Wirral Intelligence Service Bulletin….. More to consider…. November 2017

More information

Mental Health Dementia and Neurology Profiles for Wirral

These system profiling tools are primarily intended to provide better access to data and information to support people involved in commissioning, planning and providing services locally. The tools bring together a wide range of publicly available data to offer a broad picture of mental health dementia and neurology and provide the means to focus on specific topic areas. For Wirral are:

- Children and Young People's Mental Health and Wellbeing
- Common Mental Health Disorders
- Co-occurring substance misuse and mental health issues
- Crisis Care Profile
- Dementia Profile
- Mental Health and Wellbeing JSNA
- Neurology Profiles (currently suspended by PHE)
- Perinatal Mental Health
- Severe Mental Illness
- Suicide Prevention Profile

Intermediate care including reablement

NICE Guideline [NG74] This guideline covers referral and assessment for intermediate care and how to deliver the service. Includes recommendations on supporting infrastructure, assessment of need for intermediate care, referral into intermediate care and entering the service, delivering intermediate care, transition from intermediate care, training and development.

Home from hospital: how housing services are relieving pressure on the NHS

National Housing Federation: This report looks at the increase in delays in discharging people from hospital, and shows how housing services are offering solutions that are relieving pressure on the NHS. It includes case studies that demonstrate how housing services are successfully reducing delays in discharging people from hospital and preventing unnecessary hospital admissions

Hepatitis C: migrant health guide

Advice and guidance on the health needs of migrant patients for healthcare practitioners.

Making the economic case for investing in actions to prevent and/or tackle loneliness

London School of Economics have provided a systematic review of evidence for The Campaign to End Loneliness around loneliness experienced by older people found that interventions fall into three broad groups: befriending, face to face and telephone services; participation in social and healthy lifestyle activities; and signposting/ navigation services. Economic evidence for these interventions is mixed but modelling suggests that signposting / navigation services can generate a positive return on investment of £2 to £3 per £1 invested over five years.

New figures reveal teenage girls are more likely to self-harm than boys

There has been a rise in reports of self-harm among girls aged 13 to 16, according to a study of data from GP practices across the UK. The BMJ study, *Incidence, clinical management, and mortality risk following self-harm among children and adolescents: cohort study in primary care*, looked at figures from 2011-2014, and said GPs could be getting better at picking up self-harm. But it was likely that rising stress and psychological problems in young people were also behind the trend

Social work's role in tackling loneliness

There is a growing evidence base around the challenges associated with loneliness and social isolation, and the role social workers have to play in tackling these issues. Loneliness is defined as a subjective feeling of lacking social connection, while social isolation refers to the objective measure of our ties to other people. Both bring profound health risks and can impact on our physical and mental health in ways comparable to health hazards such as obesity, smoking and cardiovascular disease. Factors such as income, education level, socioeconomic status and living in rural or deprived communities can all increase the social isolation of older people. The experience of loneliness and social isolation is also often associated with loss. As people age, loss becomes incremental - loss of partner, health status, life role. Article in Community Care examines the implications for social work practice.

Latest NCMP data show obesity in reception children rises again

New figures from PHE's National Child Measurement Programme (NCMP) show obesity rise for second year in a row in reception year children in 2016 to 2017.

National Child Measurement Programme (NCMP) trends report

Risk factors intelligence has published the latest National Child Measurement Programme (NCMP) trends report and discusses the changes in children's body mass index between 2006/07 and 2015/16. The report explores trends in obesity, overweight, excess weight and underweight prevalence, as well as changes in mean BMI over time. The report shows that obesity is stabilising in Reception girls and there is a downward trend in obesity in Reception boys. In Year 6 however, there is a significant upward trend in obesity among both boys and girls. Inequalities continue to widen between the most deprived and least deprived children across both sexes and year groups. For the first time, the report also maps the trends of childhood obesity across local authority areas.

Hate Crime, England and Wales 2016/17

The Home Office has published a statistical bulletin on hate crime. In 2016/17, there were 80,393 offences recorded by the police in which one or more hate crime strands were deemed to be a motivating factor. This was an increase of 29 per cent compared with the 62,518 hate crimes recorded in 2015/16, the largest percentage increase seen since the series began in 2011/12.

Housing: Living the dream

Resolution Foundation report for the Intergenerational Commission looks at the topic of housing. They compare the housing outcomes achieved by different generations over the life course and assess the extent to which intergenerational inequalities exist when it comes to security, to affordability and to quality. They go onto explore how the housing experience of each generation has been determined by demographics, policy and the market alike, and what we might expect the future to hold. Read more…

Stolen freedom: the policing response to modern slavery and human trafficking

This report from Her Majesty's Inspectorate of Constabulary and Fire & Rescue Services (HMICFRS) is the result of the first thematic inspection on this topic since the introduction of the Modern Slavery Act in 2015. The report concluded that there were signs of progress in the policing response to modern slavery. However in too many cases, police work was reactive and showed little understanding of the nature and scale of modern slavery and human trafficking.

Measures from the Adult Social Care Outcomes Framework, England - 2016-17

This report, from NHS Digital, focuses on the main findings for each measure in the Adult Social Care Outcomes Framework (ASCOF) in 2016-17. The ASCOF measures how well care and support services achieve the outcomes that matter most to people.

The roll-out of Universal Credit

Universal Credit (UC) is a new benefit which is to replace means-tested social security benefits and tax credits for working-age individuals and families. The aim is to simplify and streamline the benefits system, improve work incentives, tackle poverty among low income families, and reduce the scope for error and fraud. UC was first introduced for a small subset of new claimants in certain areas in 2013, and is gradually being rolled out to new claimant groups. The benefit is not expected to be fully introduced until 2022. The House of Commons Library produced a briefing paper in March 2017 which describes the background, and evidence of problems. Universal Credit rollout is also subject to an ongoing inquiry by the Works and Pensions Committee of the House of Commons. see also Keeping more of what you earn, Universal Credit briefing, Joseph Rowntree Trust, October 2017

Crime in England and Wales: year ending June 2017

Including new Experimental Statistics on fraud and computer misuse offences, the CSEW estimated 10.8 million incidents of crime in the latest survey year, but first annual comparisons will not be available until January 2018. The police recorded 5.2 million offences in the latest year; this series can provide a better indication of emerging trends but can also reflect changes in recording practices and police activity rather than genuine changes in crime. The 13% increase in police recorded crime from the previous year reflects a range of factors including continuing improvements to crime recording and genuine increases in some crime categories, especially in those that are well-recorded. The new presentation of official statistics on violent crime highlights there were 711 deaths or serious injuries caused by illegal driving, a 6% rise from that recorded in the previous year. A number of sources showed a rise in bank and credit card fraud in the last year; UK Finance reported a 3% rise in the volume of fraudulent transactions reported on UK-issued cards.

Child abuse and neglect

This guidance from the National Institute for Health and Care Excellence (NICE) covers recognising and responding to abuse and neglect in children and young people aged under 18. It covers physical, sexual and emotional abuse, and neglect. The guideline aims to help anyone whose work brings them into contact with children and young people to spot signs of abuse and neglect and to know how to respond. It also supports practitioners who carry out assessments and provide early help and interventions to children, young people, parents and carers.

Thriving at Work: a review of mental health and employers

An independent review of mental health and employers has been published by Lord Dennis Stevenson and Paul Farmer. Research was carried about by Deloitte. Thriving at Work sets out what employers can do to better support all employees, including those with mental health problems to remain in and thrive through work. Poor mental health costs employers between £33 billion and £42 billion a year. The review quantifies how investing in supporting mental health at work is good for business and productivity. The most important recommendation is that all employers, regardless of size or industry, should adopt 6 'mental health core standards' that lay basic foundations for an approach to workplace mental health.

General Data Protection Regulation (GDPR) guidance

General Data Protection Regulation (GDPR) guidance is being developed by the national GDPR working group. This will help organisations make the changes needed due to the EU General Data Protection Regulation.

Sector-led improvement for public health, prevention and early intervention

The LGA is working with partners at PHE, and the Association for Directors of Public Health to deliver sector-led improvement activity in 2017/18 for public health, prevention, and early intervention through the DH care and health improvement programme (CHIP). This prospectus sets out the programme support available through the LGA and partners

Cancer patients diagnosed early are more likely to avoid chemotherapy

Cancer patients are around five times more likely to have surgery to remove their tumour, and less likely to have chemotherapy, if they are diagnosed at the earliest stage compared to the latest stage. This is the first time researchers have been able to show whether NHS patients received surgery, chemotherapy and radiotherapy, alone or in combination, linked with their cancer stage. Cancer Research UK and Public Health England examined data from about half a million patients with 22 different cancer types in England between 2013-2014. It shows that 7 in 10 (70%) diagnosed at the earliest stage (stage 1) had surgery to remove their tumour. This falls to around 1 in 10 (13%) of those diagnosed at the latest stage (stage 4).

NHS Health Check programme – evidence briefings

Summaries of the evidence on NHS Health Check and general health checks.

Developing support and services for children and young people with a learning disability, autism or both

Guidance for Transforming Care Partnerships in commissioning support and services for children and young people with learning disability, autism or both

Child and adolescent mental health spend by CCGs

Analysis from the Royal College of Psychiatrists shows that 33 Clinical Commissioning Groups spent near to £35 per head on mental health for young people in 2016/17 whilst others, including Wirral, spent closer to £70 per head

Sexual health, reproductive health and HIV: commissioning review

The report provides the findings and action plan from the national survey of commissioning arrangements for sexual health, reproductive health and HIV.

Building connected communities

Building Connected Communities, a new report from LGiU (Local Government Information Unit) and the Ramblers, investigates the challenges that councils experience in building healthy, connected, walkable places. The research shows that local authorities want to build places that encourage walking and active travel, but developers do not always share these priorities. Many councils feel the mismatch is a challenge in achieving their goals. A survey of 118 officers from local authorities across England and found that eighty nine per cent say walking access is a key consideration for their council and ninety four per cent have a Local Plan in place that encourages walking and active travel. However, only forty nine per cent felt developers share the same priorities. Press release

Birth characteristics in England and Wales: 2016

Birth characteristics across England and Wales saw 696,271 live births in 2016, of which 49% were girls and 51% were boys. The percentage of women giving birth at home was 2.1% in 2016, a small decrease compared with 2012 to 2015 when it was 2.3%. 10,951 mothers had a multiple birth in 2016; 10,786 women had twins, 160 had triplets and 5 had quads and above (multiple births include stillbirths).

Minimum Unit Pricing of alcohol

The Welsh Government has announced plans to see Minimum Unit Pricing (MUP) introduced by law. However it has not yet stated the intended price level. Scotland introduced legislation in 2012, but implementation has been delayed due a challenge in the courts. The UK Supreme Court decision is expected soon. In England, fifty health bodies and other figures including MPs have called on the Government to follow suit and enact UK wide minimum pricing, describing MUP as a 'highly effective tool'. Alcohol Policy UK analyses the current situation and evidence on this topic.

Migrant Health Guides: updates

PHE have updated their [Migrant Health Guide Countries A-Z](#) offering advice and guidance on the health needs of migrant patients for individual countries, written for healthcare practitioners

Effect of non-dependent parental drinking on children and families

A new [report](#) published by the [Institute of Alcohol Studies (IAS)](#) in partnership with the Alcohol and Families Alliance and Alcohol Focus Scotland draws on data from a nationally representative online survey of almost 1,000 parents and their children, focus groups and a public inquiry involving experts and practitioners. The report shows that parents do not have to regularly drink large amounts of alcohol for their children to notice changes in their behaviour and experience negative impacts. Having seen a parent tipsy or drunk was associated with children feeling worried as well as experiencing at least one of a range of negative impacts, including feeling less comforted than usual, facing more arguments, unpredictable parental behaviour and disrupted bedtime routines.

Depression in children and young people: identification and management

Updated [NICE guidance](#) (CG28) has been produced on identifying and managing depression in children and young people aged between 5 and 18 years. Based on the stepped care model, it aims to improve recognition and assessment and promote effective treatments for mild, moderate and severe depression

End of life care for infants, children and young people Quality Standard [QS160]

NICE [Guidance to support](#) healthcare professionals to improve end of life care across the healthcare system for infants, children and young people

If you have any local information, research or reports you think useful to share then please get in touch…or if the bulletin has been passed onto you and you would like to subscribe then mailto: wirralintelligenceservice@wirral.gov.uk
Thanks
John