limiting illness or disability	49.6%	51.5%	53.9%	53.3%	53.7%	56.9%	51.4%	52.5%	54.0%

Wirral Any Sport

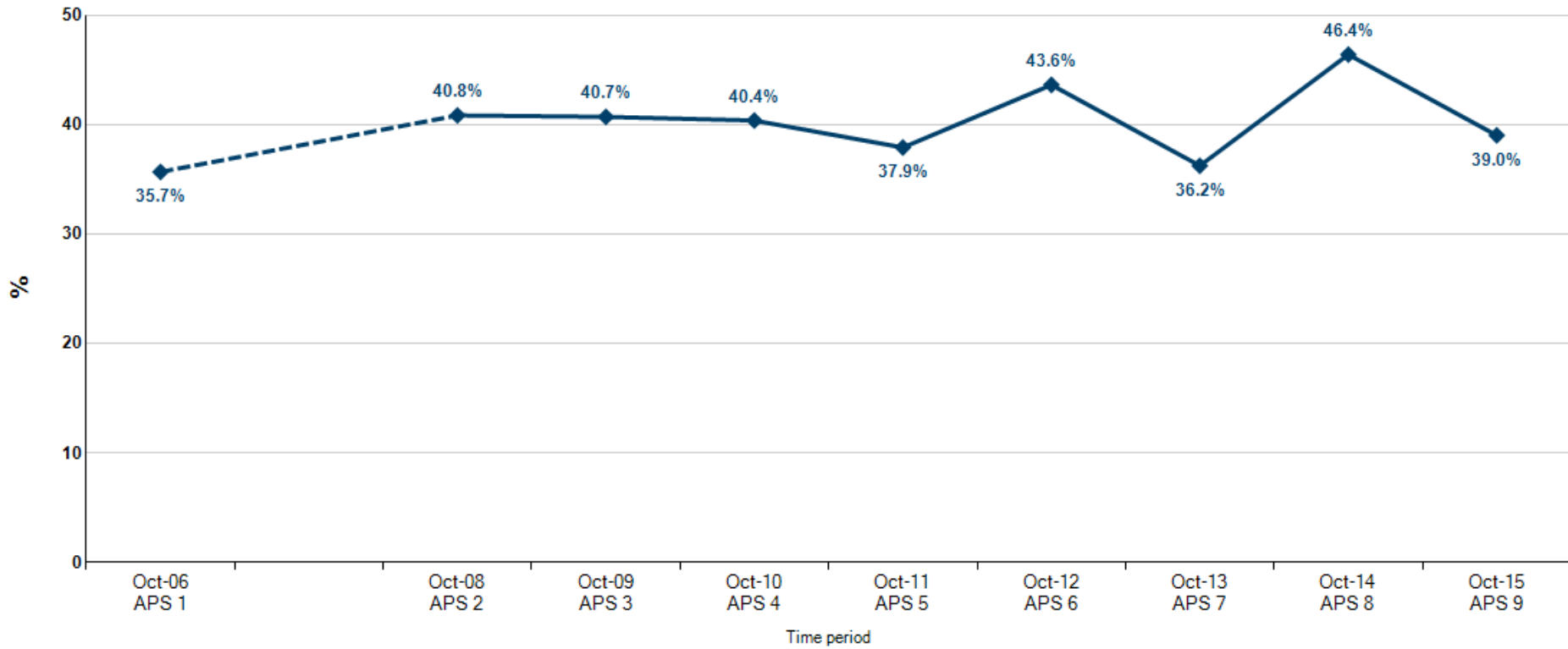
Full Time Work Status (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Work Status	Full time	54.8%	57.0%	54.2%	60.5%	58.3%	55.8%	62.8%	55.0%	60.0%

Wirral Any Sport

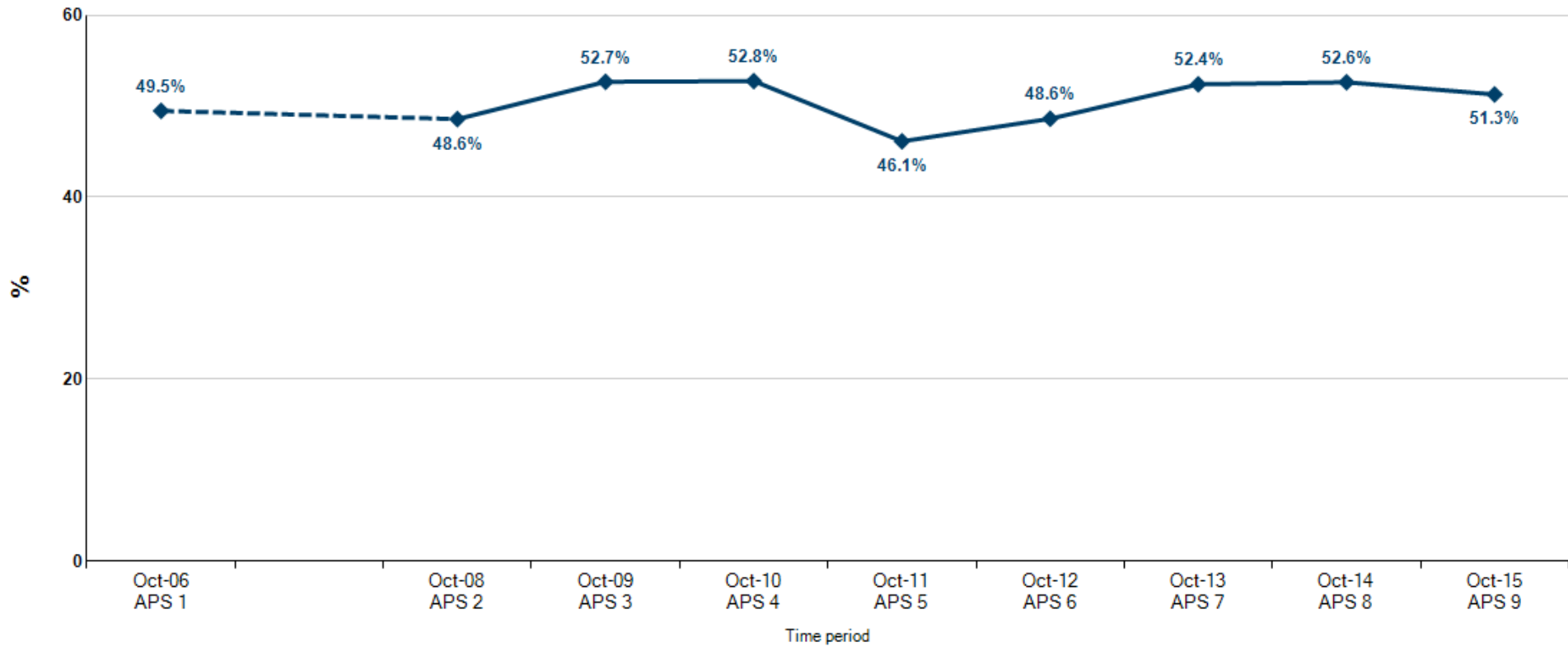
Other Work Status (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Work Status	Other	35.7%	40.8%	40.7%	40.4%	37.9%	43.6%	36.2%	46.4%	39.0%

Wirral Any Sport

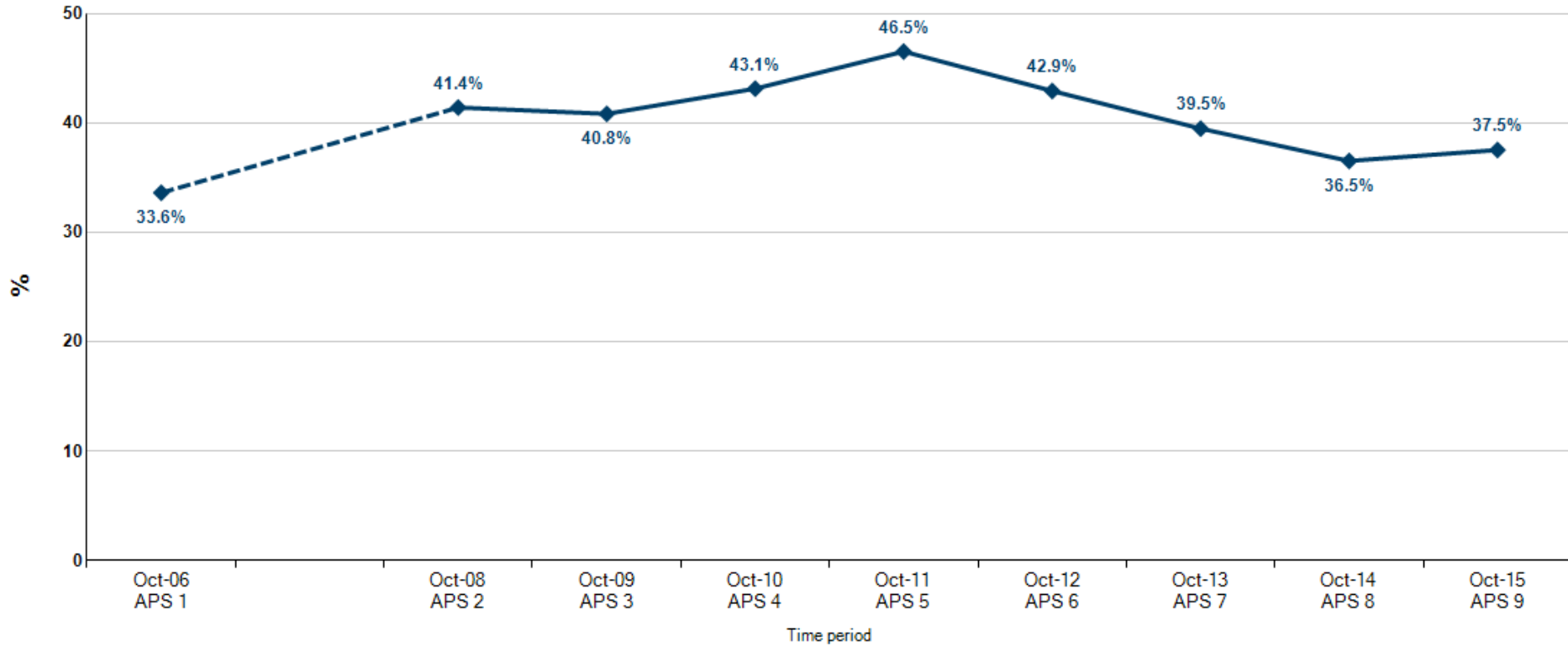
Social Grade 1-4(16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 1-4	49.5%	48.6%	52.7%	52.8%	46.1%	48.6%	52.4%	52.6%	51.3%

Wirral Any Sport

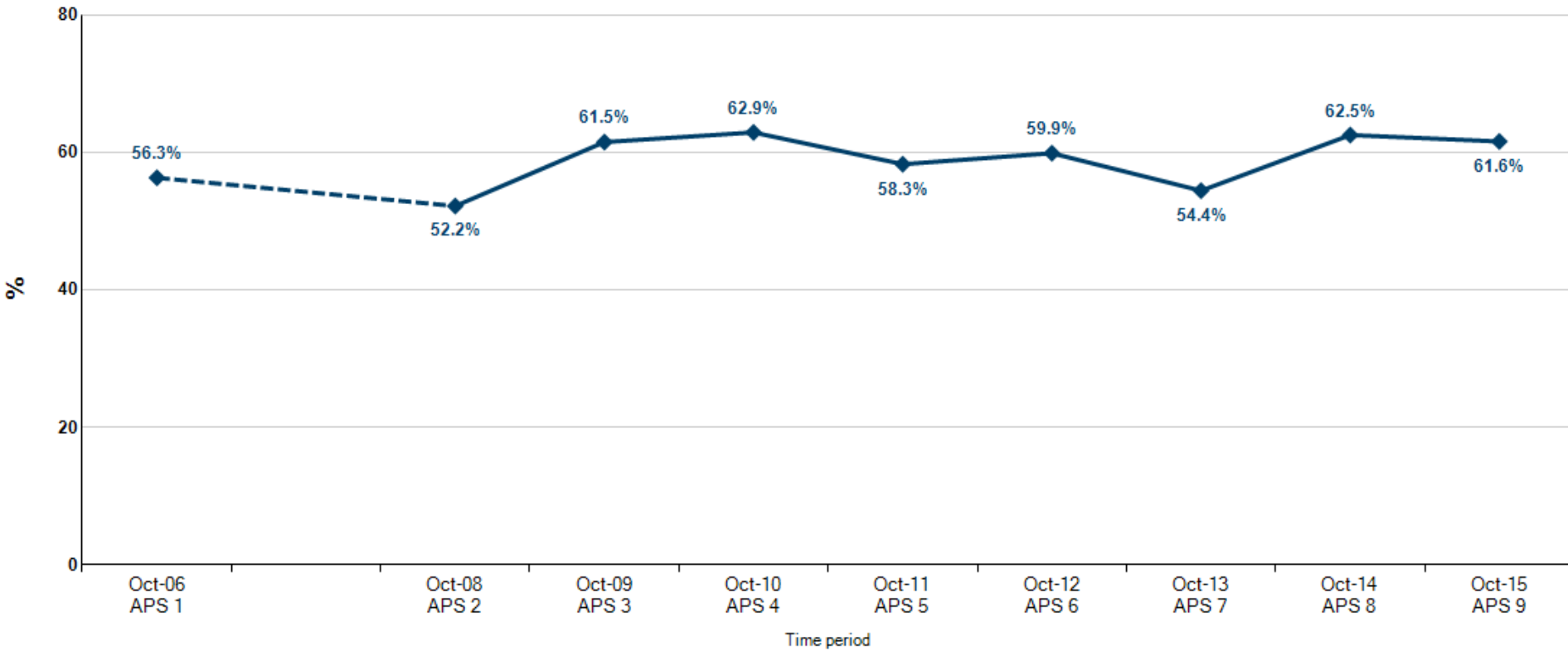
Social Grade 5-8 (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 5-8	33.6%	41.4%	40.8%	43.1%	46.5%	42.9%	39.5%	36.5%	37.5%

Wirral Any Sport

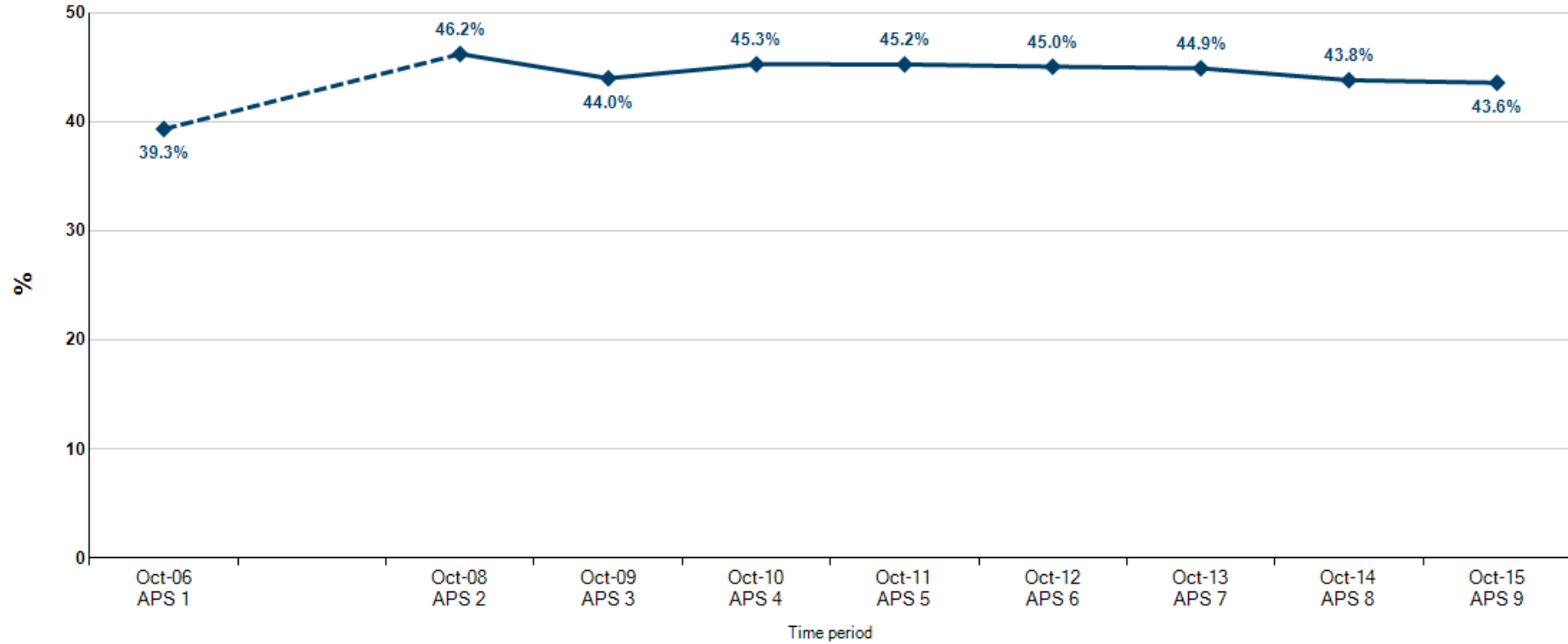
Have Children (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Children	Yes	56.3%	52.2%	61.5%	62.9%	58.3%	59.9%	54.4%	62.5%	61.6%

Wirral Any Sport

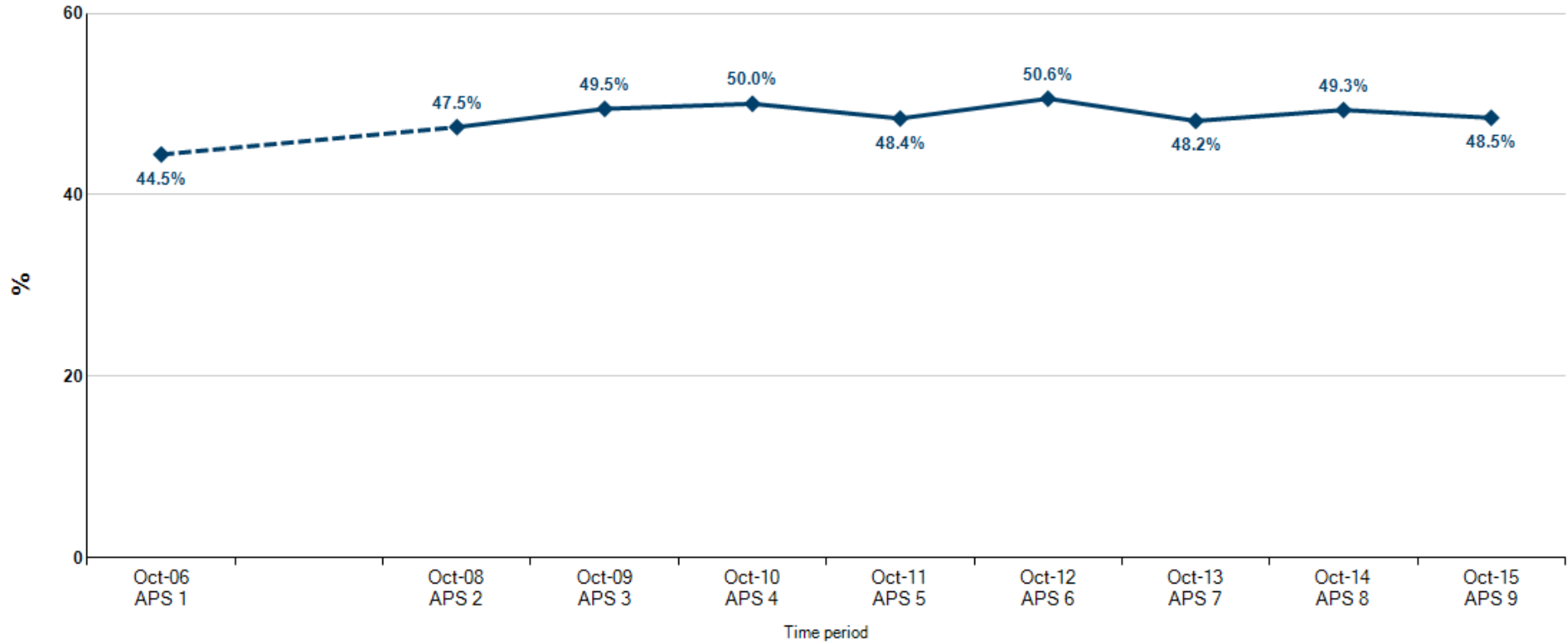
Don't Have Children (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Children	No	39.3%	46.2%	44.0%	45.3%	45.2%	45.0%	44.9%	43.8%	43.6%

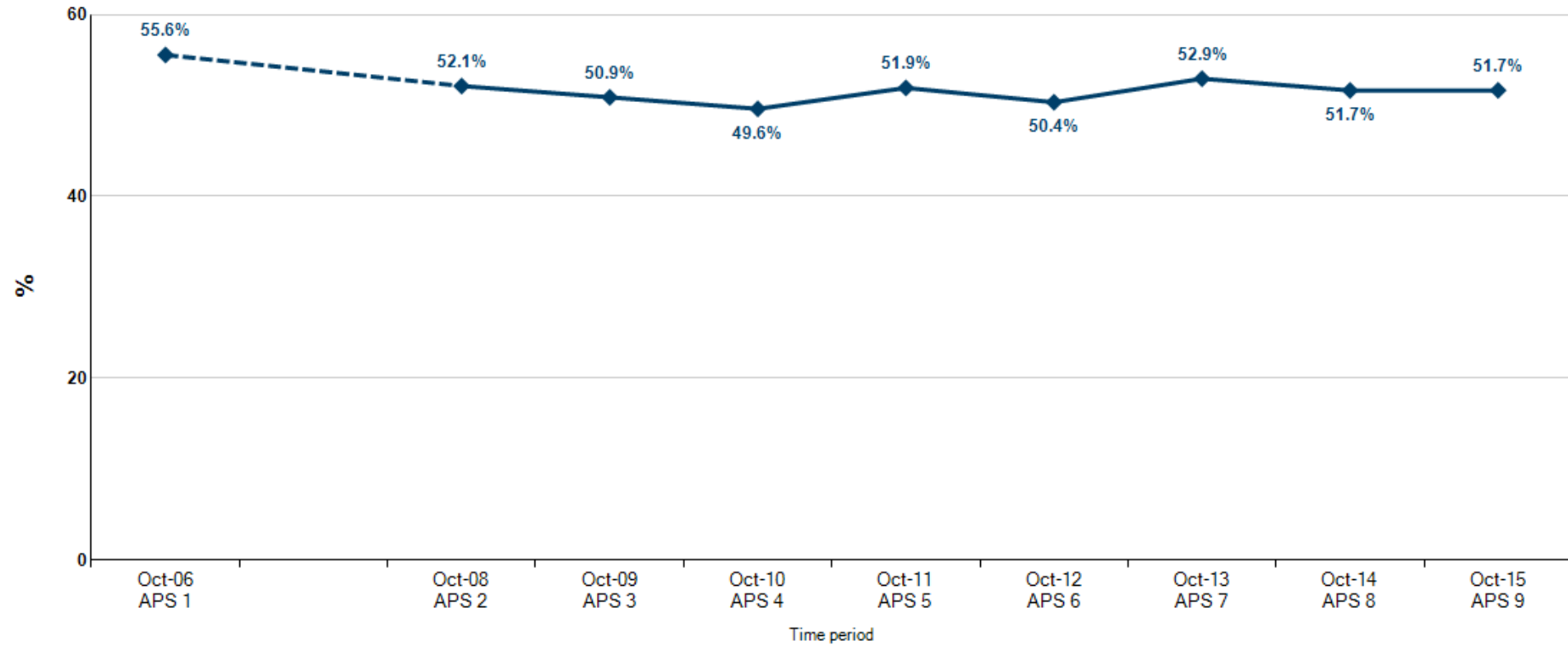
Wirral Any Sport

Ethnicity – White (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Ethnicity	White British	44.5%	47.5%	49.5%	50.0%	48.4%	50.6%	48.2%	49.3%	48.5%

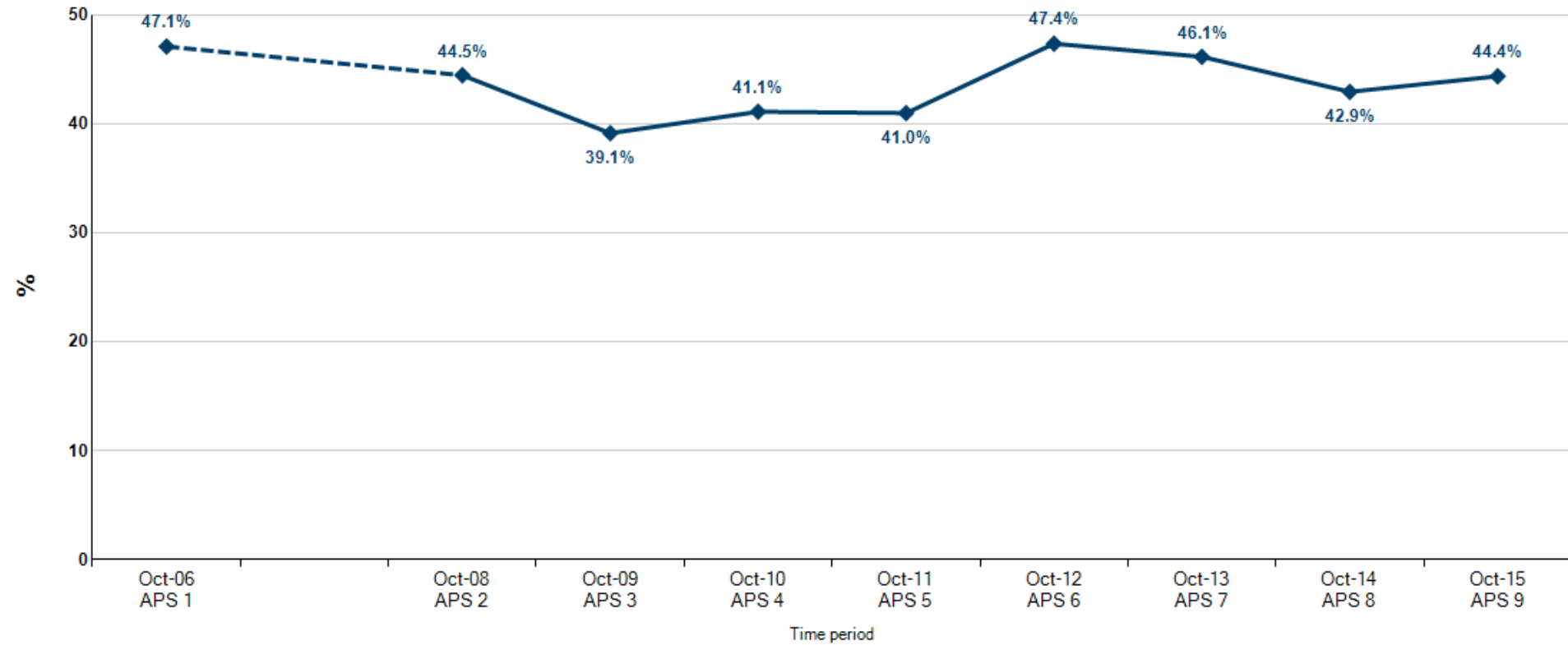
Wirral No Sport



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Measure	Sports participation - No sport	55.6%	52.1%	50.9%	49.6%	51.9%	50.4%	52.9%	51.7%	51.7%

Wirral No Sport

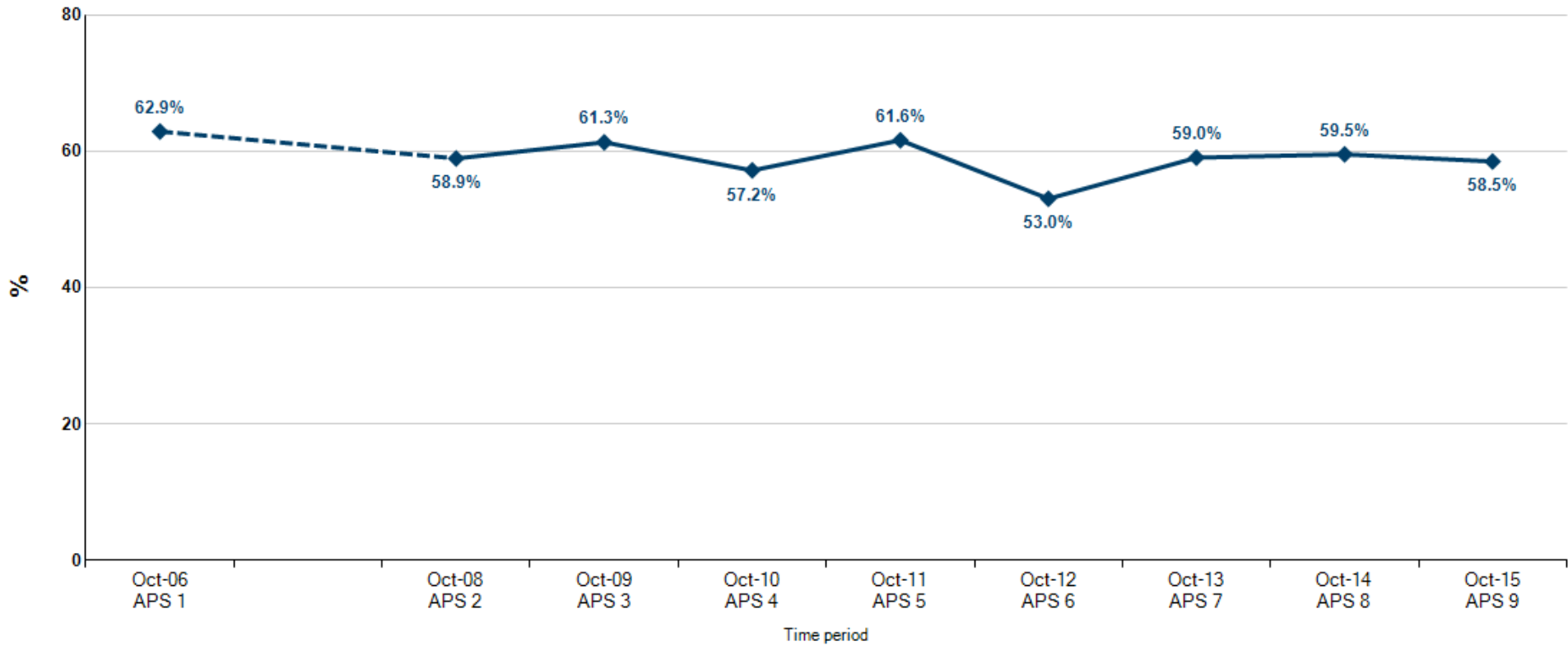
Male (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Male	47.1%	44.5%	39.1%	41.1%	41.0%	47.4%	46.1%	42.9%	44.4%

Wirral No Sport

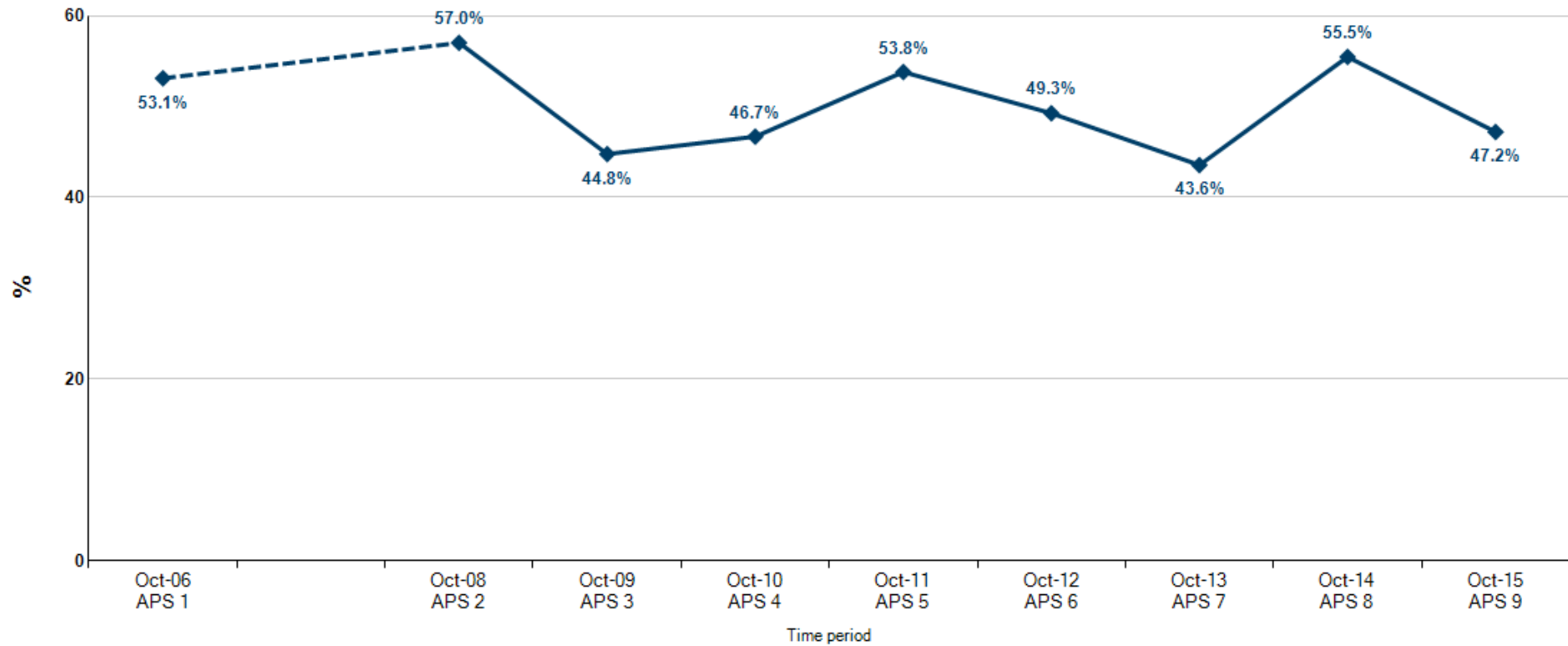
Female (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Gender	Female	62.9%	58.9%	61.3%	57.2%	61.6%	53.0%	59.0%	59.5%	58.5%

Wirral No Sport

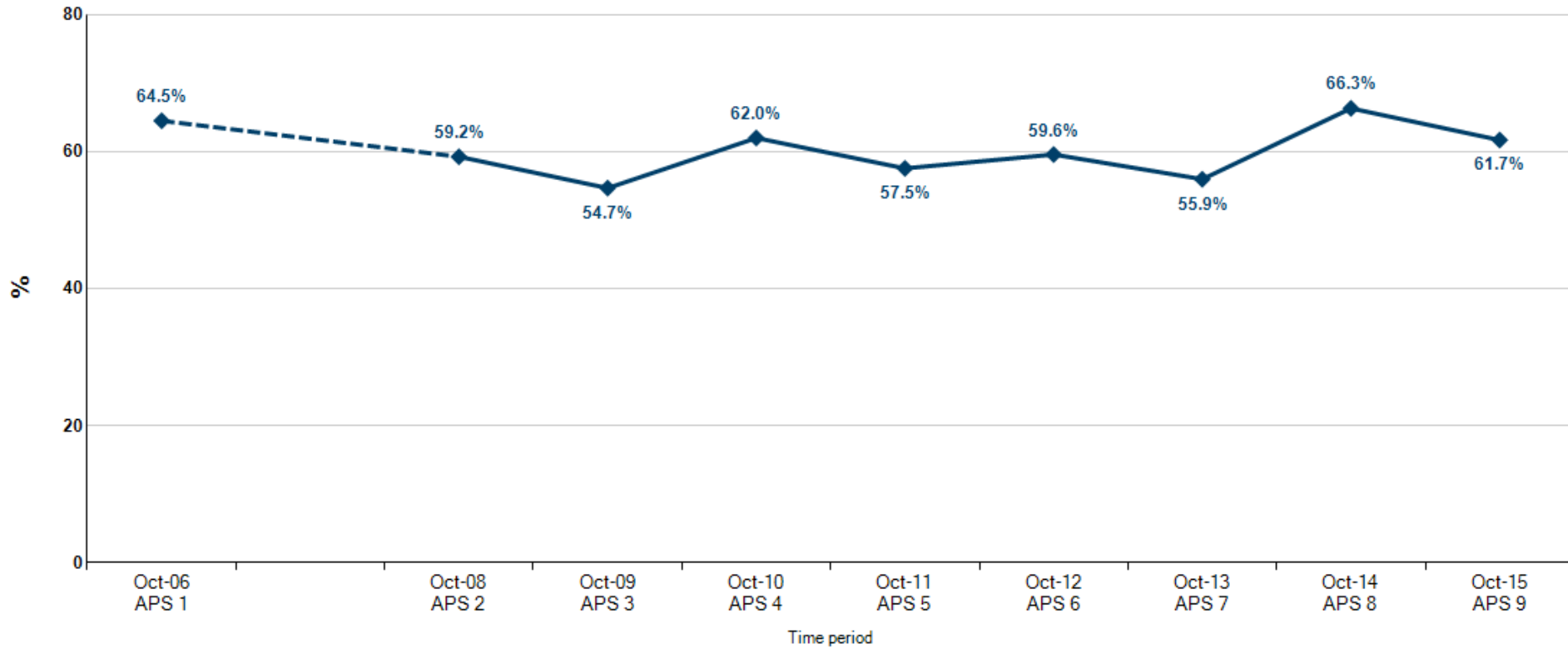
Age 45 - 54



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Age Range	45 - 54	53.1%	57.0%	44.8%	46.7%	53.8%	49.3%	43.6%	55.5%	47.2%

Wirral No Sport

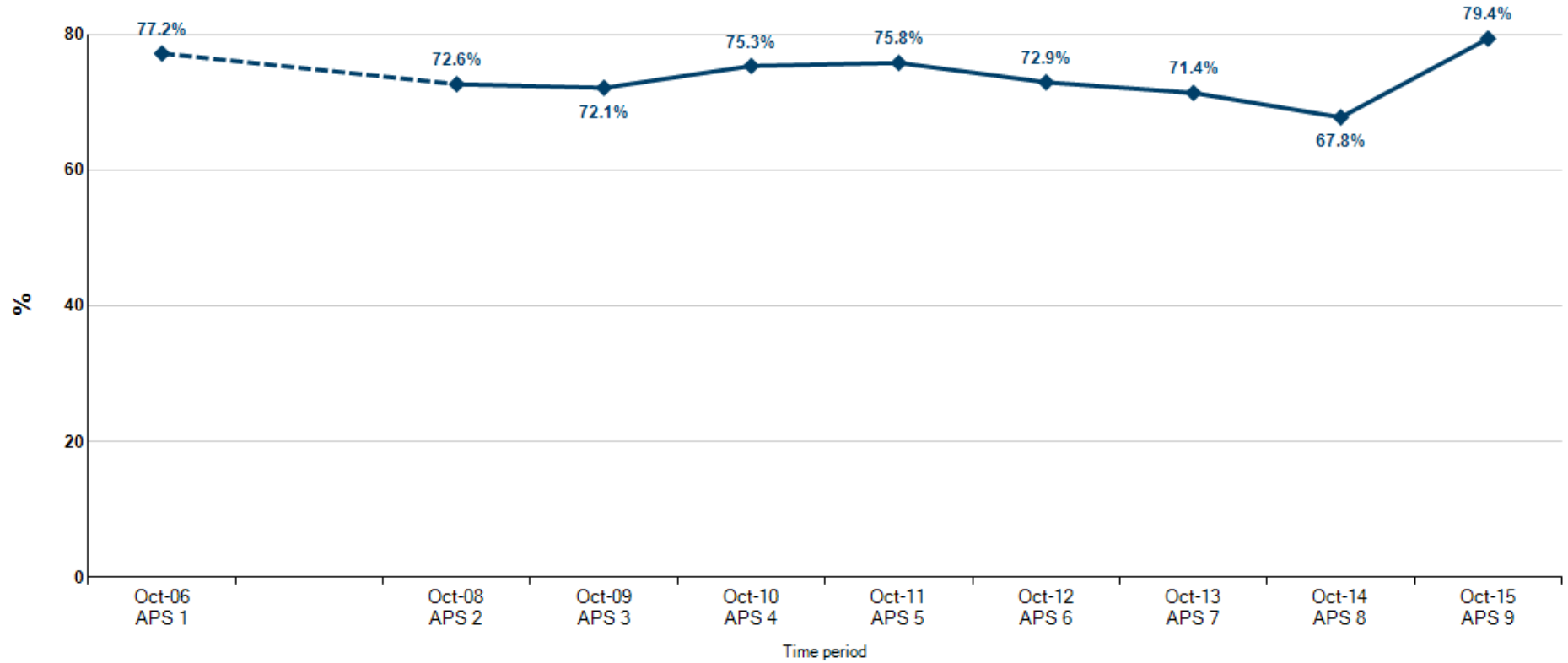
Age 55 - 64



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Age Range	55 - 64	64.5%	59.2%	54.7%	62.0%	57.5%	59.6%	55.9%	66.3%	61.7%

Wirral No Sport

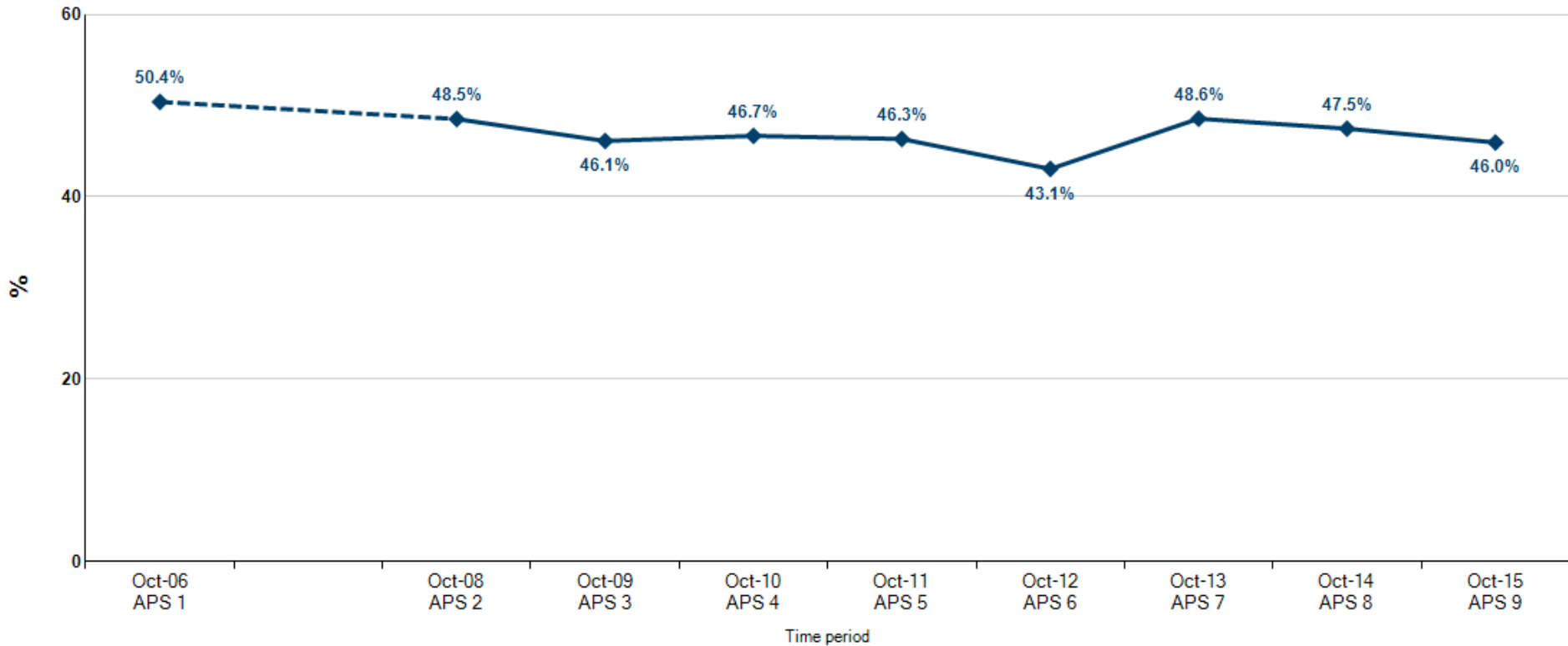
Age 65+



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Age Range	65 and over	77.2%	72.6%	72.1%	75.3%	75.8%	72.9%	71.4%	67.8%	79.4%

Wirral No Sport

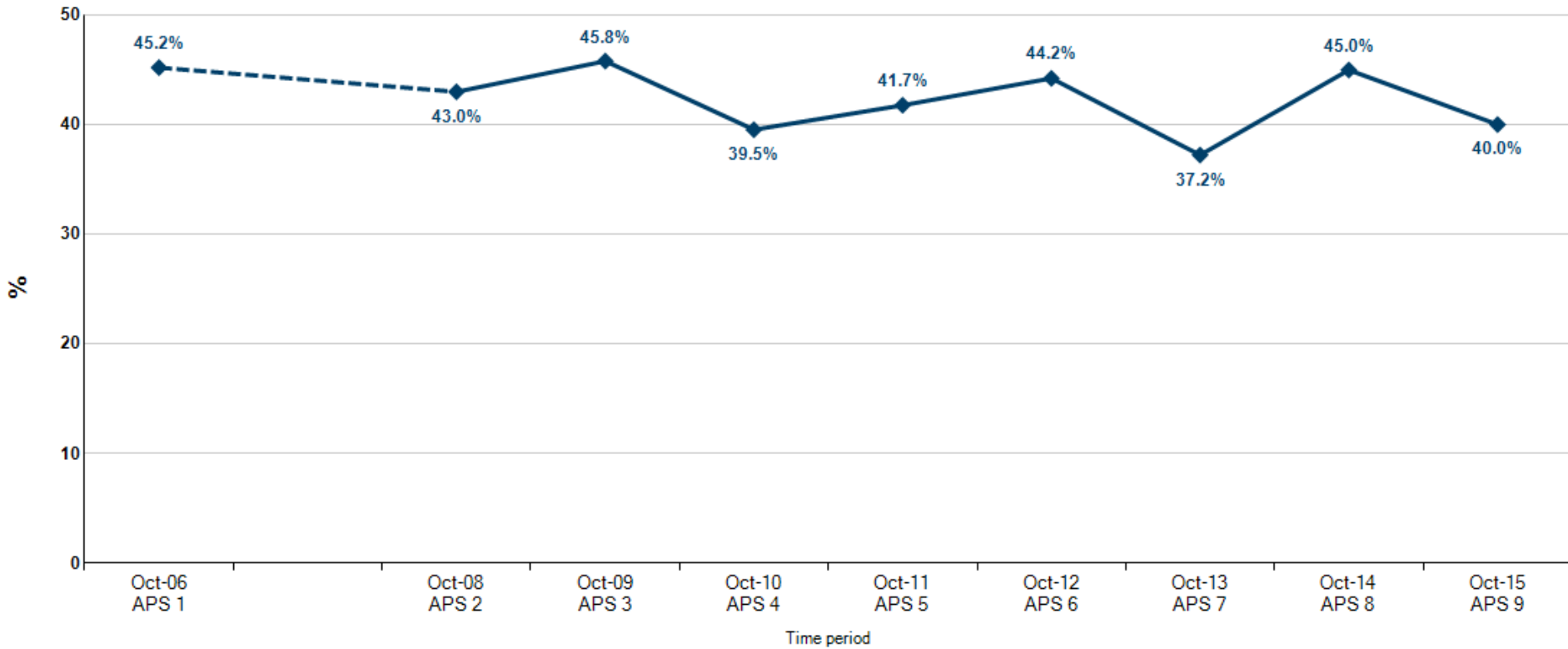
Non Disabled (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Disability	No limiting illness or disability	50.4%	48.5%	46.1%	46.7%	46.3%	43.1%	48.6%	47.5%	46.0%

Wirral No Sport

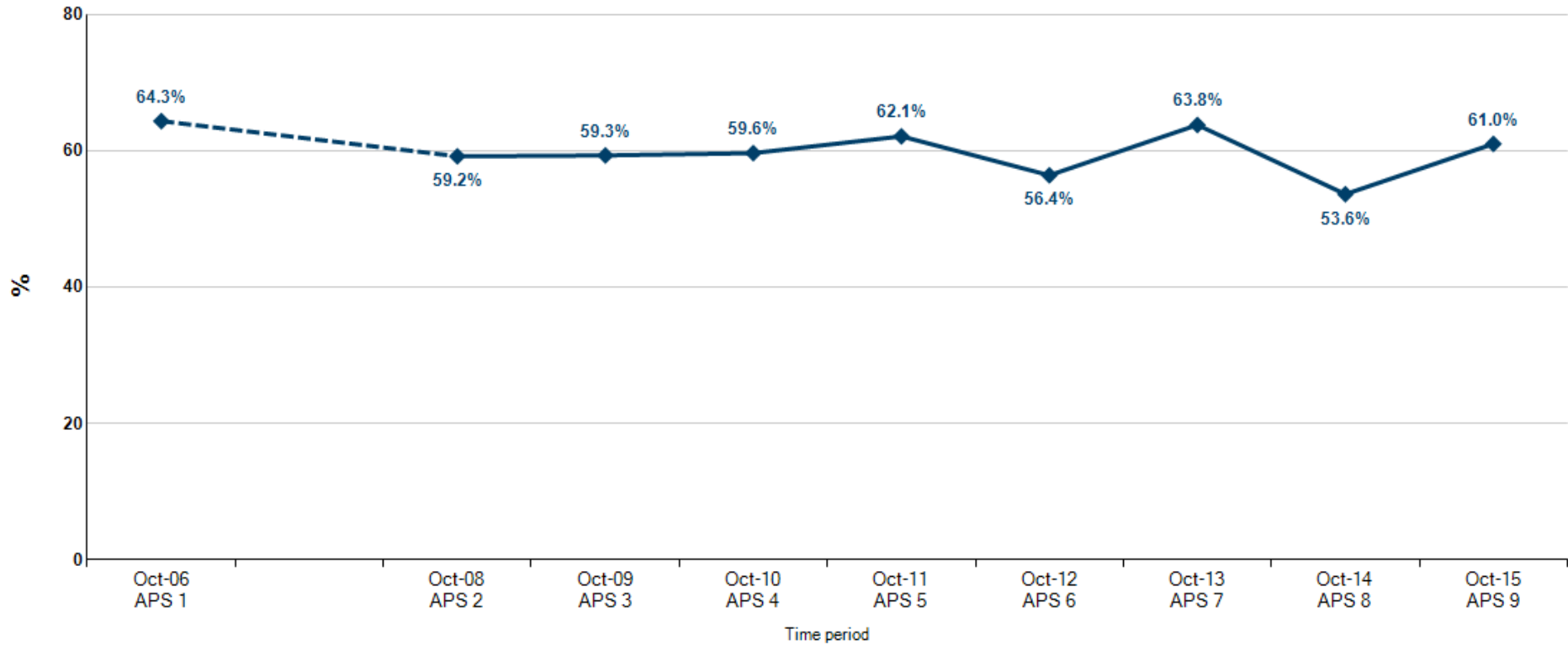
Full Time Work Status (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Work Status	Full time	45.2%	43.0%	45.8%	39.5%	41.7%	44.2%	37.2%	45.0%	40.0%

Wirral No Sport

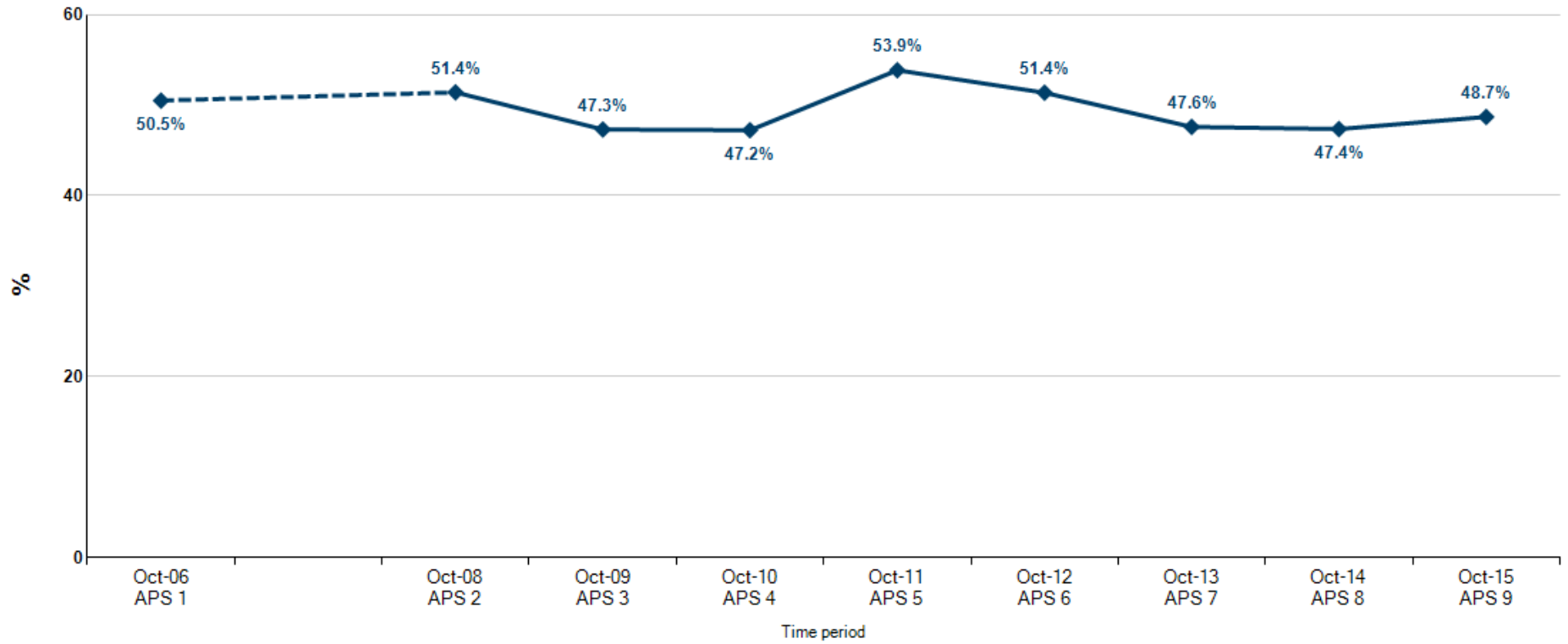
Other Work Status (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Work Status	Other	64.3%	59.2%	59.3%	59.6%	62.1%	56.4%	63.8%	53.6%	61.0%

Wirral No Sport

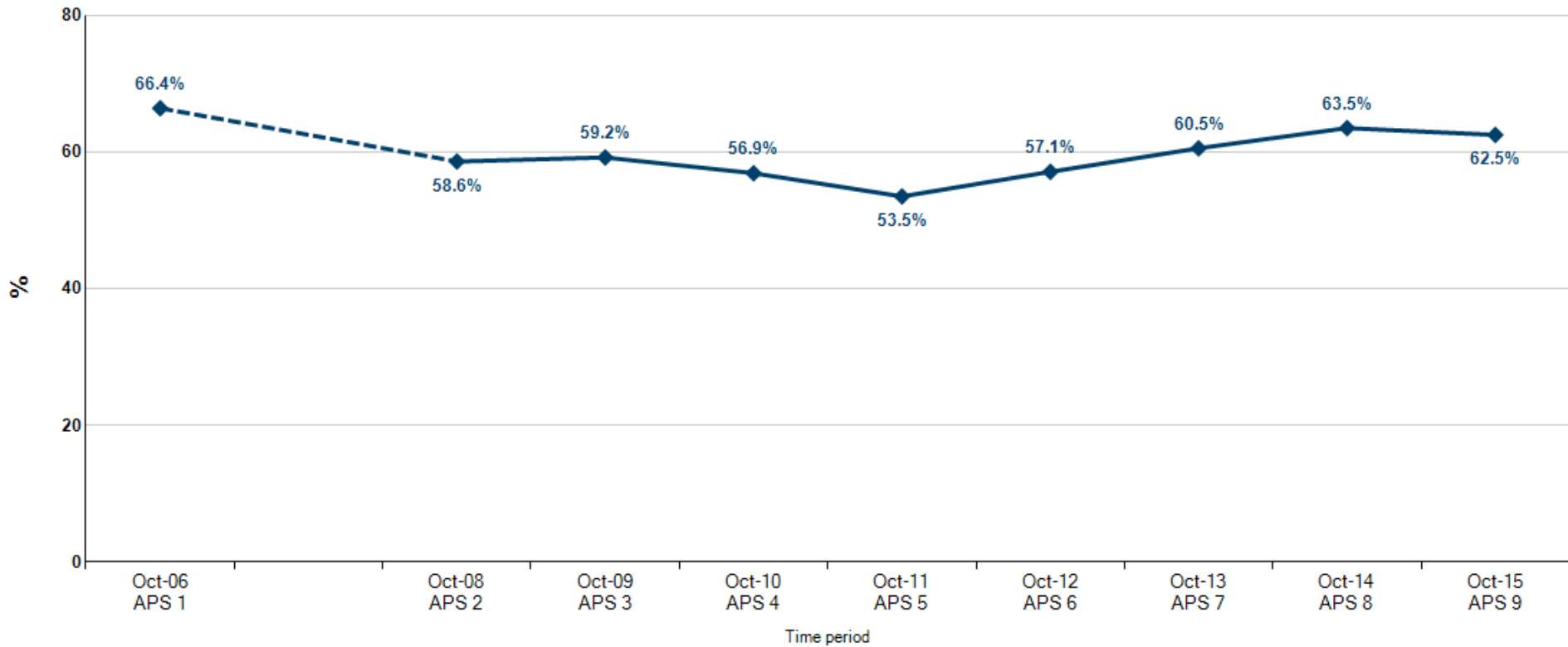
Social Grade 1-4(16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 1-4	50.5%	51.4%	47.3%	47.2%	53.9%	51.4%	47.6%	47.4%	48.7%

Wirral No Sport

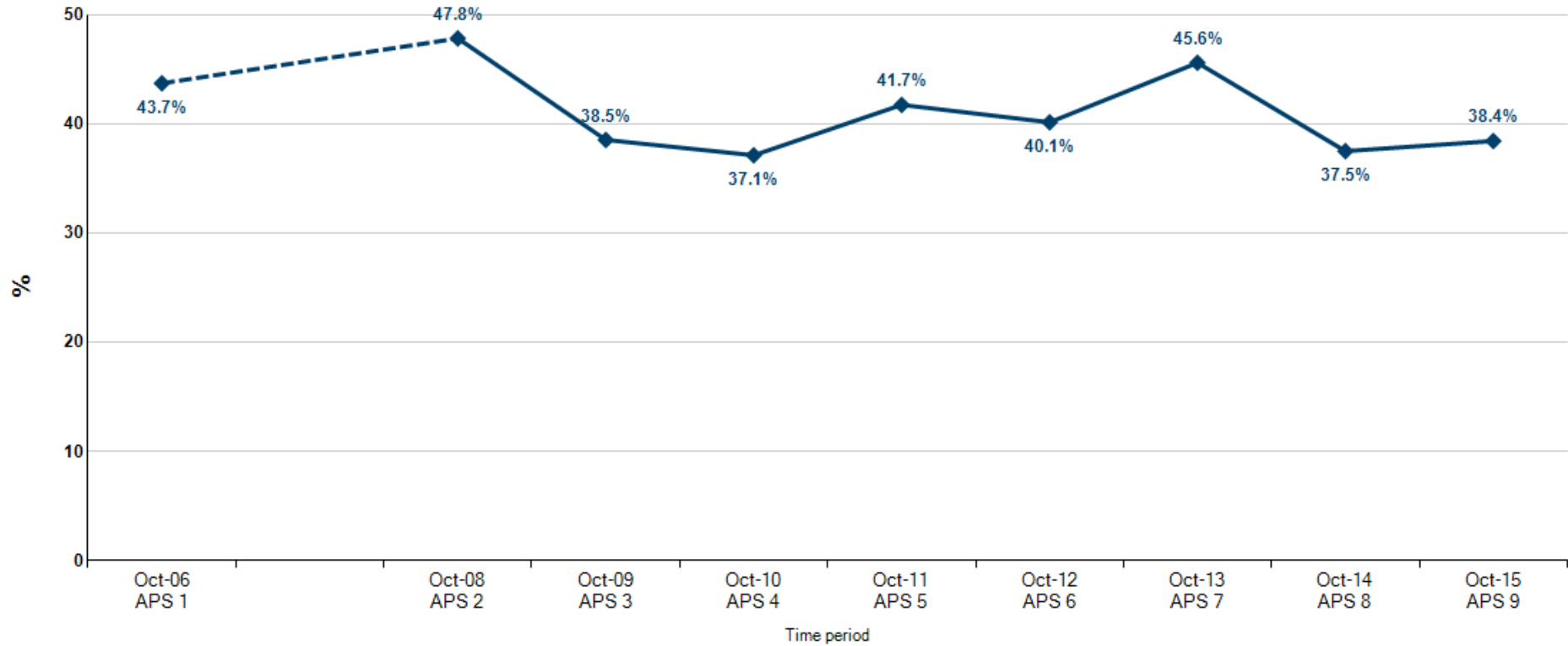
Social Grade 5-8 (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Social Grade	NS SEC 5-8	66.4%	58.6%	59.2%	56.9%	53.5%	57.1%	60.5%	63.5%	62.5%

Wirral No Sport

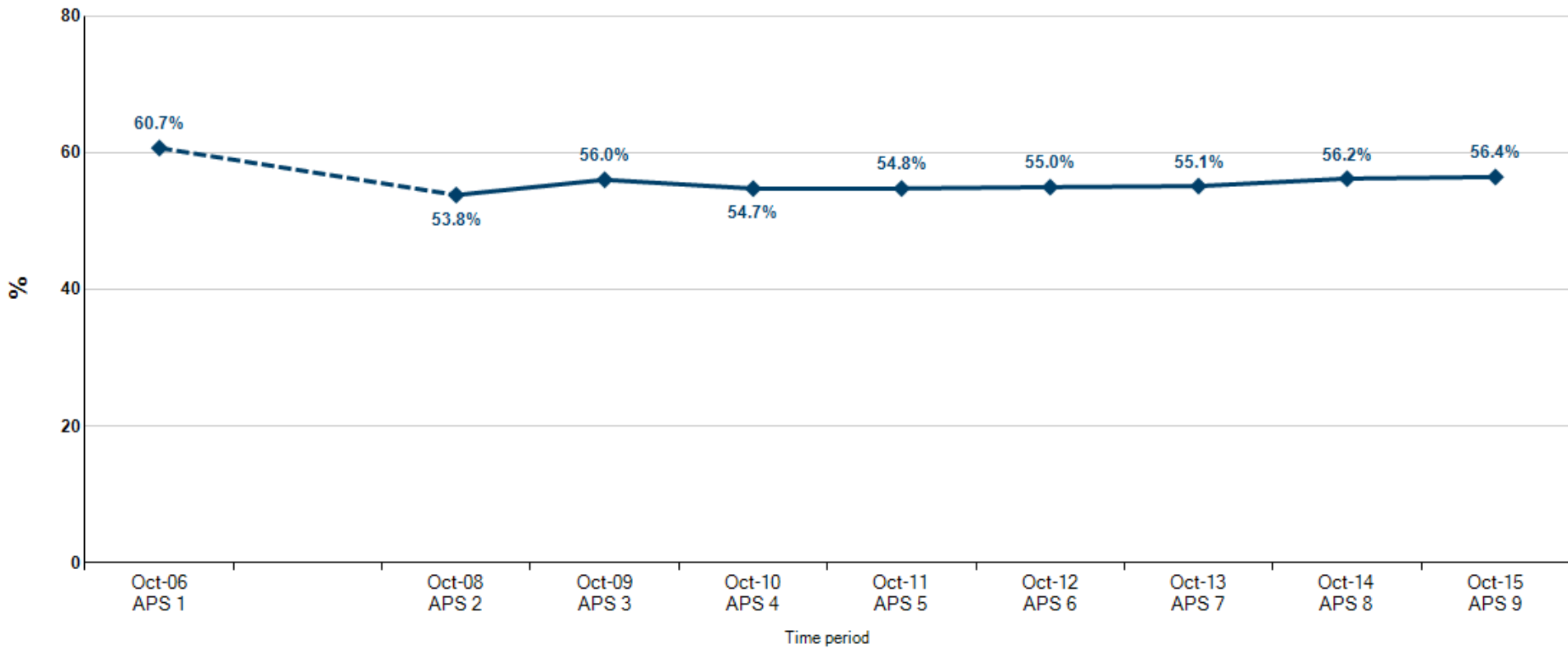
Have Children (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Children	Yes	43.7%	47.8%	38.5%	37.1%	41.7%	40.1%	45.6%	37.5%	38.4%

Wirral No Sport

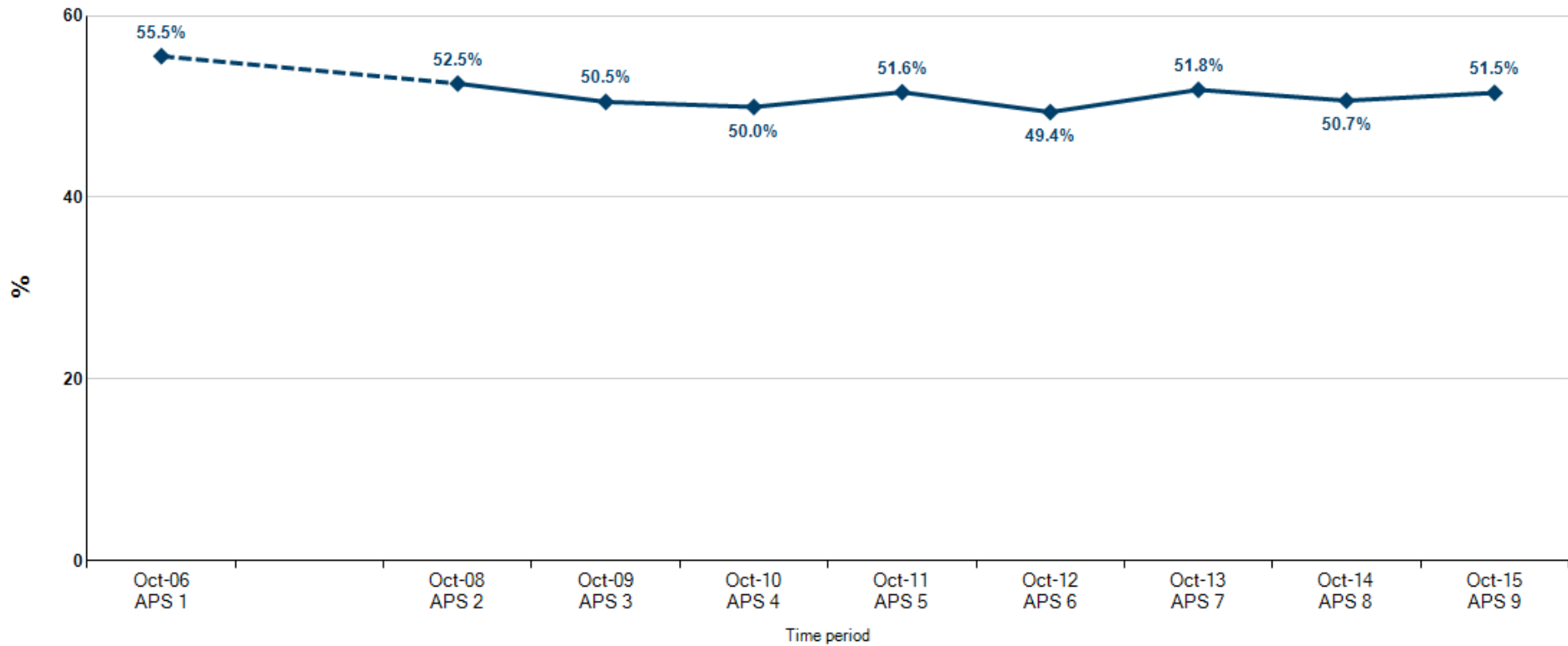
Don't Have Children (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Children	No	60.7%	53.8%	56.0%	54.7%	54.8%	55.0%	55.1%	56.2%	56.4%

Wirral No Sport

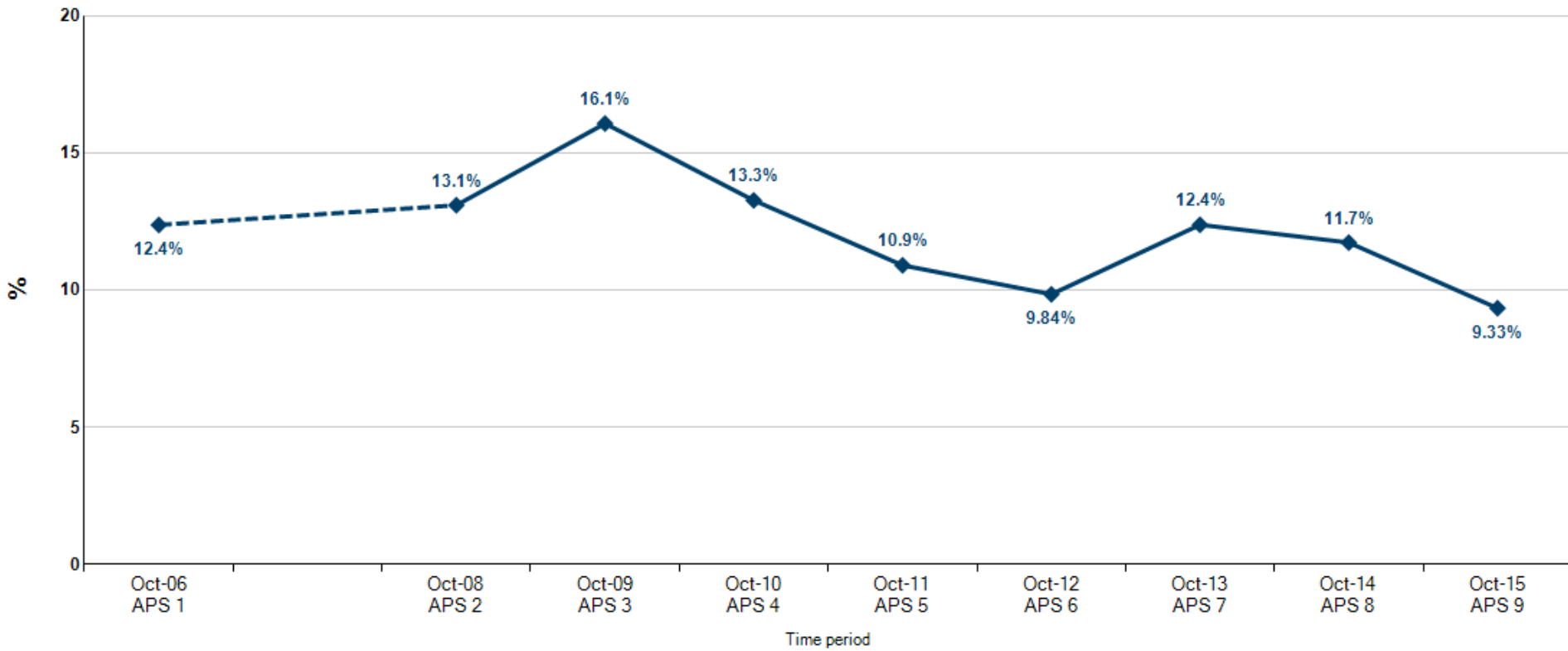
Ethnicity – White (16+)



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Ethnicity	White British	55.5%	52.5%	50.5%	50.0%	51.6%	49.4%	51.8%	50.7%	51.5%

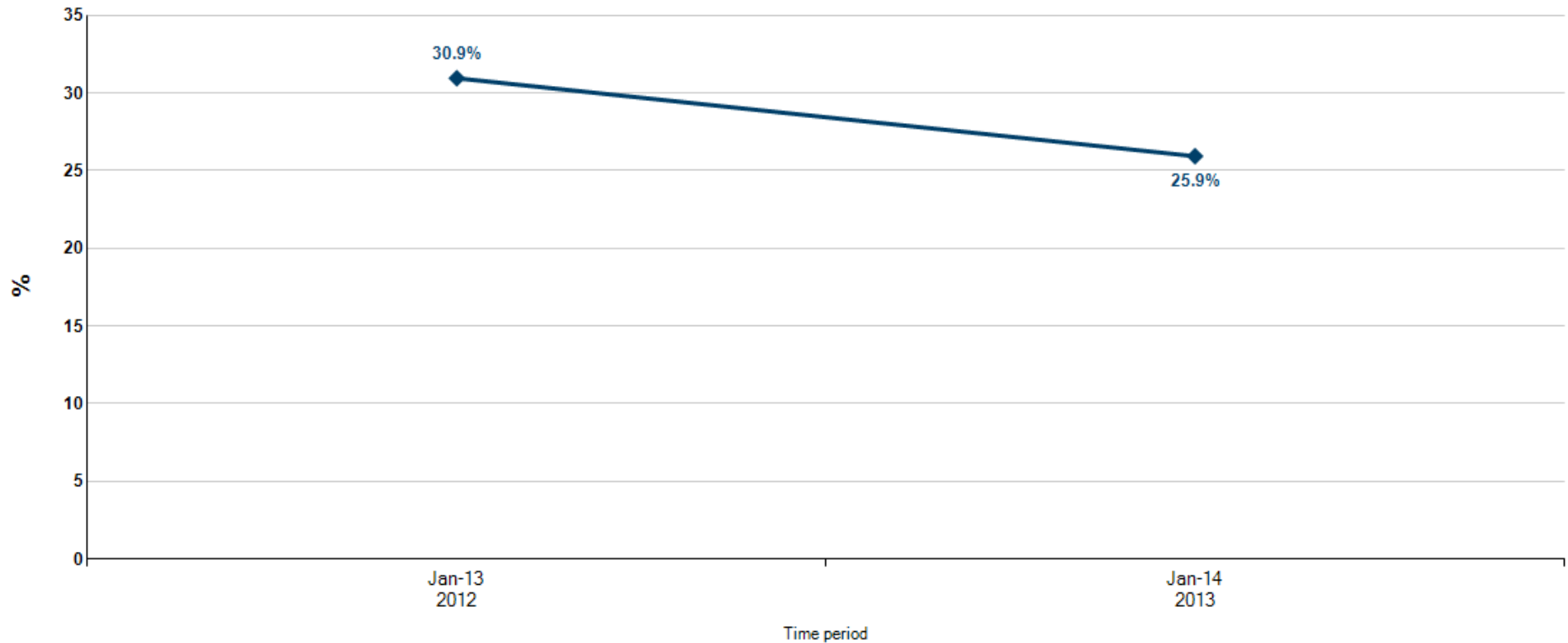
Wirral Any Sport

Swimming



		Time period								
		2005/06 (APS1)	2007/08 (APS2)	2008/09 (APS3)	2009/10 (APS4)	2010/11 (APS5)	2011/12 (APS6)	2012/13 (APS7)	2013/14 (APS8)	2014/15 (APS9)
Geography	Wirral	12.4%	13.1%	16.1%	13.3%	10.9%	9.84%	12.4%	11.7%	9.33%

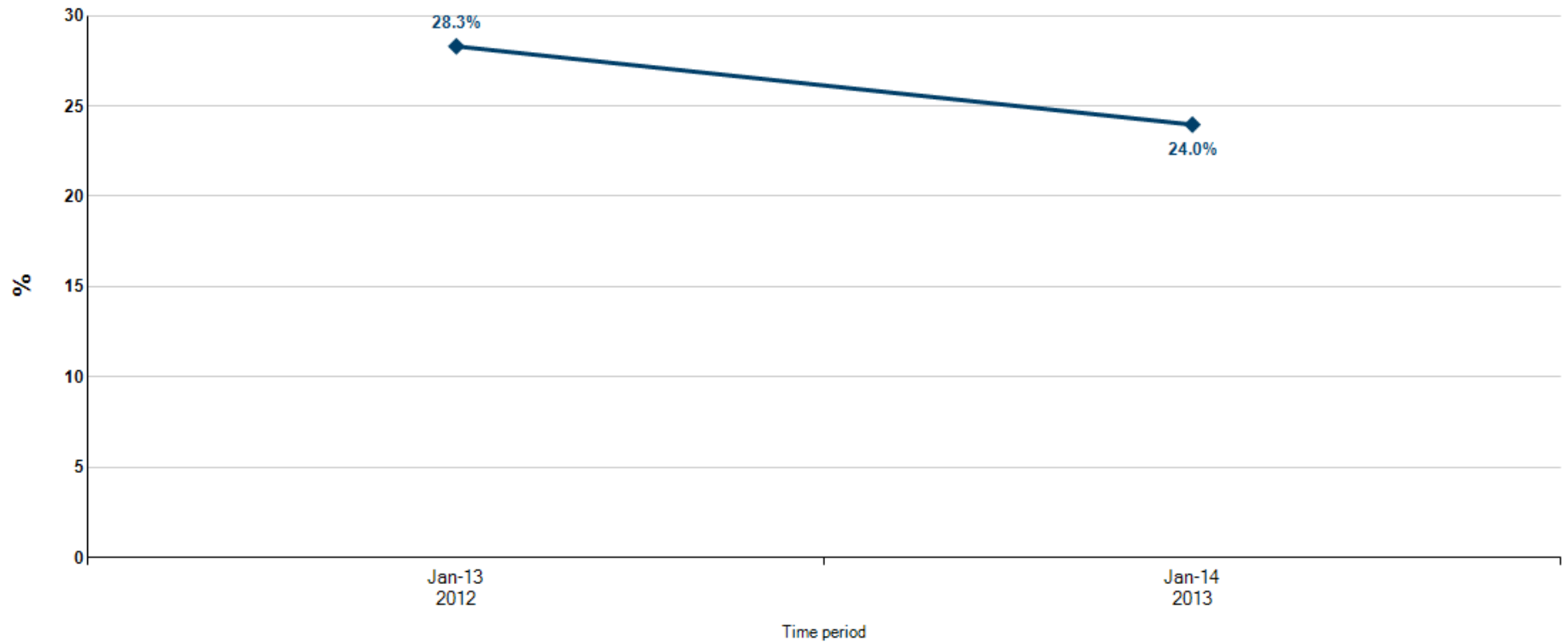
Wirral – Physical Activity, Inactive



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Measure	Inactive	30.9%	25.9%

Wirral – Physical Activity, Inactive

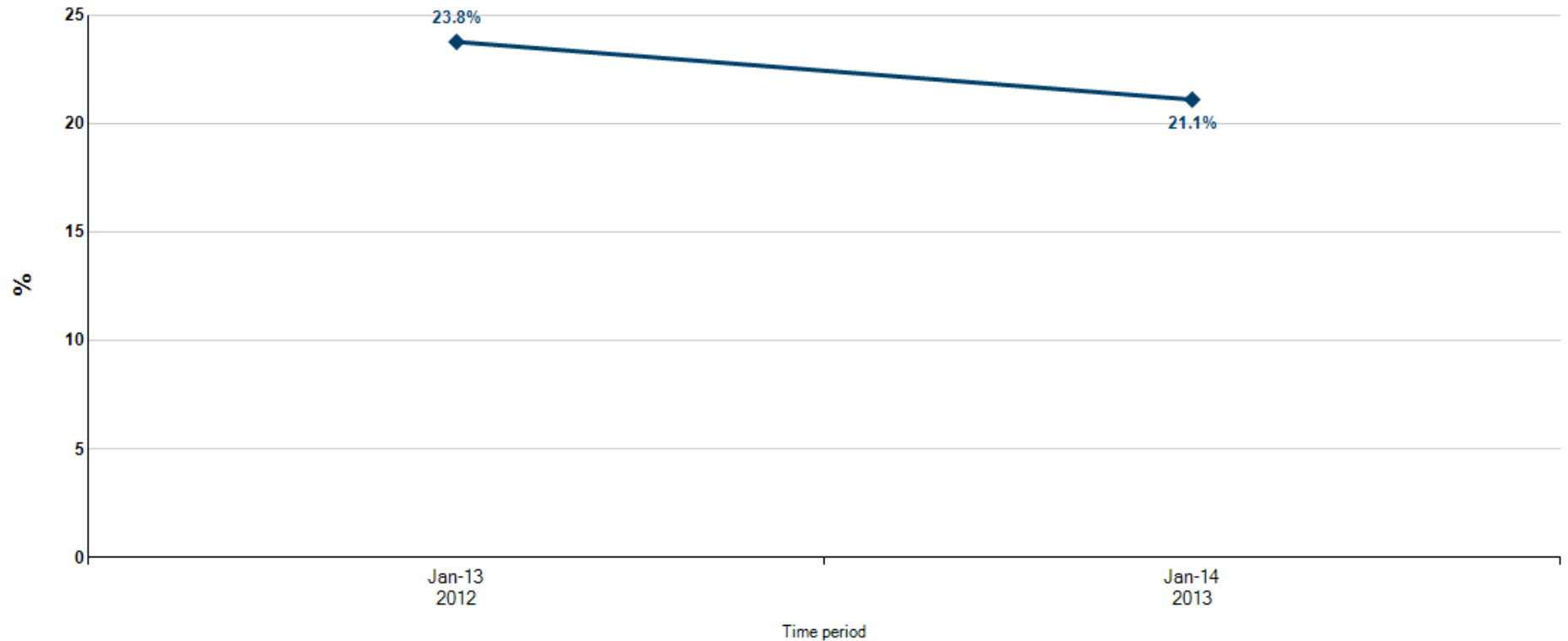
0 Minutes



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Measure	Inactive - 0 MVPA	28.3%	24.0%

Wirral – Physical Activity, Inactive

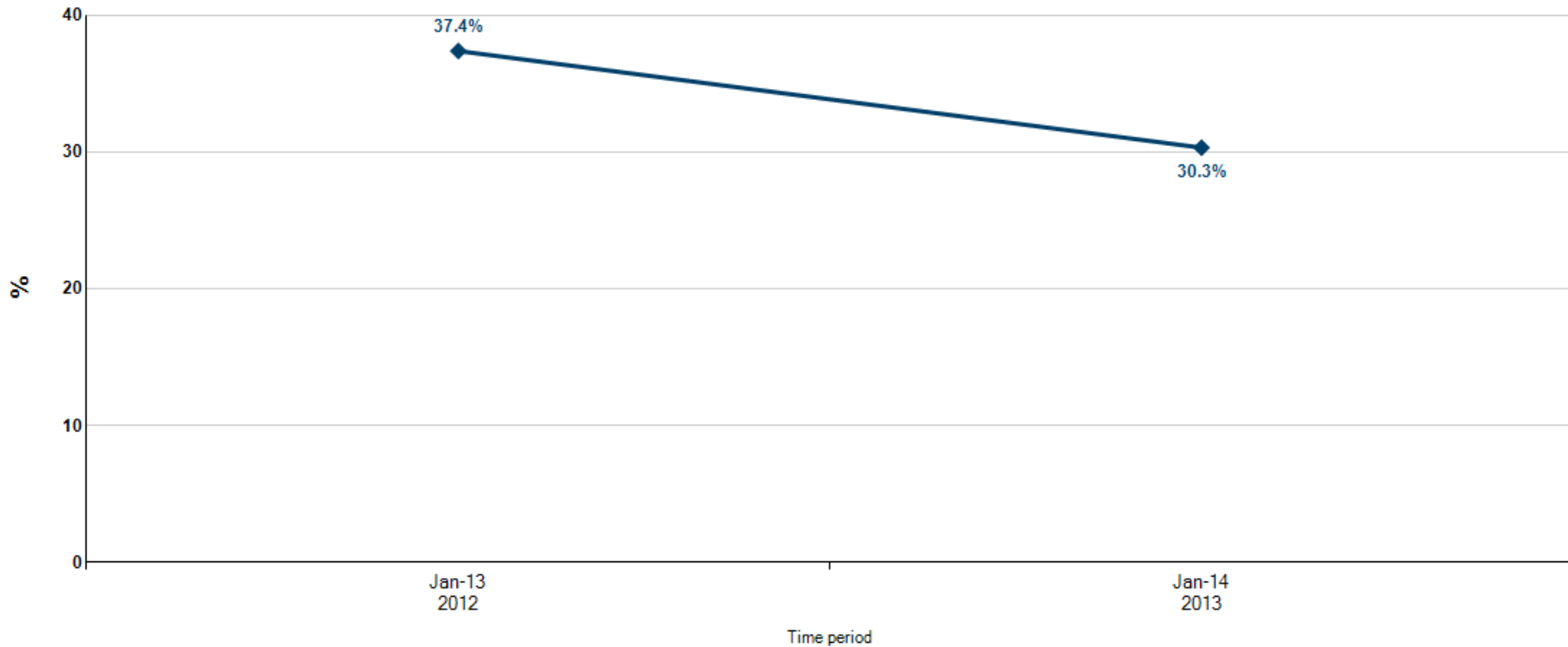
Males 16+



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Gender	Male	23.8%	21.1%

Wirral – Physical Activity, Inactive

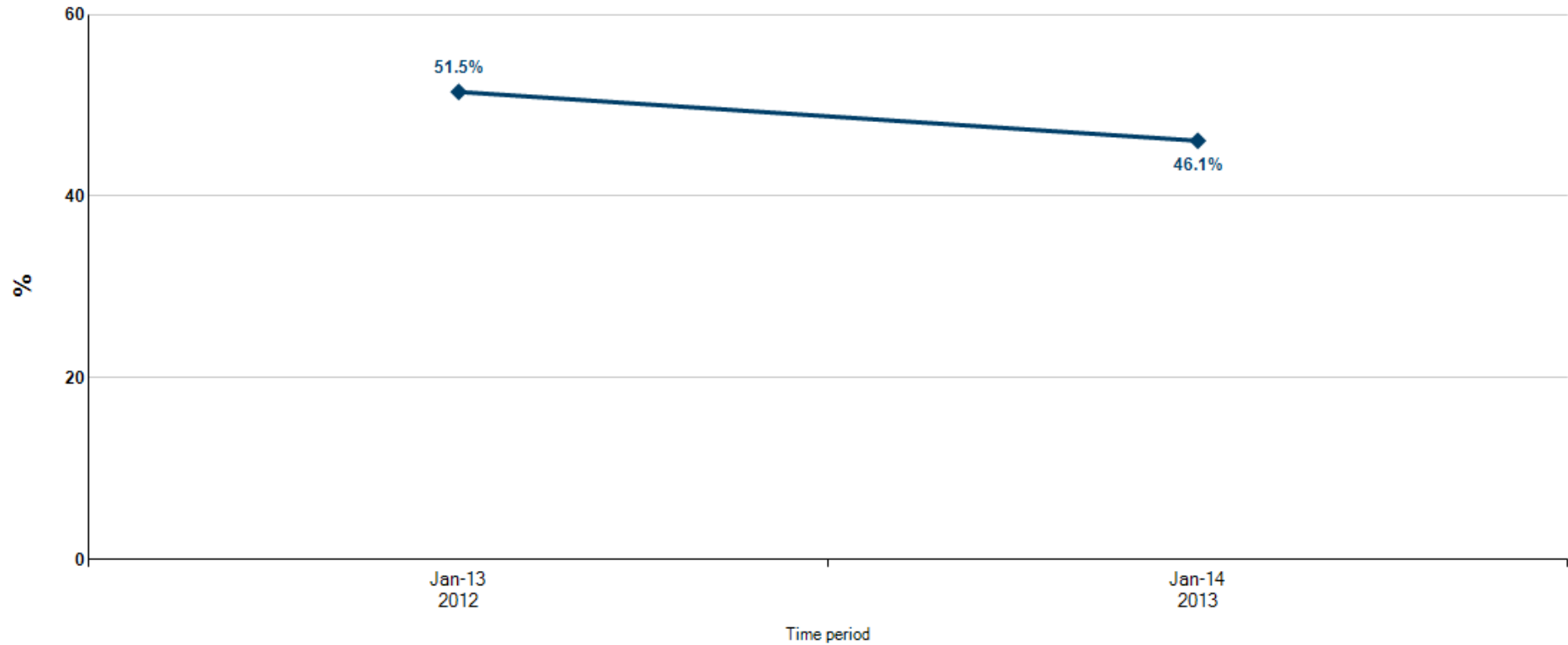
Female 16+



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Gender	Female	37.4%	30.3%

Wirral – Physical Activity, Inactive

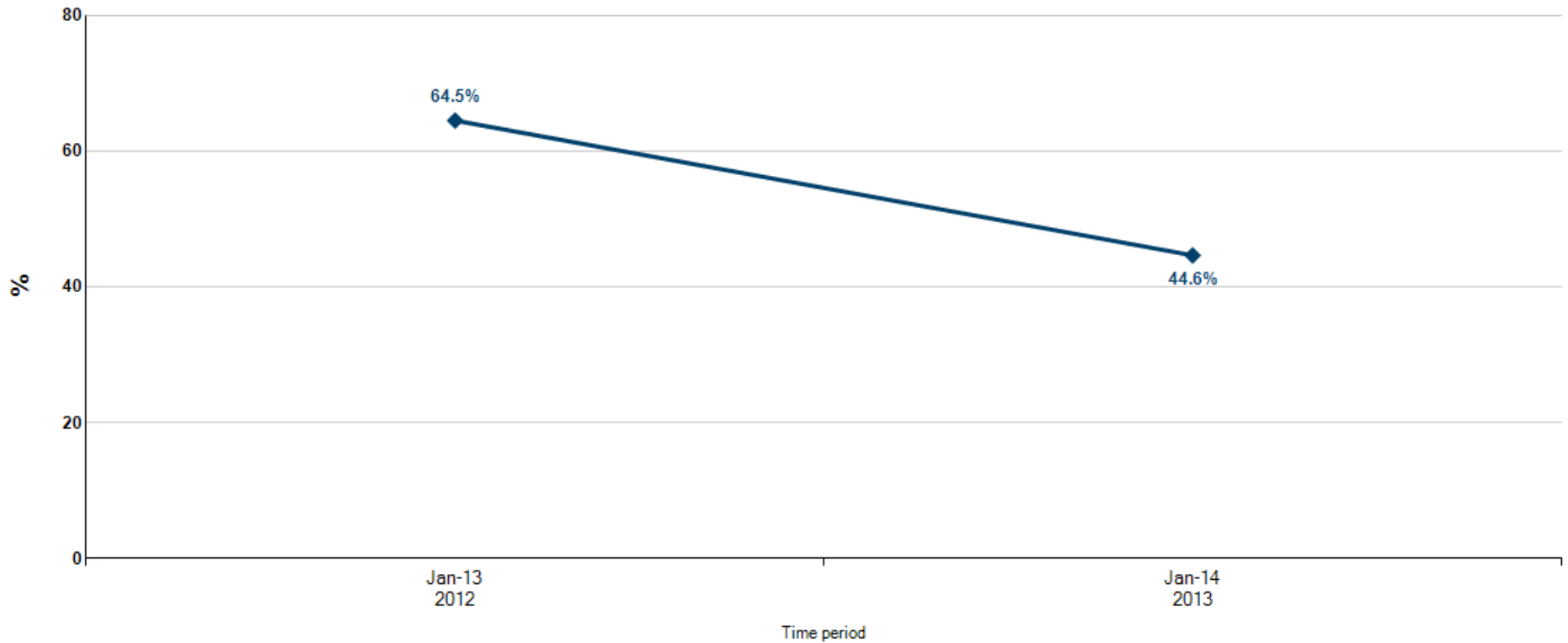
Age 65+



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Age Range	65 and over	51.5%	46.1%

Wirral – Physical Activity, Inactive

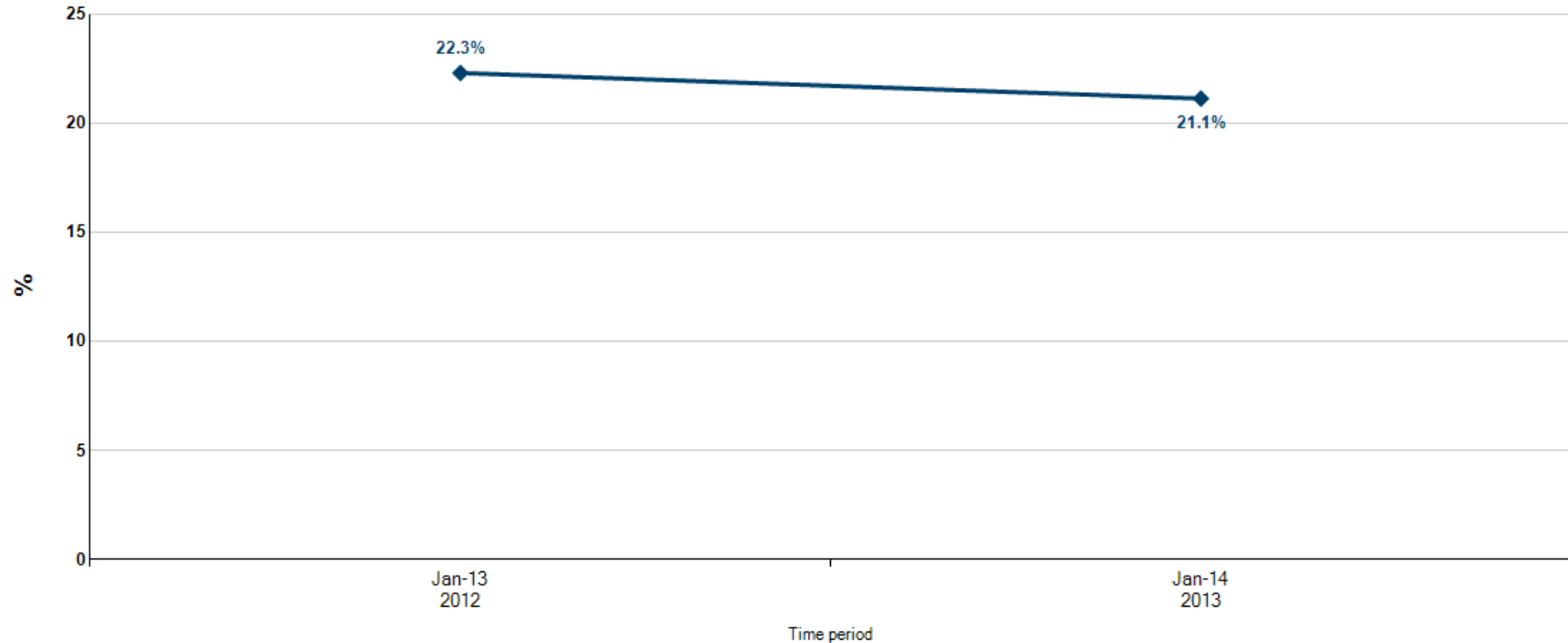
Disabled



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Disability	Limiting illness or disability	64.5%	44.6%

Wirral – Physical Activity, Inactive

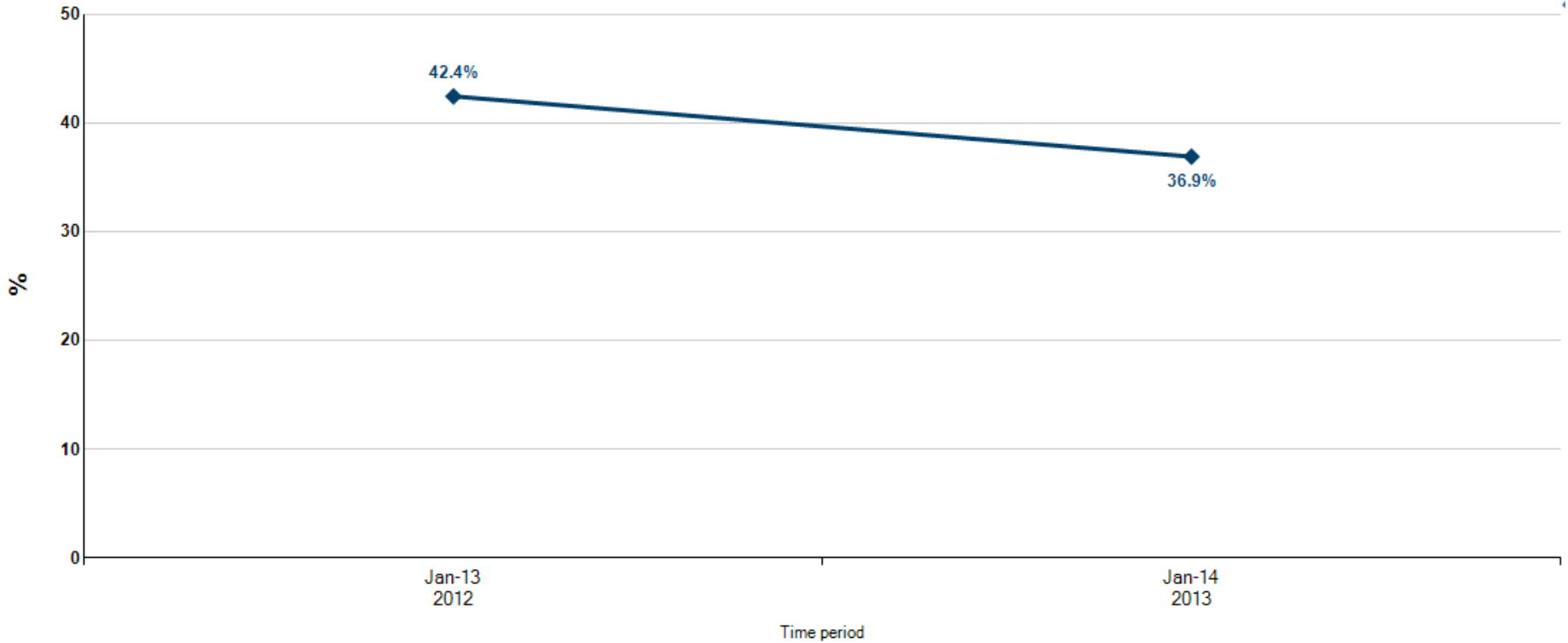
Non Disabled



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Disability	No limiting illness or disability	22.3%	21.1%

Wirral – Physical Activity, Inactive

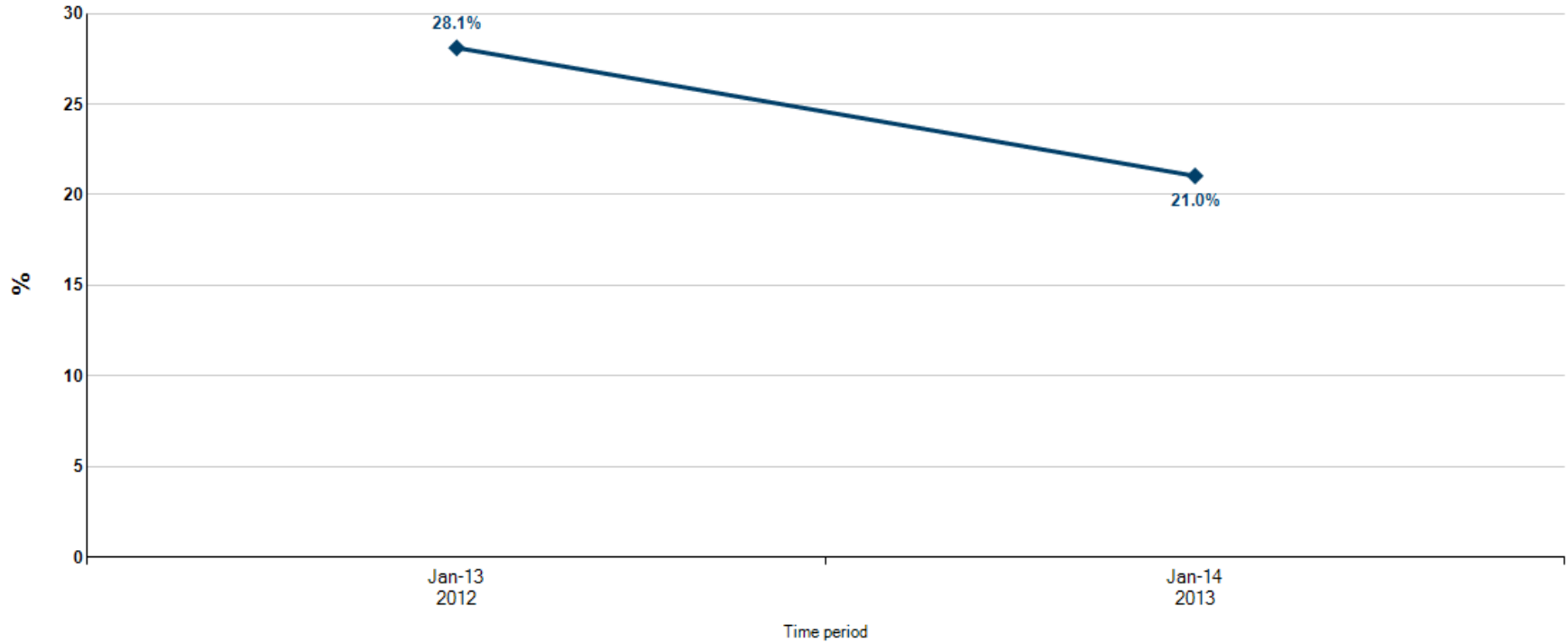
Other Employment



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Work Status	Other	42.4%	36.9%

Wirral – Physical Activity, Inactive

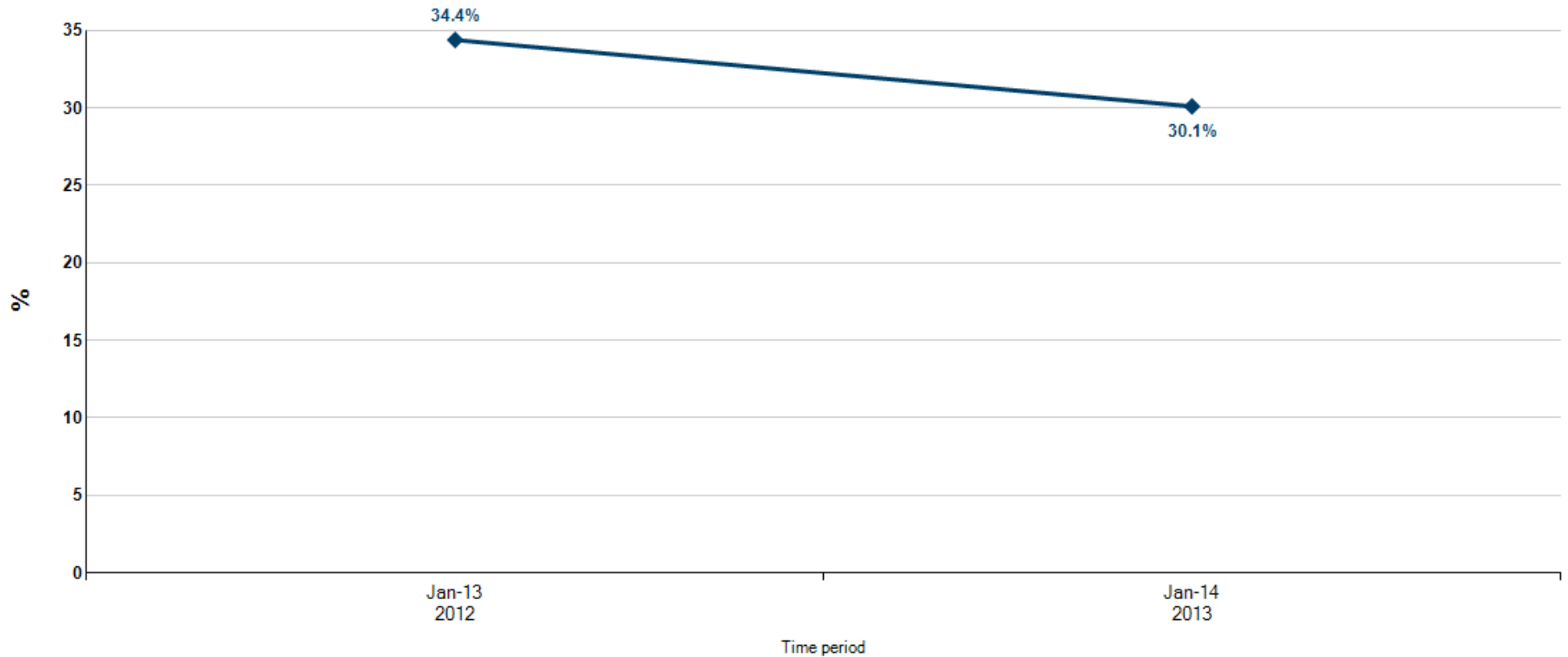
Social Grade 1 - 4



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Social Grade	NS SEC 1-4	28.1%	21.0%

Wirral – Physical Activity, Inactive

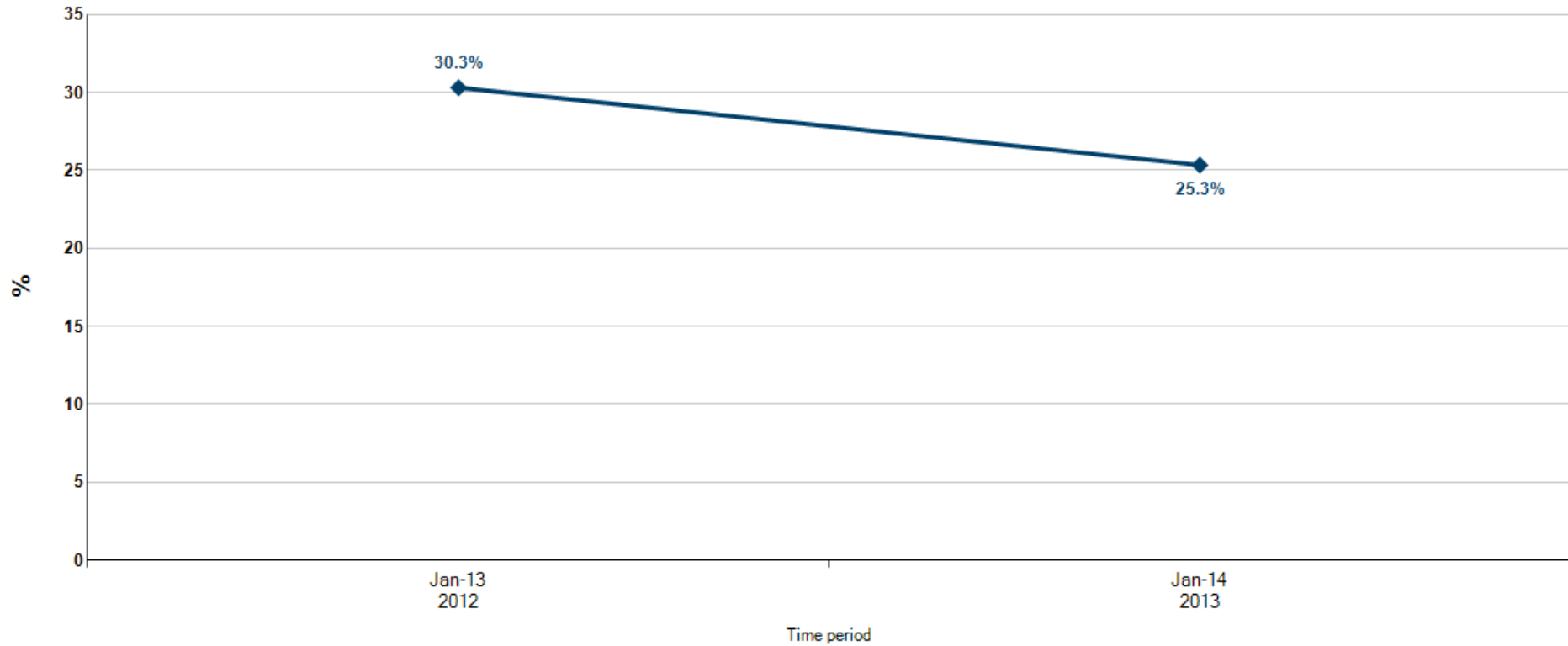
Social Grade 5 - 8



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Social Grade	NS SEC 5-8	34.4%	30.1%

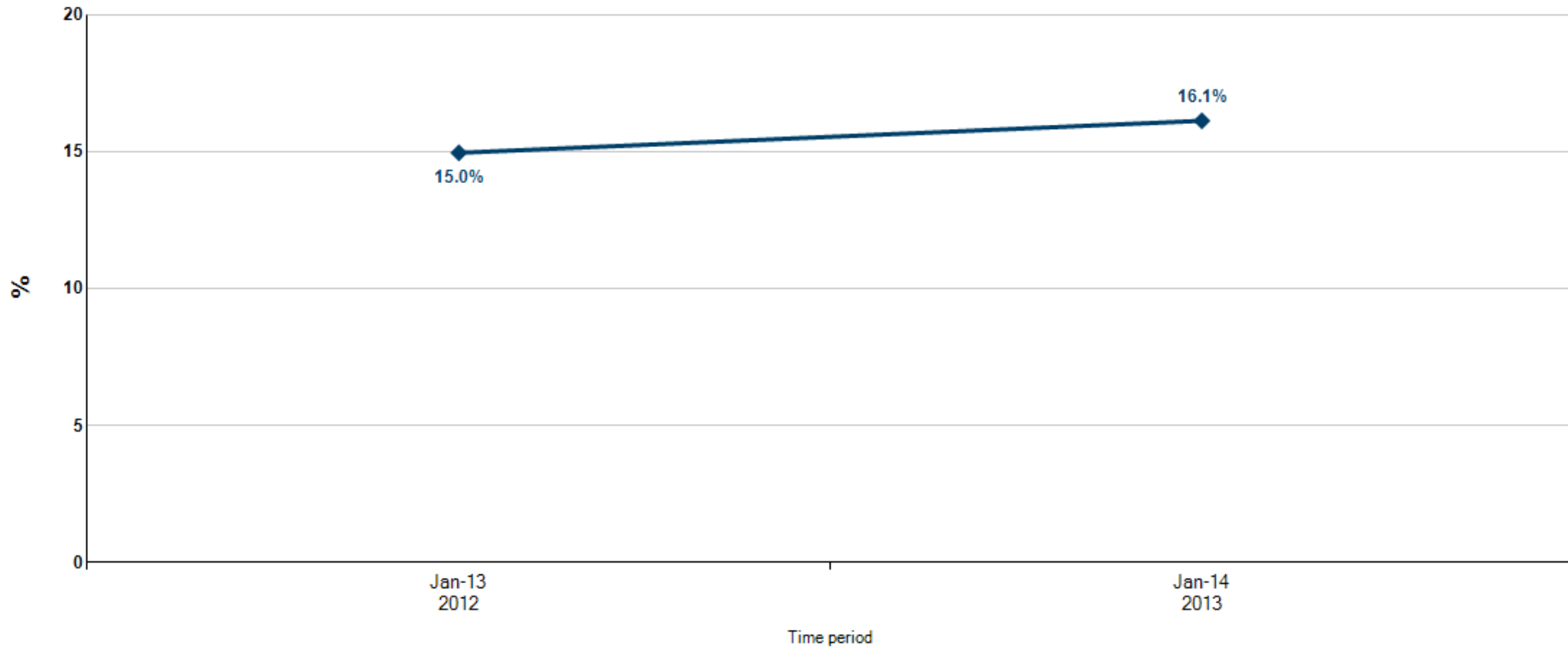
Wirral – Physical Activity, Inactive

Ethnicity - White



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Ethnicity	White British	30.3%	25.3%

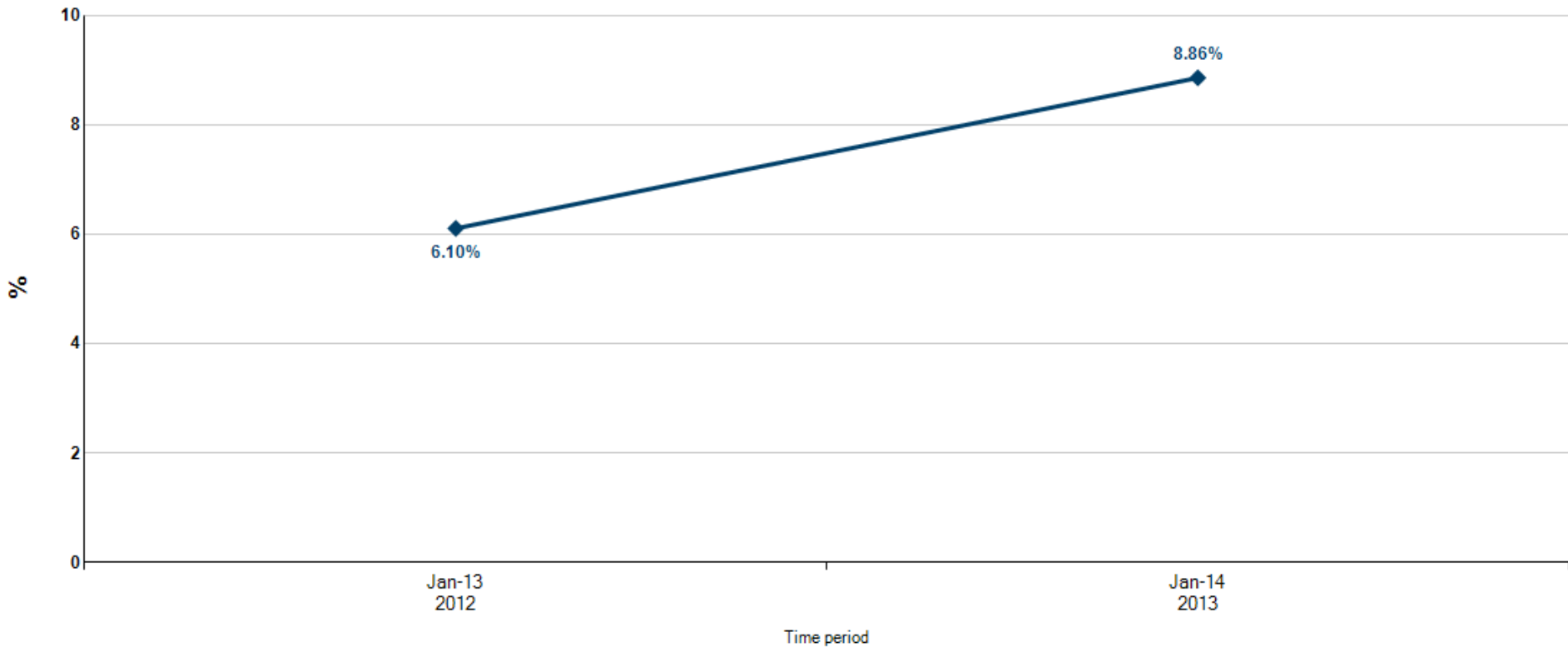
Wirral – Physical Activity, Insufficiently active



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Measure	Insufficiently active	15.0%	16.1%

Wirral – Physical Activity, Insufficiently active

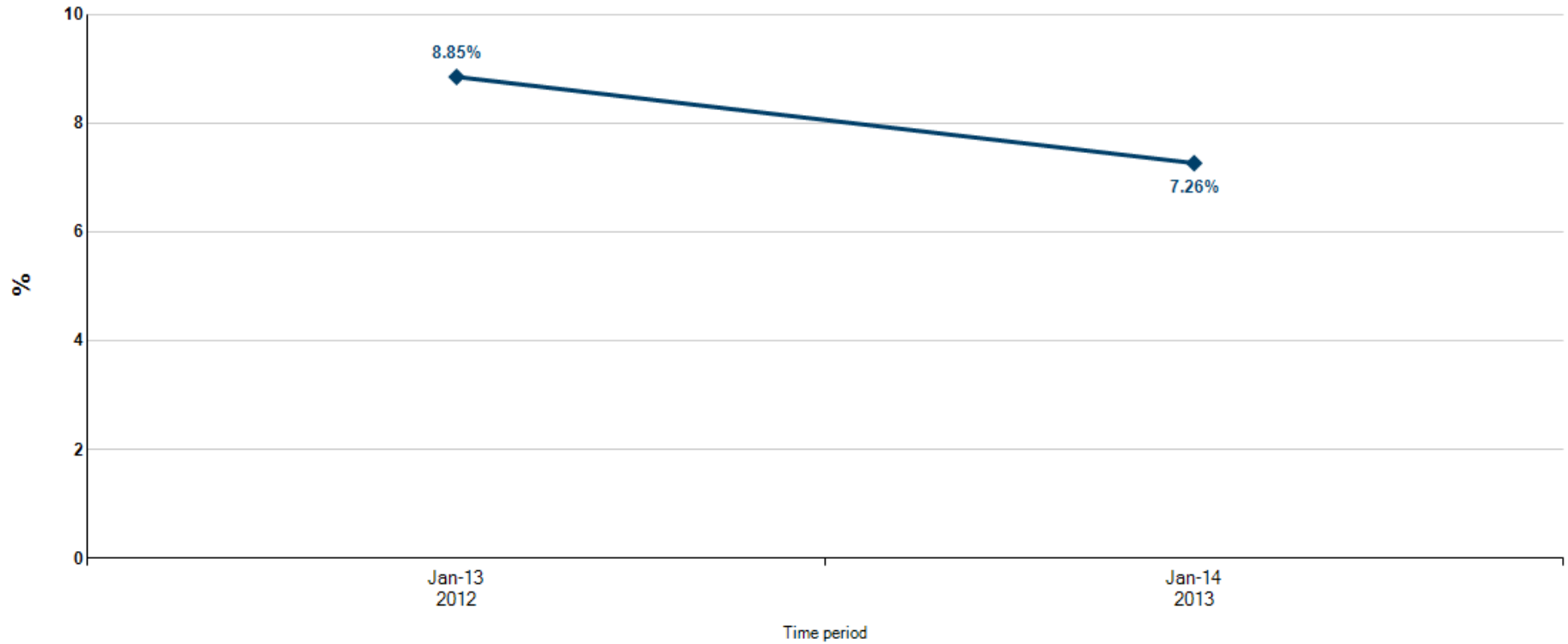
30 - 89 Minutes



Measure	Time period	
	2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Insufficiently active - 30-89 MVPA	6.10%	8.86%

Wirral – Physical Activity, Insufficiently active

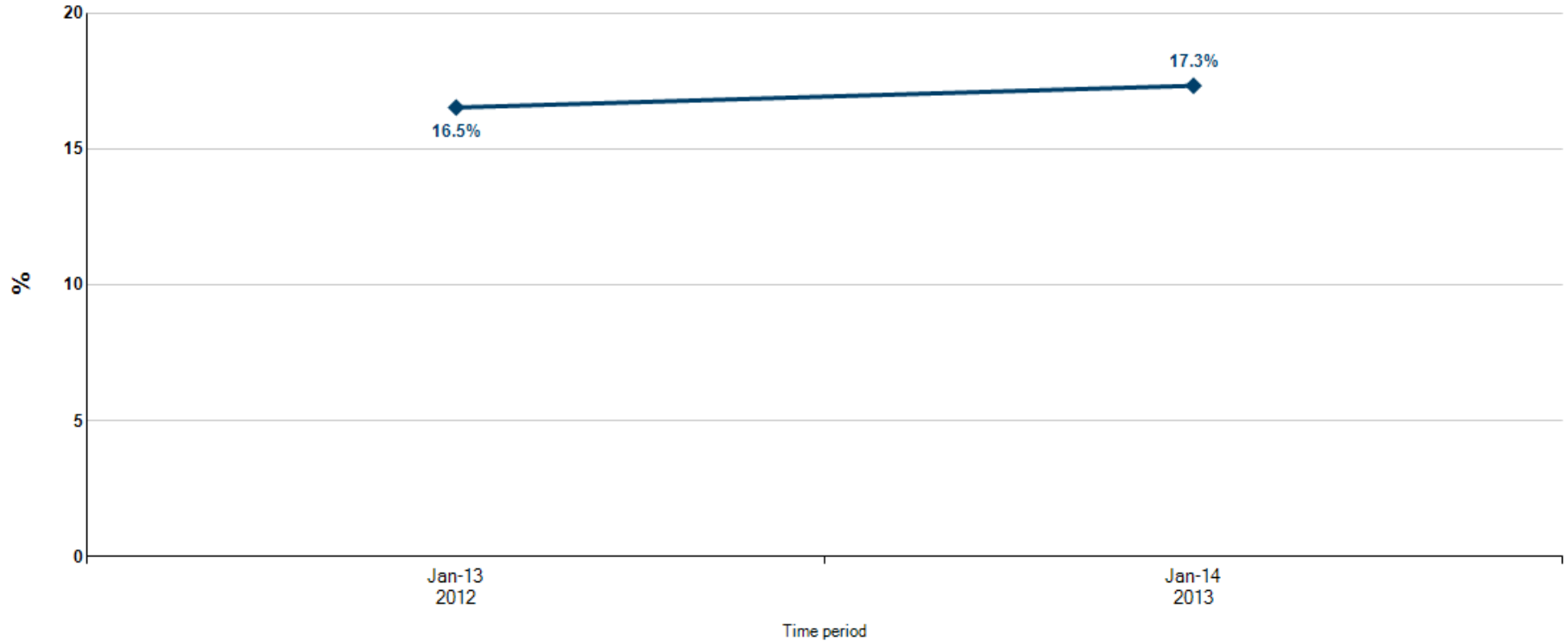
90 - 149 Minutes



Measure	Time period	
	2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Insufficiently active - 90-149 MVPA	8.85%	7.26%

Wirral – Physical Activity, Insufficiently active

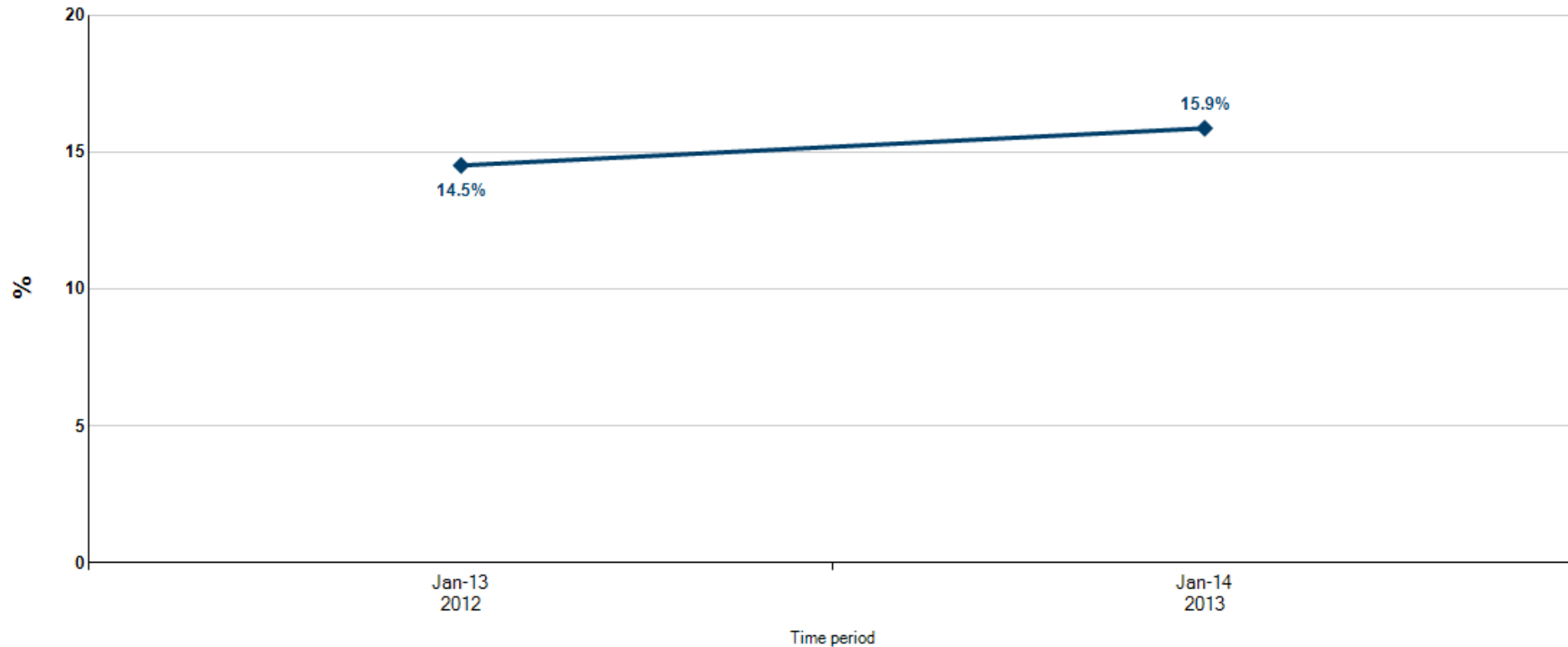
Female



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Gender	Female	16.5%	17.3%

Wirral – Physical Activity, Insufficiently active

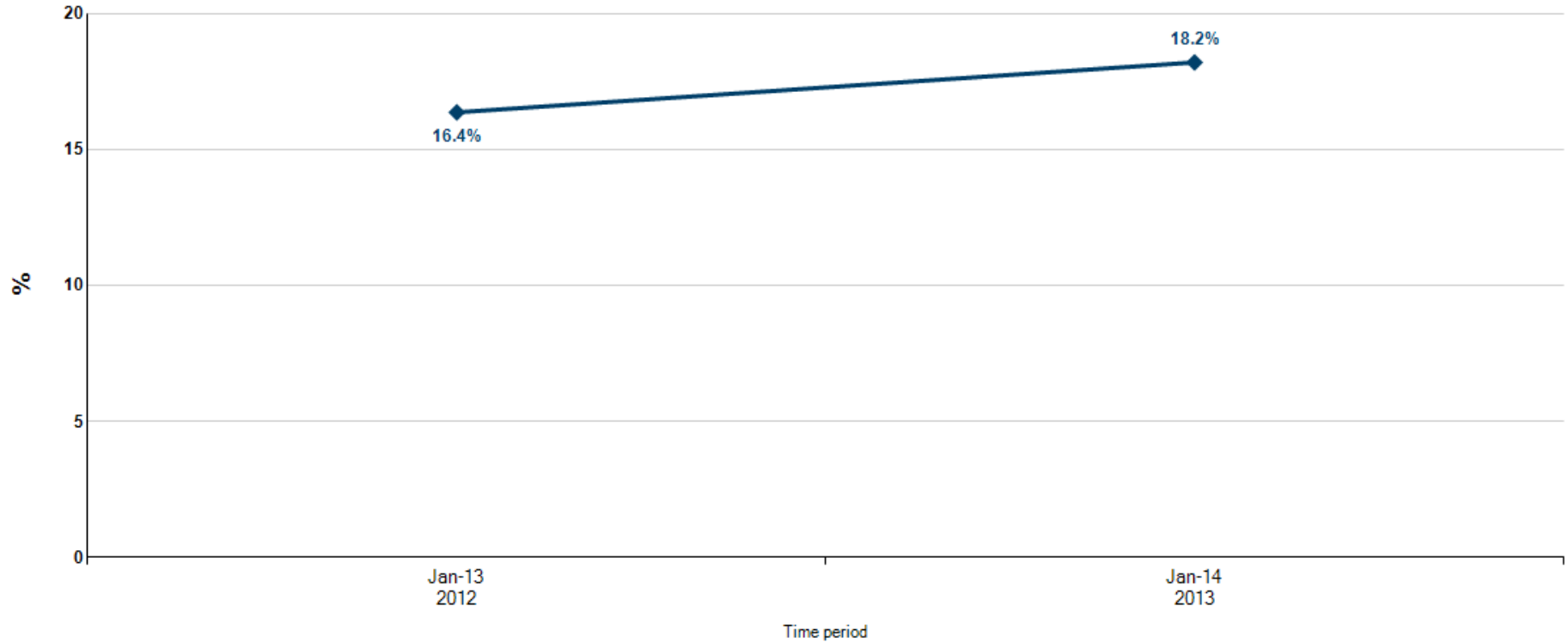
Non Disabled



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Disability	No limiting illness or disability	14.5%	15.9%

Wirral – Physical Activity, Insufficiently active

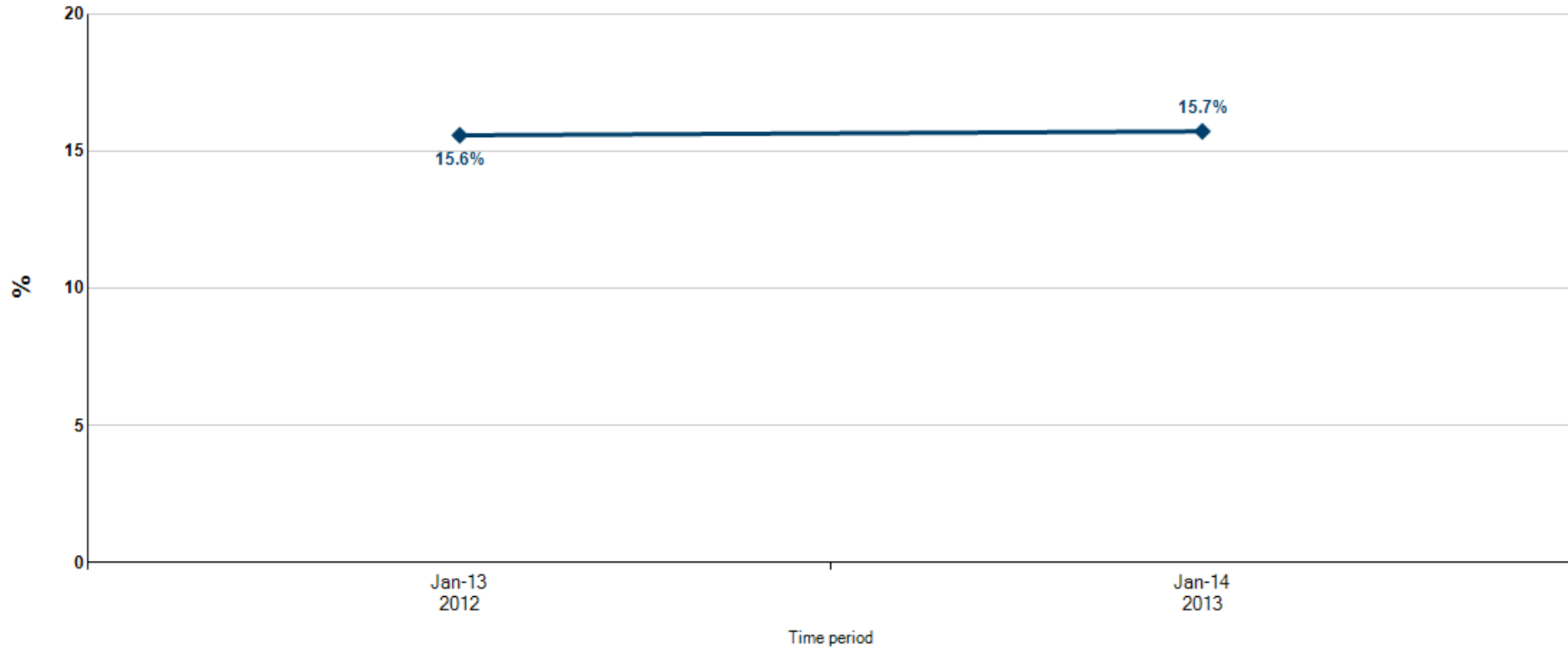
Social Grade 1 - 4



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Social Grade	NS SEC 1-4	16.4%	18.2%

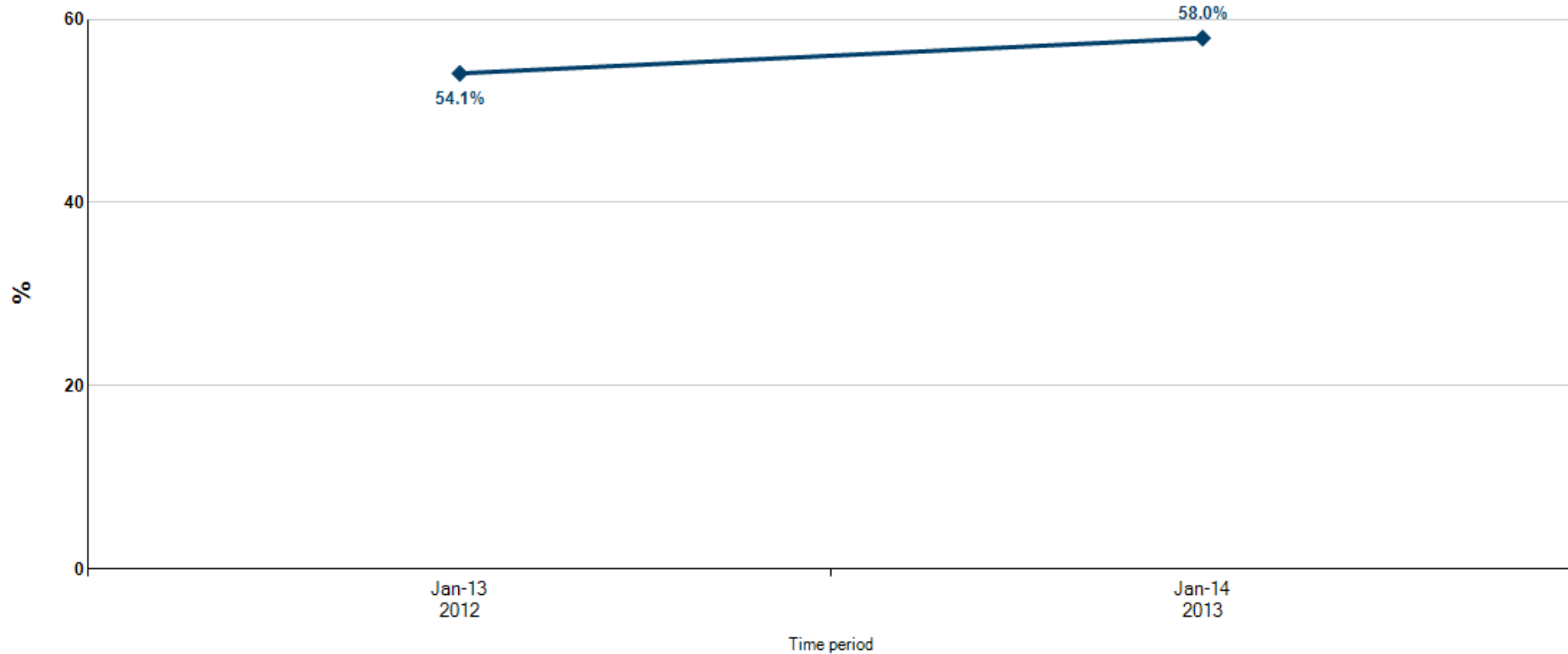
Wirral – Physical Activity, Insufficiently active

Ethnicity - White



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Ethnicity	White British	15.6%	15.7%

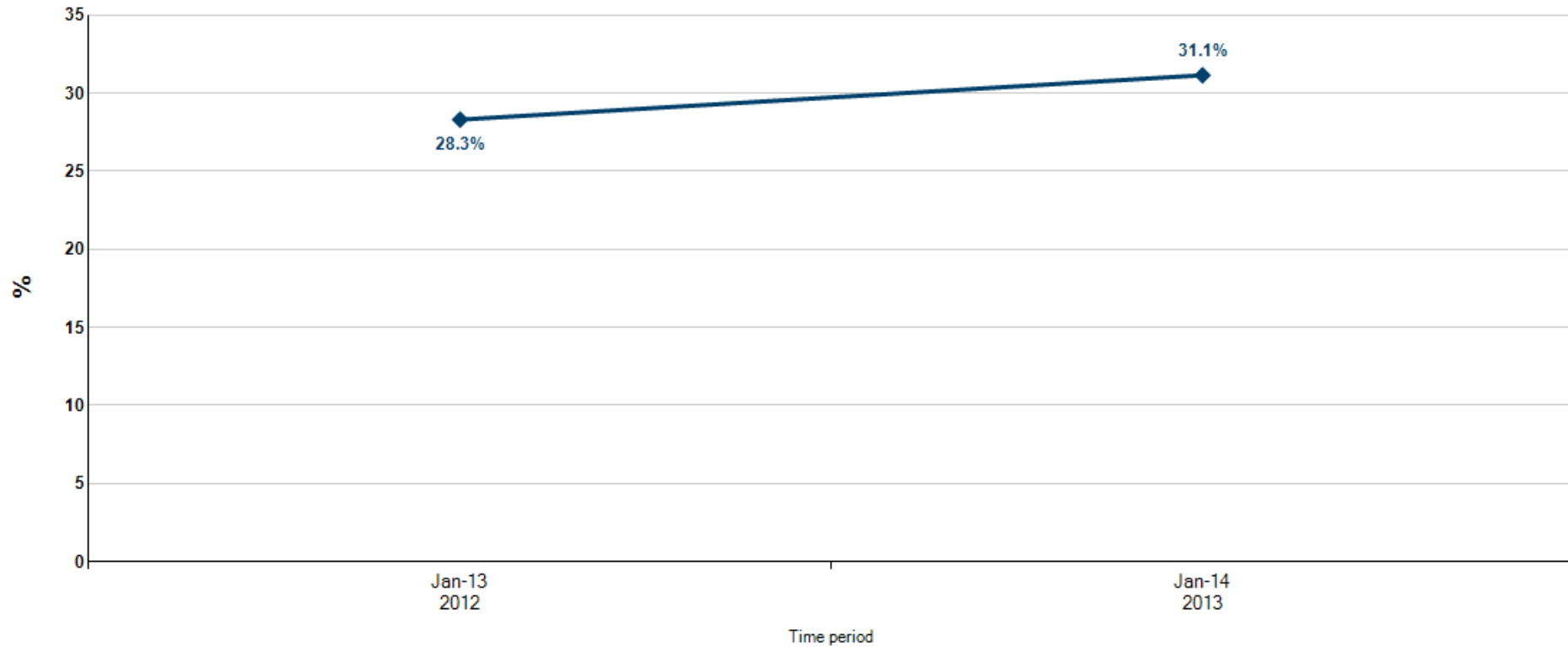
Wirral – Physical Activity, Active



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Measure	Active	54.1%	58.0%

Wirral – Physical Activity, Active

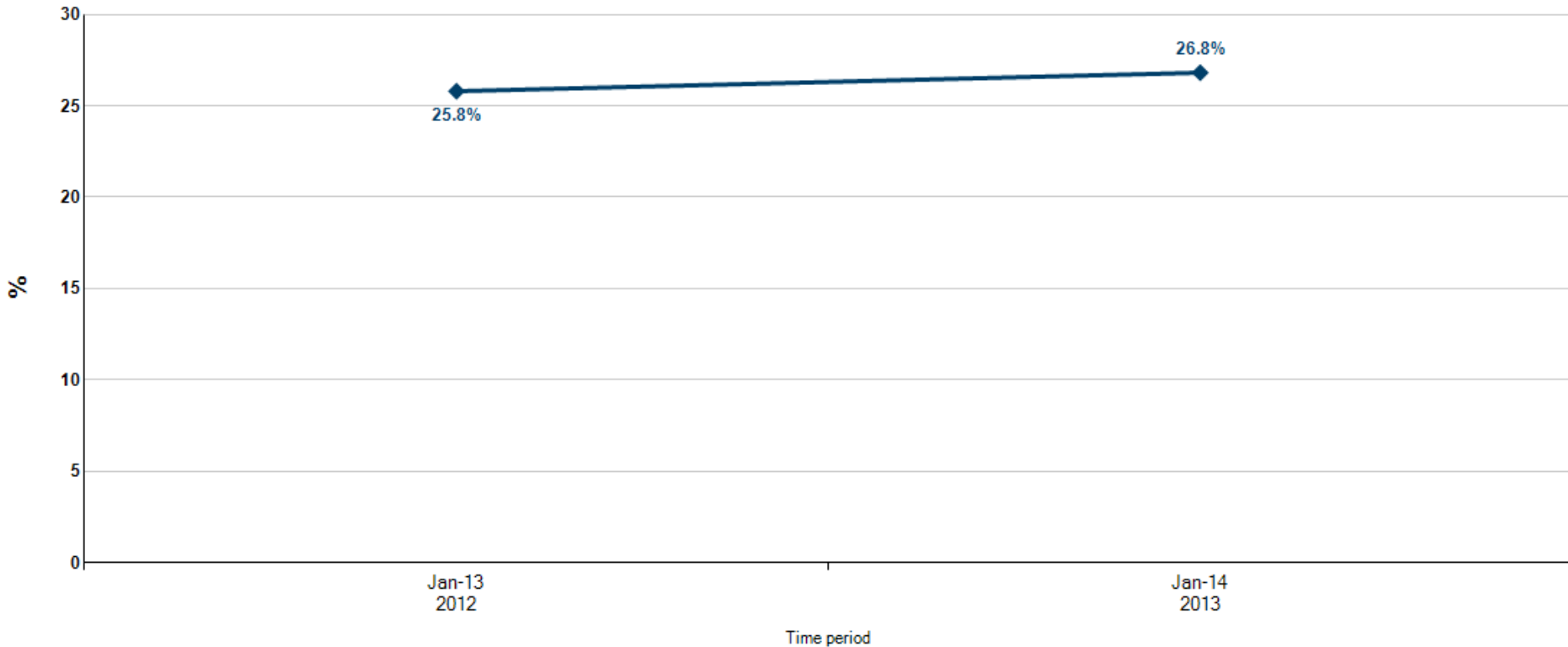
150 - 199 Minutes



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Measure	Active - 150-599 MVPA	28.3%	31.1%

Wirral – Physical Activity, Active

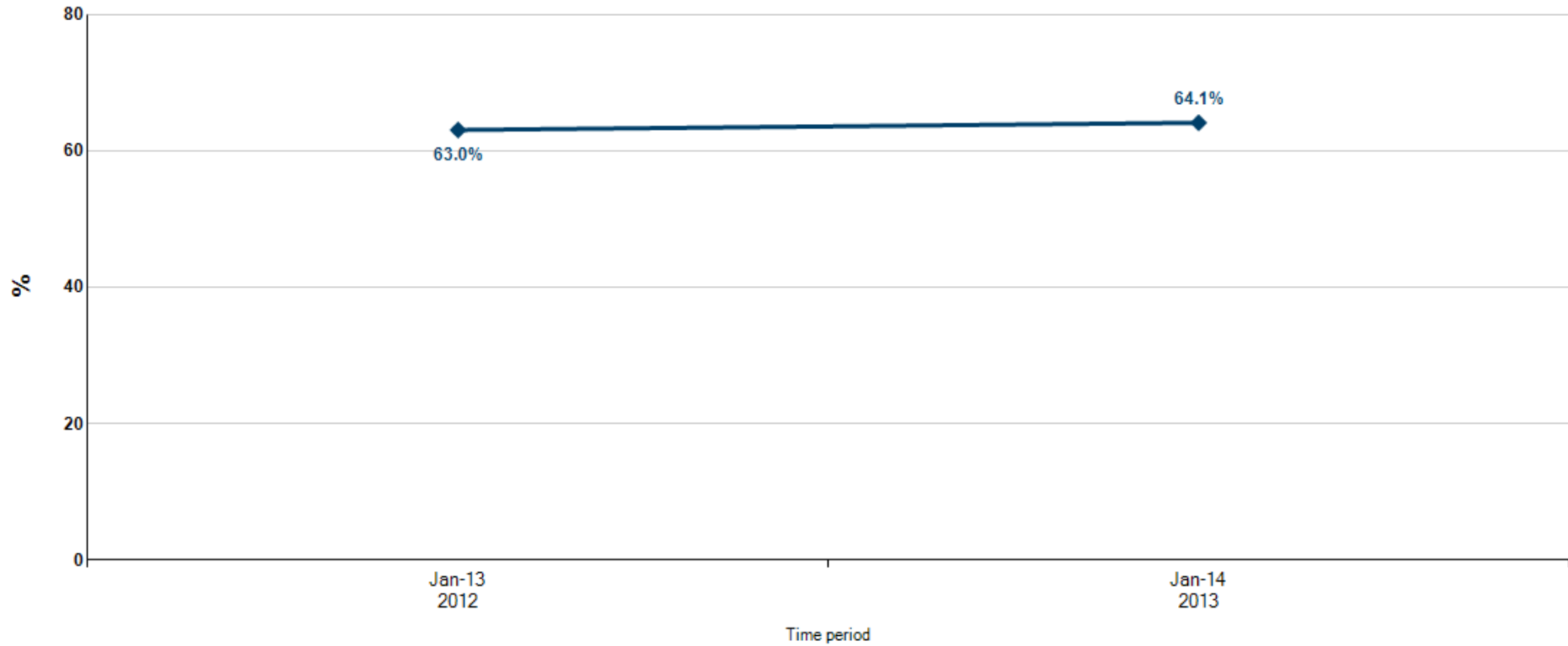
Active 600 minutes



Measure	Time period	
	2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Active - 600+ MVPA	25.8%	26.8%

Wirral – Physical Activity, Active

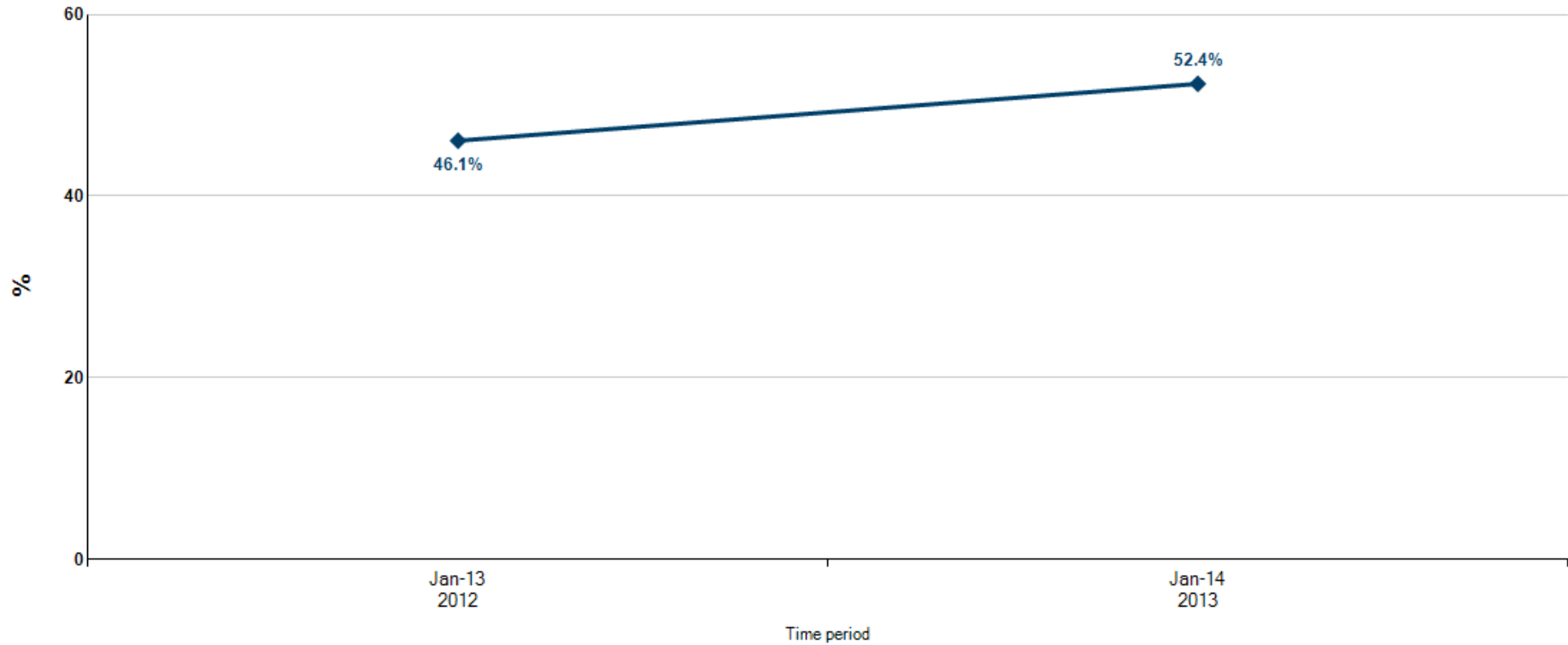
Male



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Gender	Male	63.0%	64.1%

Wirral – Physical Activity, Active

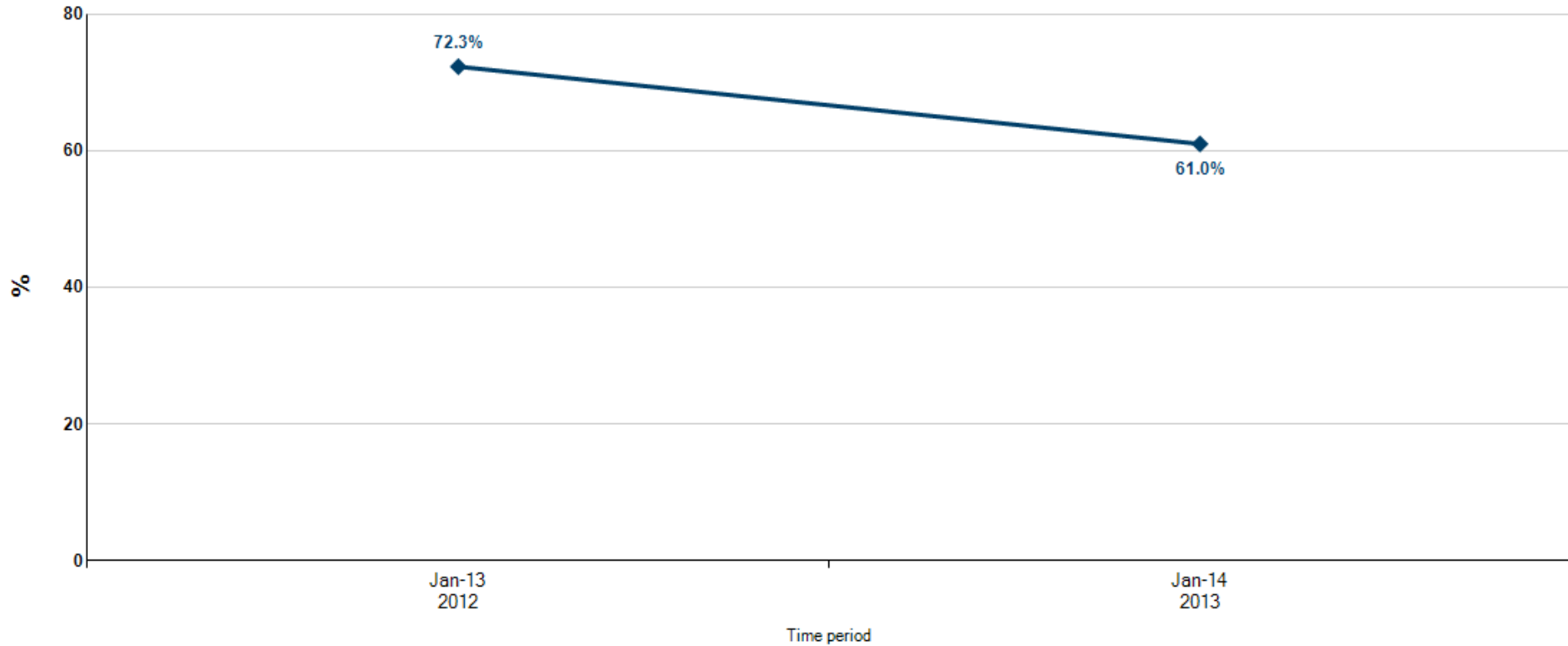
Female



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Gender	Female	46.1%	52.4%

Wirral – Physical Activity, Active

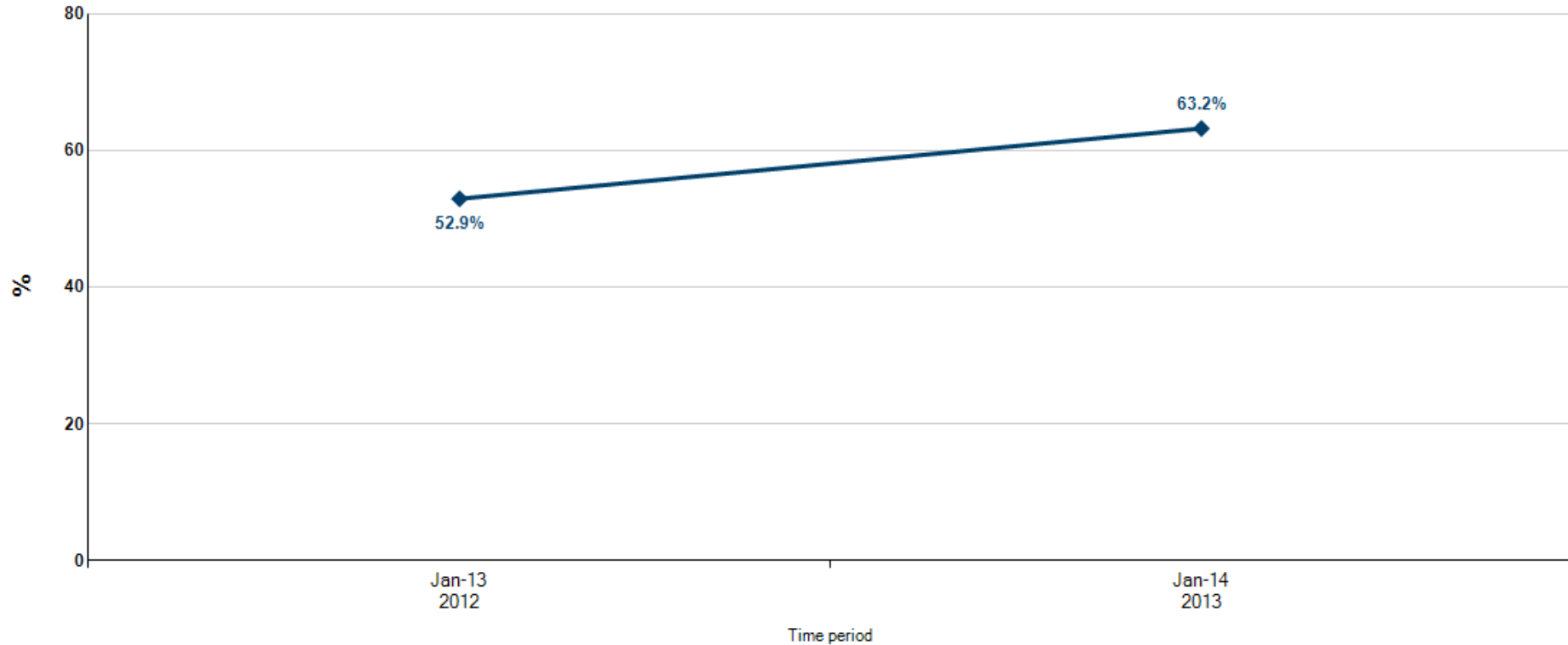
Age 35 - 44



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Age Range	35 - 44	72.3%	61.0%

Wirral – Physical Activity, Active

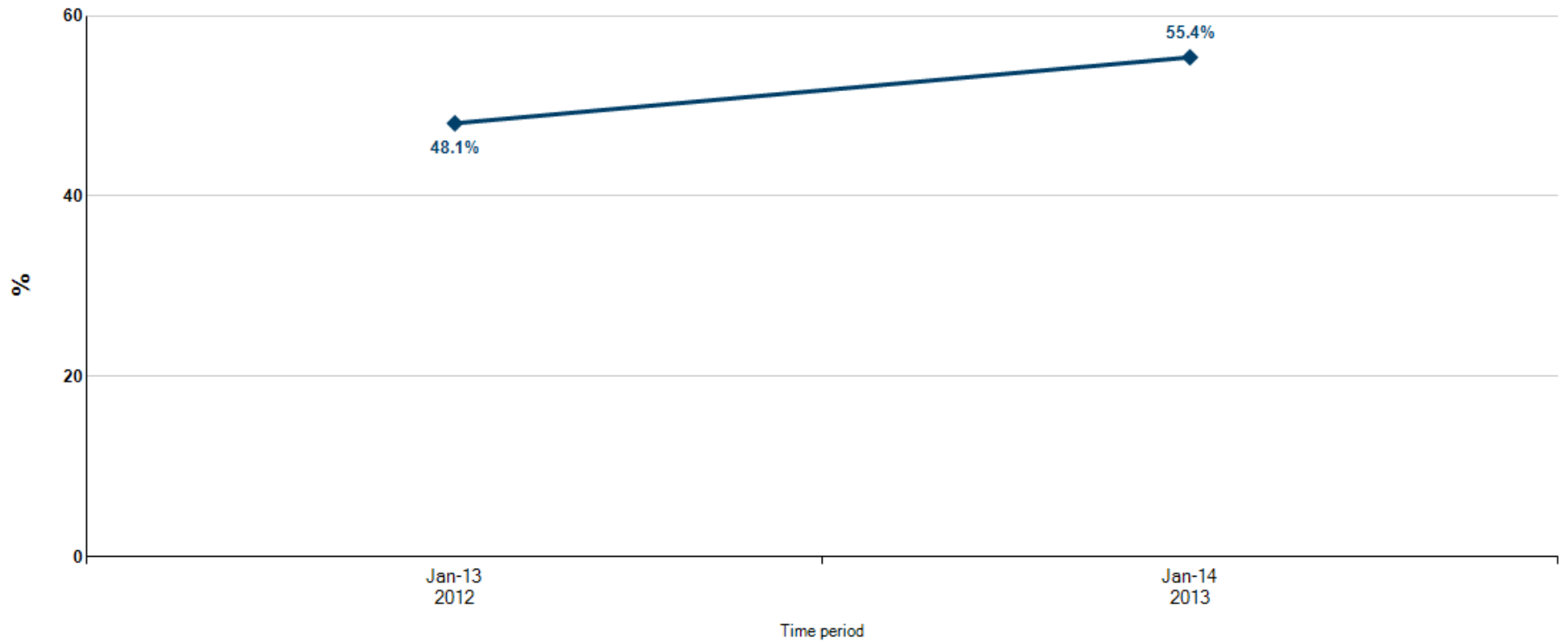
Age 45 - 54



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Age Range	45 - 54	52.9%	63.2%

Wirral – Physical Activity, Active

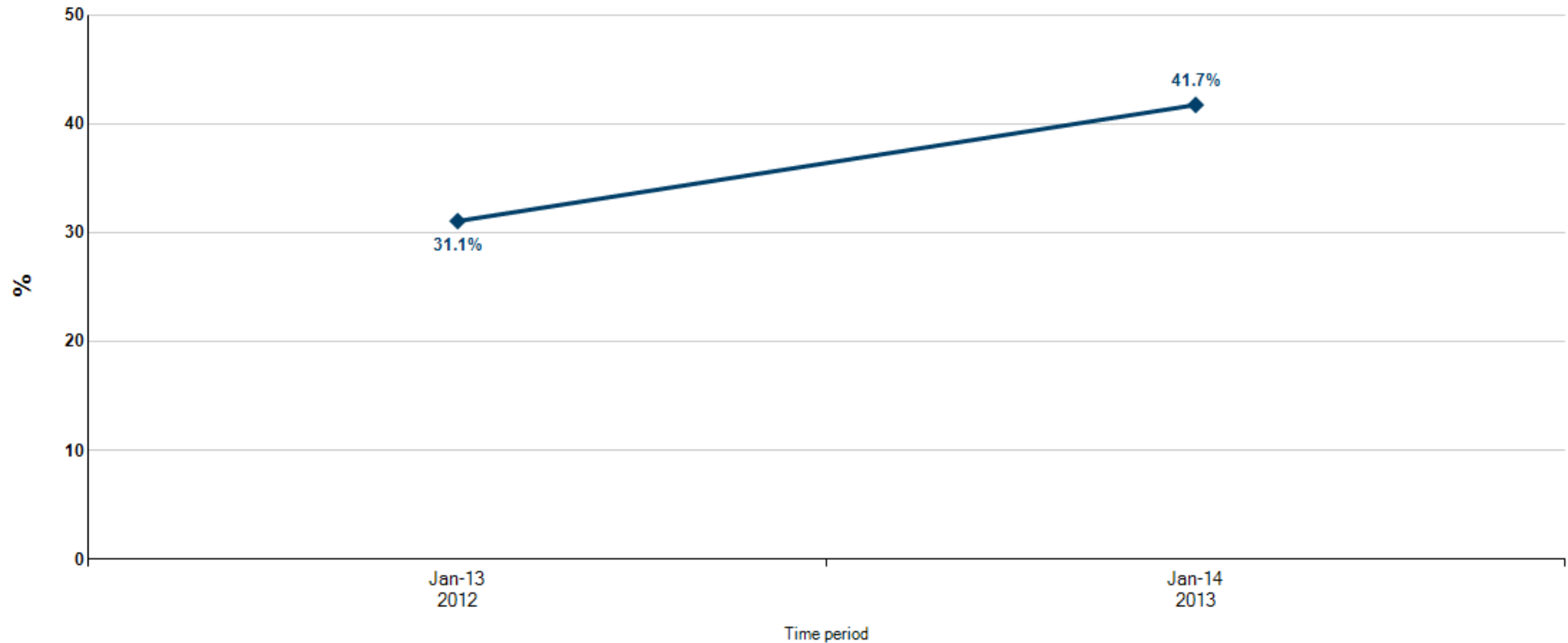
Age 55 - 64



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Age Range	55 - 64	48.1%	55.4%

Wirral – Physical Activity, Active

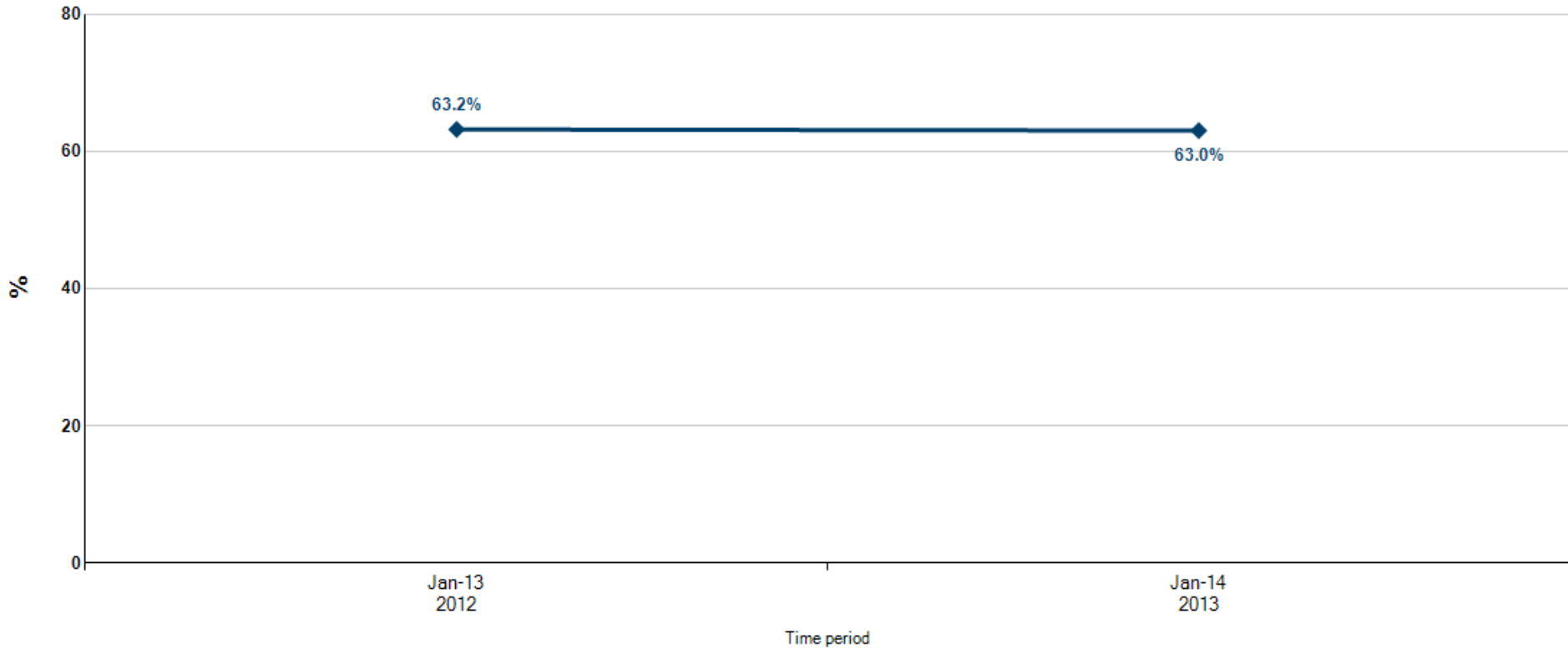
Age 65+



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Age Range	65 and over	31.1%	41.7%

Wirral – Physical Activity, Active

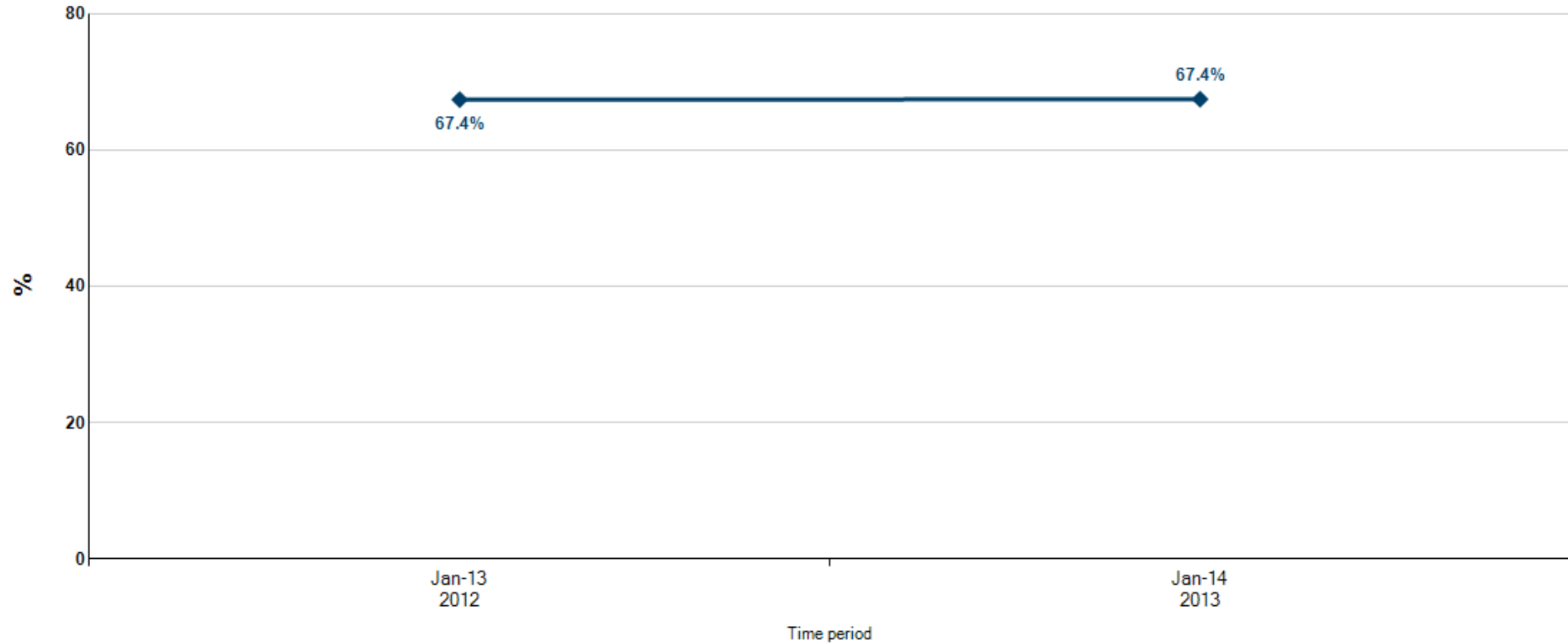
Non Disabled



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Disability	No limiting illness or disability	63.2%	63.0%

Wirral – Physical Activity, Active

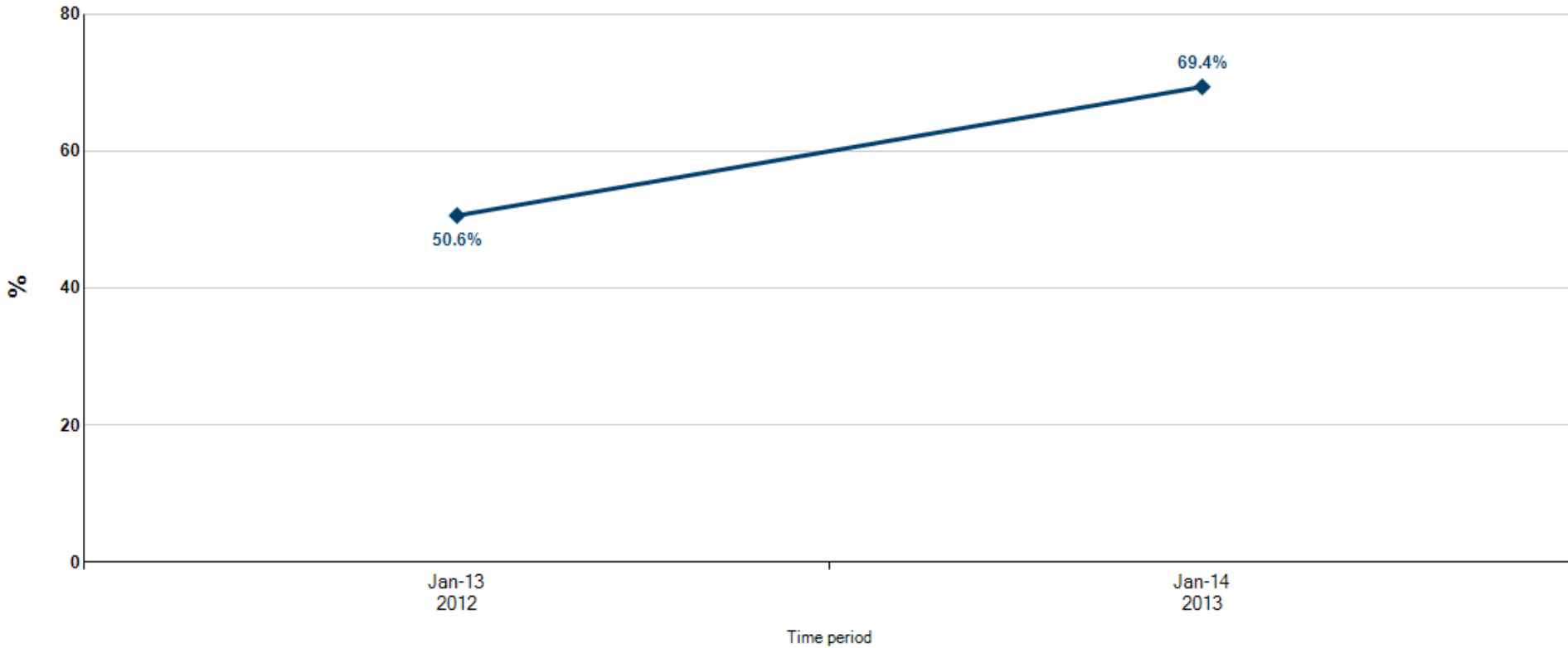
Full Time Employment



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Work Status	Full time	67.4%	67.4%

Wirral – Physical Activity, Active

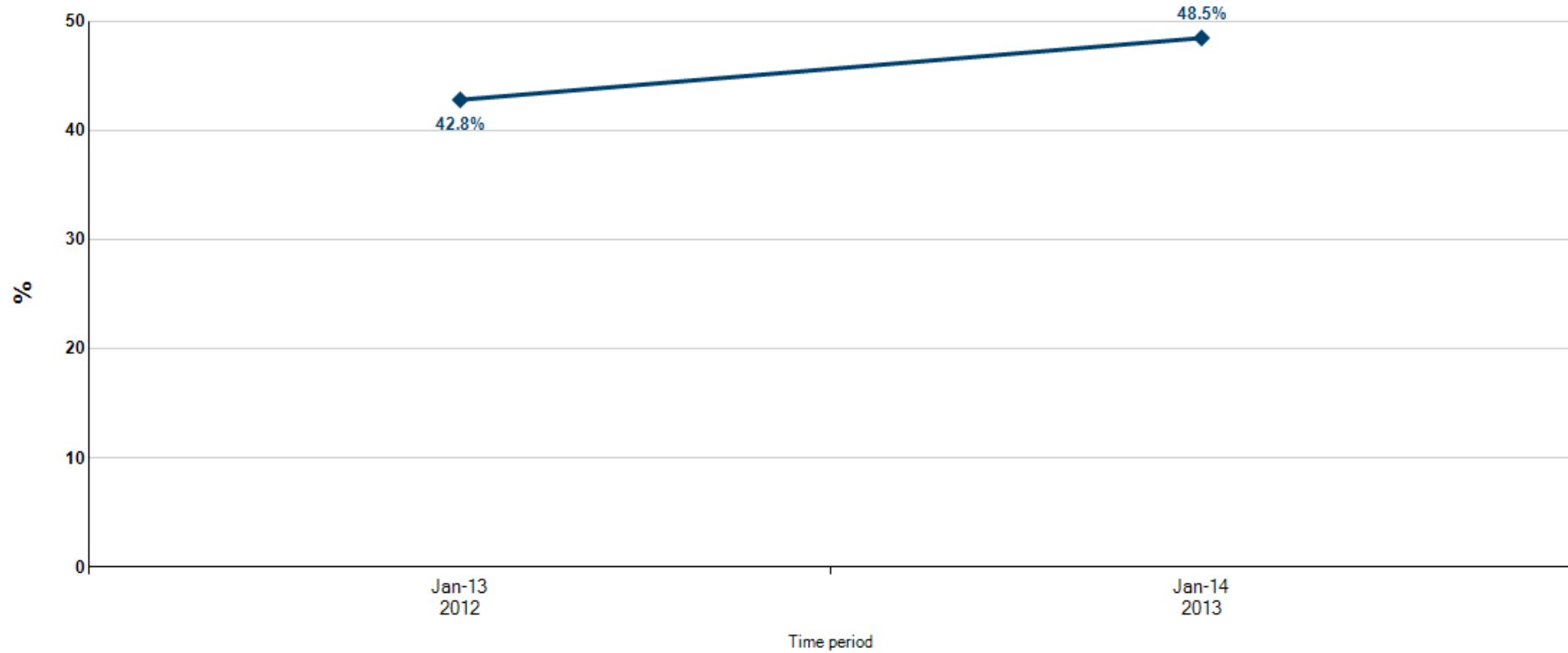
Part Time Employment



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Work Status	Part time	50.6%	69.4%

Wirral – Physical Activity, Active

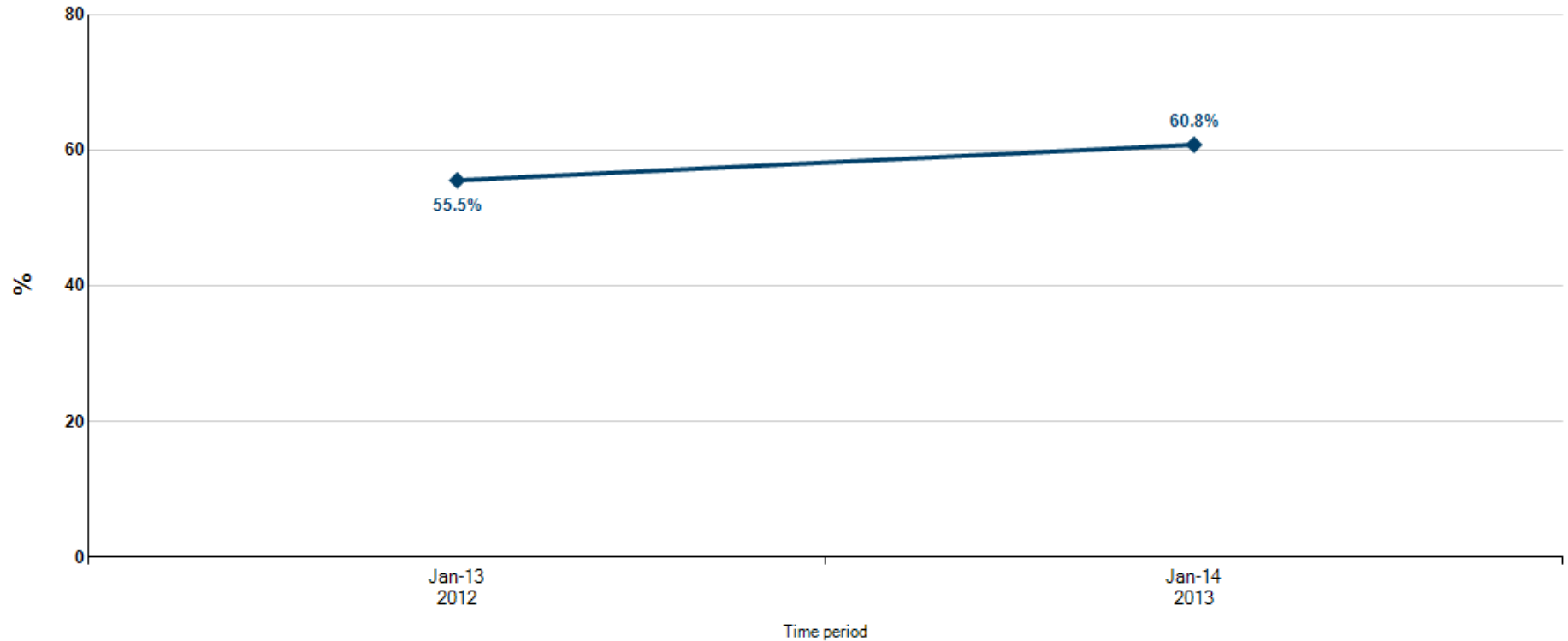
Other Employment



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Work Status	Other	42.8%	48.5%

Wirral – Physical Activity, Active

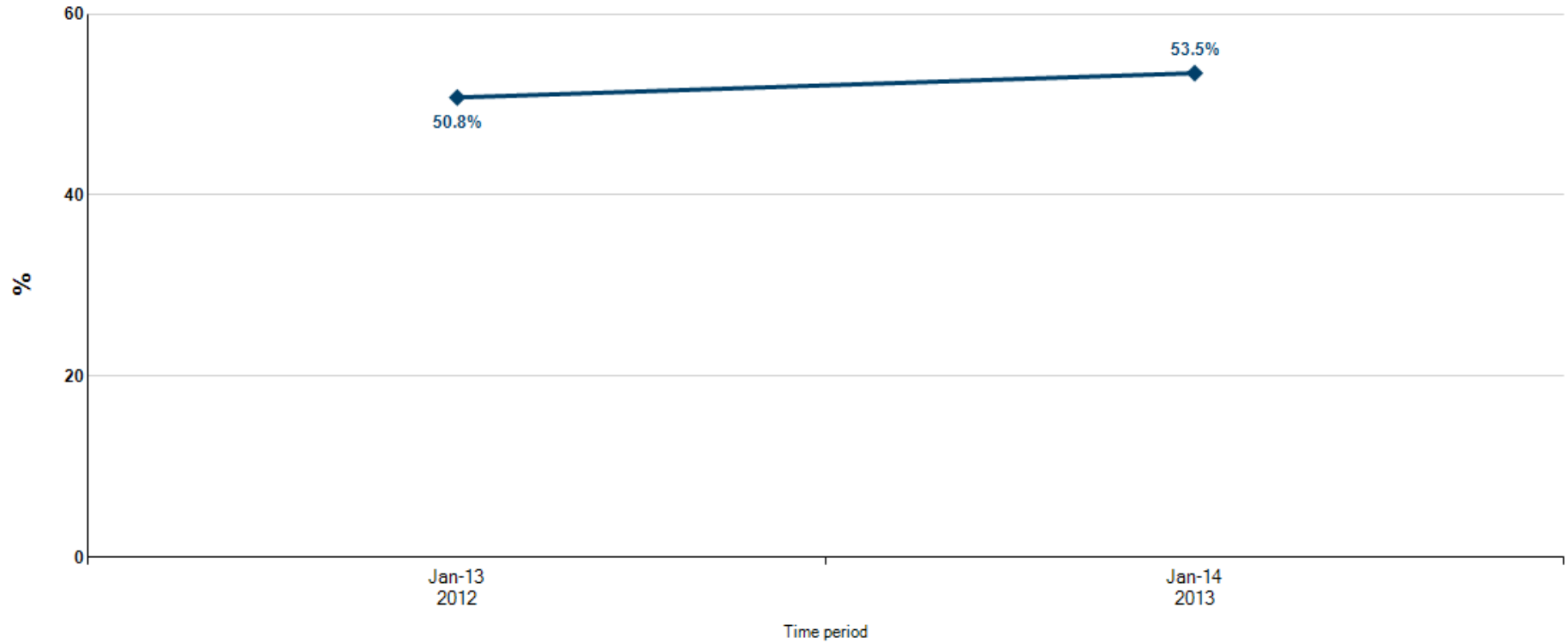
Social Grade 1 - 4



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Social Grade	NS SEC 1-4	55.5%	60.8%

Wirral – Physical Activity, Active

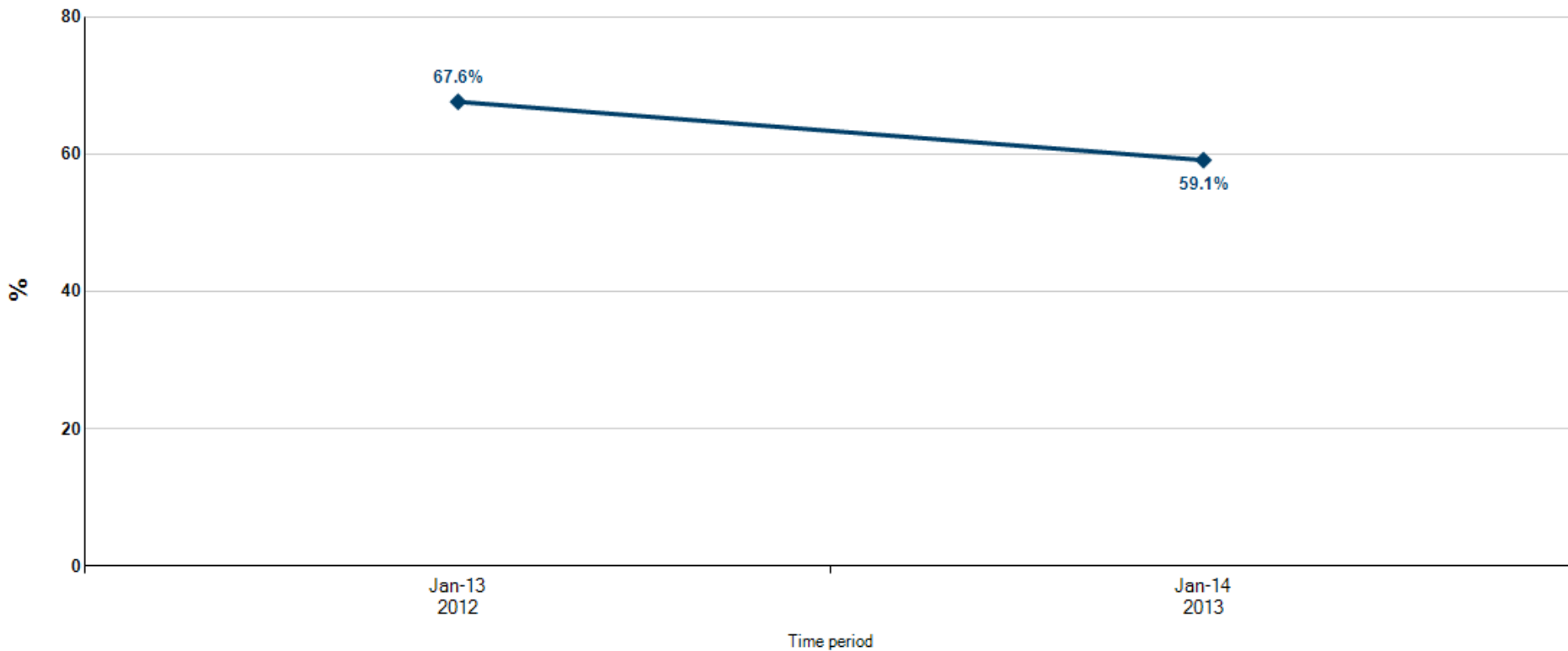
Social Grade 5 - 8



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Social Grade	NS SEC 5-8	50.8%	53.5%

Wirral – Physical Activity, Active

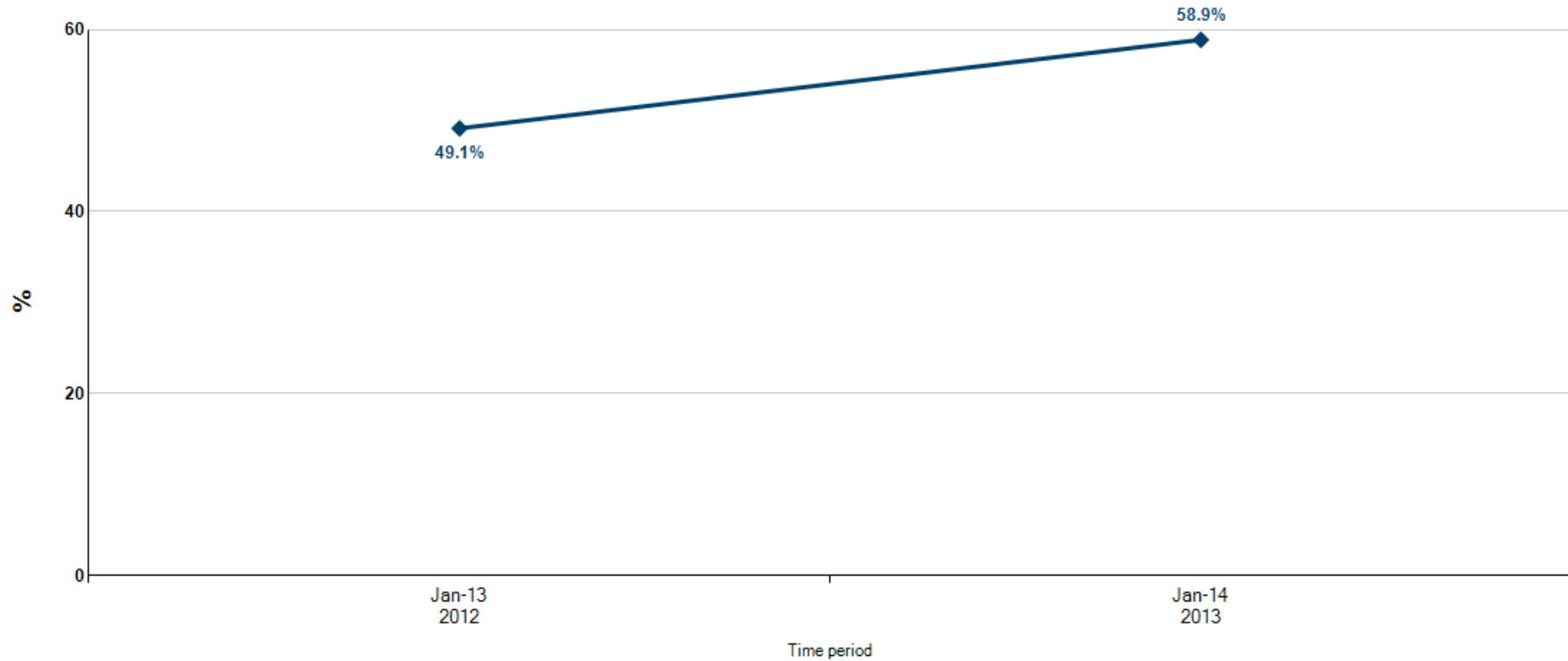
Have Children



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Children	Yes	67.6%	59.1%

Wirral – Physical Activity, Active

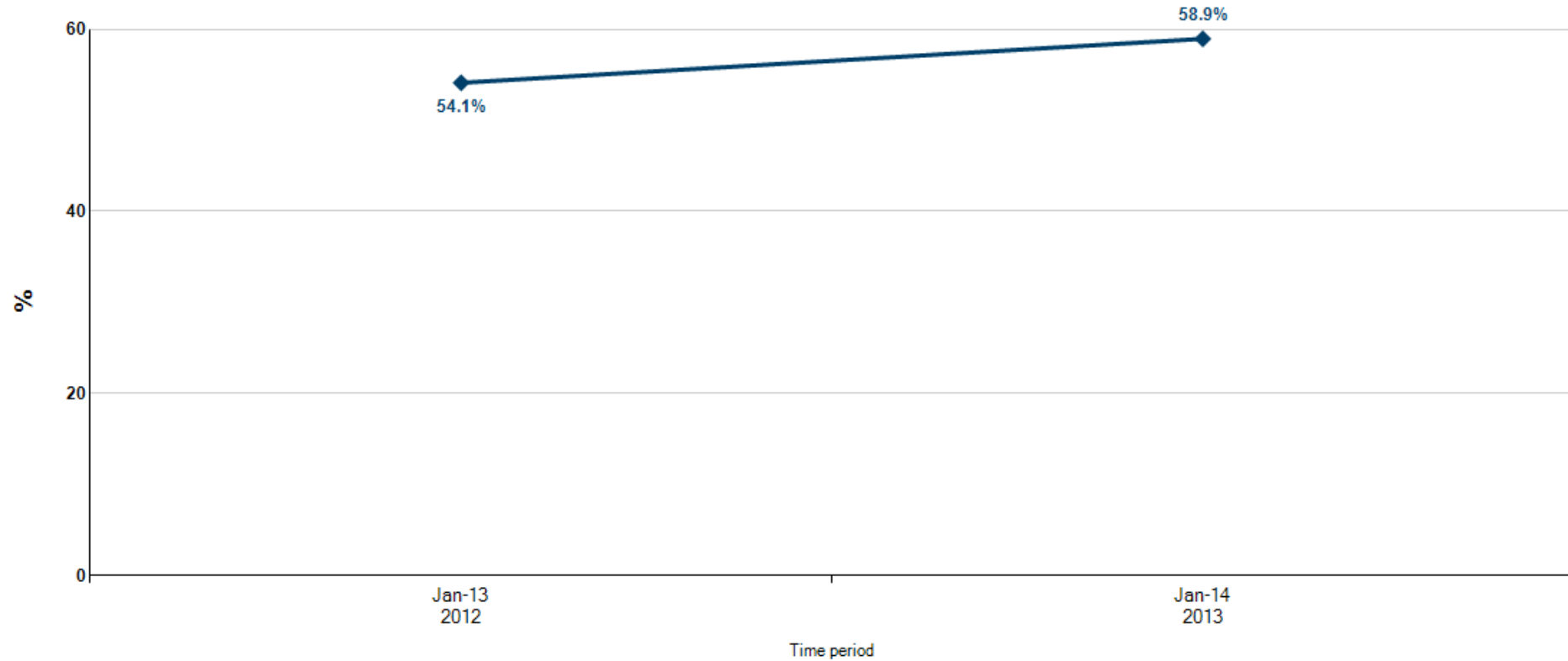
Don't Have Children



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Children	No	49.1%	58.9%

Wirral – Physical Activity, Active

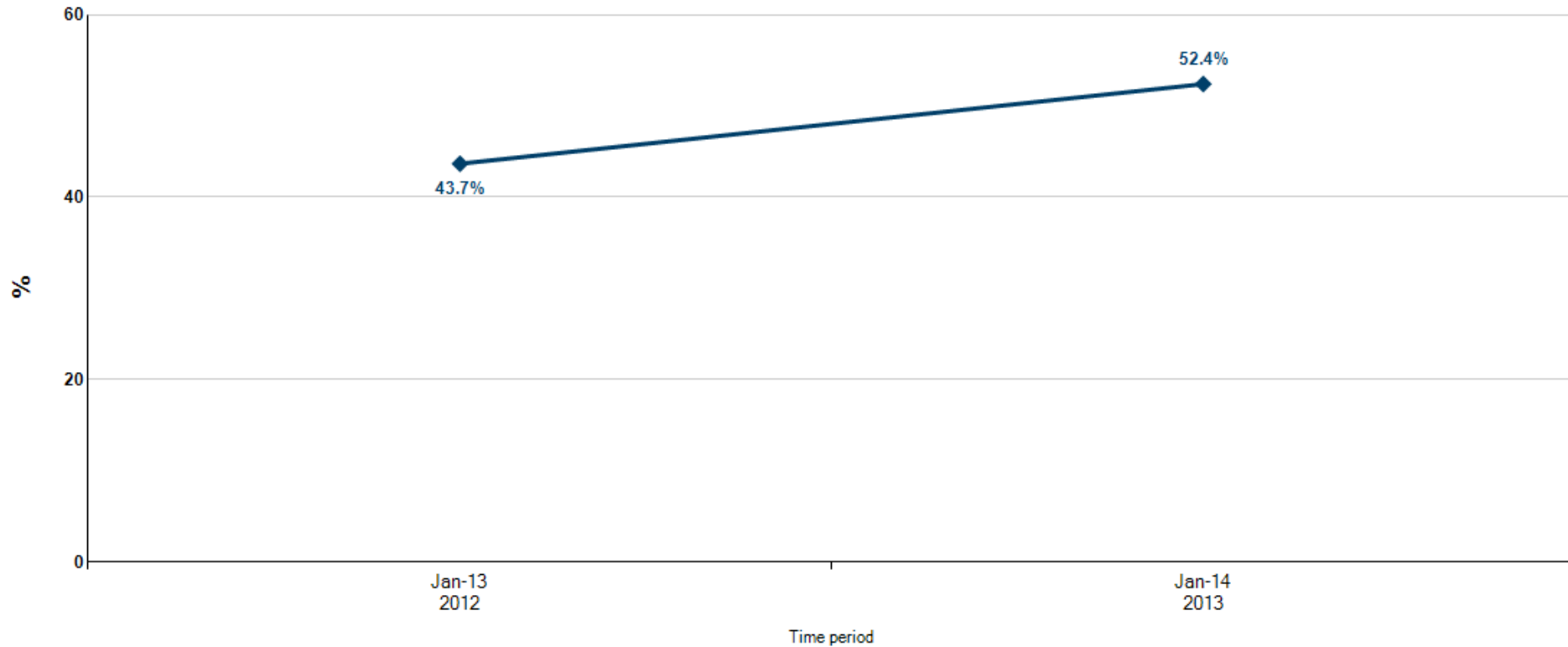
Ethnicity - White



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Ethnicity	White British	54.1%	58.9%

Wirral – Physical Activity, BMI

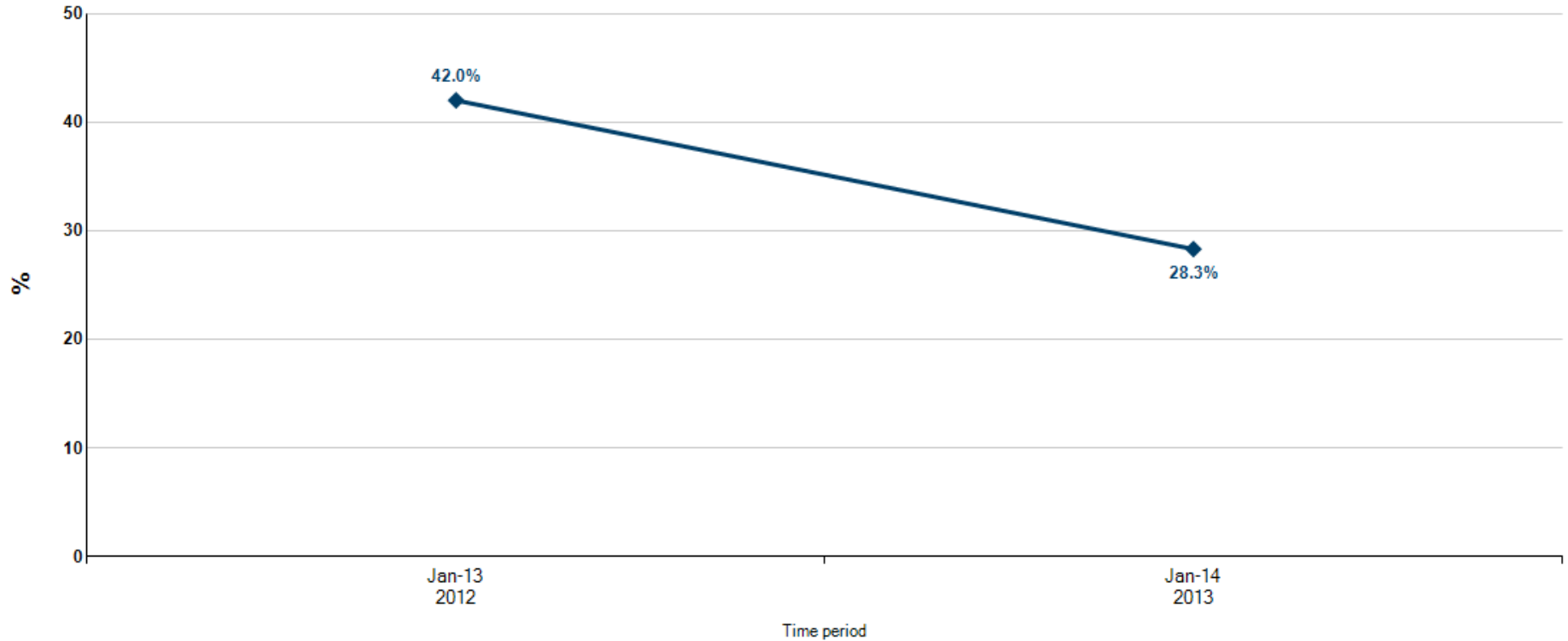
Healthy Weight



Measure	Time period	
	2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
BMI (Body Mass Index) - Healthy weight [BMI range 18.5 - 24.9 kg/m ²]	43.7%	52.4%

Wirral – Physical Activity, BMI

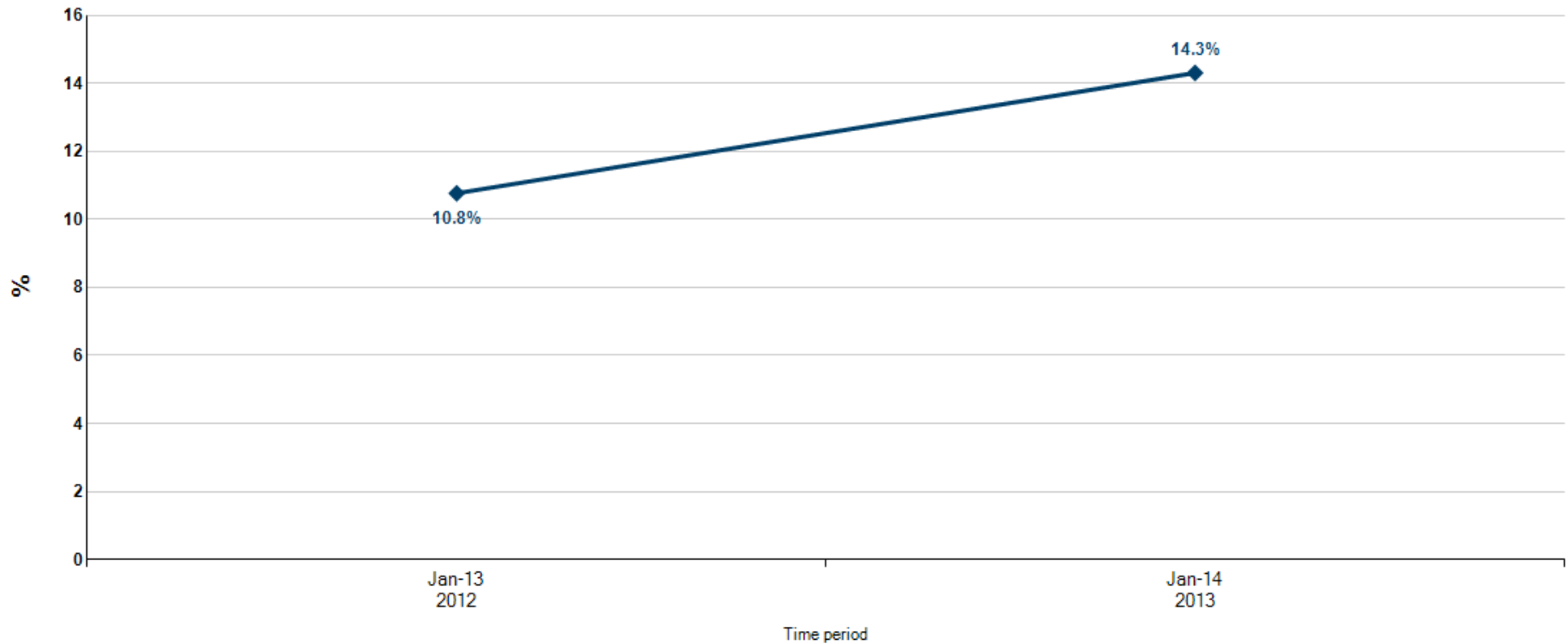
Overweight



Measure	Time period	
	2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
BMI (Body Mass Index) - Overweight [BMI range 25 - 29.9 kg/m ²]	42.0%	28.3%

Wirral – Physical Activity, BMI

Obese



		Time period	
		2012 (Mid-January 2012 to Mid-January 2013)	2013 (Mid-January 2013 to Mid-January 2014)
Measure	BMI (Body Mass Index) - Obese [BMI range 30-39.9 kg/m ²]	10.8%	14.3%

References

1. Figures based on Data from 2014's mid-year population estimates for UK, England and Wales, Scotland and Northern Ireland, ONS, available at: <http://ons.gov.uk/ons/taxonomy/index.html?nscl=Population#tab-data-tables>
2. The Health and Social Care Information Centre (2012) *Health Survey for England 2012*, Volume 1: Health, Social Care and Lifestyle, London; 2013, available at: www.hscic.gov.uk/catalogue/PUB13218/HSE2012-Sum-bklet.pdf
Cited in: BHF National Centre (2015) *Physical activity in the early years; Evidence Briefing*, pp. 4
available at: <http://www.bhfactive.org.uk/early-years-resources-and-publications-item/40/278/index.html>
3. Health & Social Care Information Centre (2015) *National Child Measurement Programme; England 2014/15 school year*, ONS, available at:
<http://www.hscic.gov.uk/catalogue/PUB19109/nati-chil-meas-prog-eng-2014-2015-rep.pdf>
4. Institute for Health Metrics and Evaluation (2014) *Overweight and obesity prevalence in 2013*, available at:
<http://vizhub.healthdata.org/obesity/>
5. Public Health England (2015) *Physical activity data sources*, cited in: Sport England (2016) *Active people interactive*, available at: activepeople.sportengland.org/
6. Sport England (2016) *Active people interactive*, available at: activepeople.sportengland.org/
7. NHS Merseyside (2014) *NHS Merseyside Lifestyles Survey 2012/13*, Primary care trusts, Wirral was not included as it chose not to be part of NHS Merseyside. It was a survey of adults aged 18+ years.
8. Census (2011) *Long-term health problem or disability, local authorities in England and Wales*, available at: http://www.ons.gov.uk/ons/publications/re-reference-tables.html?newquery=*&newoffset=25&pageSize=25&edition=tcm%3A77-286348